06/02/2006

To:- Current Awareness

AGGRESSION CHILD BEHAVIOUR DISORDERS MENTAL HEALTH

Philpot Terry
Bullying - It hurts inside
Young Minds
2006 JAN ( 80 ): 26 - 27
Looks at the mental health implications for children who are bullied

ALCOHOL HOMELESS PERSONS

Valios, Natalie
The drying game
Community Care
2006 JAN 26 ( 1607 ): 32 -
This brief article looks at a service - the Wet Unit - that works with heavy drinkers from the streets.

ALTERNATIVE MEDICINE & THERAPIES HEALTH INEQUALITIES

Sutton Kathy
Missing the point
Health Matters
2005 Winter ( 62 ): 20 - 20
Argues that if complementary therapies were available to everyone, it would have a huge impact on the wellbeing of all

ALZHEIMERS DISEASE CARERS

Gruffydd Emma, Randle Jacqueline
Alzheimer's disease and the psychosocial burden for caregivers
Community Practitioner
2006 JAN 79 ( 1 ): 15 - 18
Study explored the psychosocial impact experienced by carers and their level of understanding of Alzheimer's and found a distinct lack of knowledge and negative psychosocial effects and suggests that more information would help them to cope better

ATTENTION DISORDERS PRIMARY HEALTH CARE FAMILY

Harding Sharon and others
Taking on ADHD
Young Minds
2006 JAN ( 80 ): 21 - 21
Describes a successful nurse-run ADHD clinic which has changed the lives of the children and their families
BACK PAIN PHYSIOTHERAPY EMPLOYMENT (incl. Unemployment)

Dinsdale Paul
Primary care provision - Back to basics
Health Service Journal
2006 JAN 5 116 (5987): 20 - 22
Early physiotherapy can reduce the number of people unable to work due to long-term conditions and cut orthopaedics waiting lists.

BLOOD PRESSURE CARDIOVASCULAR DISEASES

Kennedy Susan
Essential hypertension: recent changes in management
Community Practitioner
Focuses on the methods used to identify hypertension

BREAST CANCER ENVIRONMENTAL POLLUTION

Potts Laura
An epidemic which nobody is even trying to prevent
Health Matters
2005 Winter 62: 18 - 19
Argues that more than "awareness months" should be used to prevent increasing cases of breast cancer

CANCER EXERCISE AND SPORT EVIDENCE BASED HEALTH

Pinto BM and others
A home based, physical activity intervention increased physical activity, fitness and vigour and reduced fatigue in sedentary women with early stage breast cancer
Evidence-based Nursing
2006 JAN 9 (1): 18 - 18
Full article J Clin Oncol 2005; 23:3577-87

CARDIOVASCULAR DISEASES HEALTH PROMOTION CHOLESTEROL

Begg Alan
JBS 2 focuses on all patients at risk of cardiovascular disease
Guidelines in practice
2006 JAN 9 (1): 17 - 17
Discusses the updated recommendations from the Joint British Societies on the prevention of cardiovascular disease

Elwood Peter and others
Sleep disturbance, stroke and heart disease events: evidence from the Caerphilly cohort
Journal of Epidemiology and Community Health
2006 JAN 60 (1): 69 - 73
Welsh study found that sleep disorders are relevant to the risk of ischaemic stroke and ischaemic heart disease events in older men
CHILD HEALTH SERVICES REFUGEES

Wagget; J & Robinson; H
Health drop-in for young asylum seekers
Practice Nurse
2006 JAN 13th 31 (1): 15 - 17
Authors share their experience in setting up a drop-in centre for the children of asylum seekers and refugees.

CHILDREN ARTS CHILD DEVELOPMENT

Hindley Rachel
Art therapy
Young Minds
2005 MAY (76): 24 - 25
Looks at an arts project designed to teach children with problems that life can be transformed

CHRONIC FATIGUE SYNDROME PRIMARY HEALTH CARE

Shuttleworth Ann
Understanding chronic fatigue
Nursing Times
2006 JAN 17 102 (3): 20 - 21
Government allocation of funds for services for chronic fatigue sufferers has created opportunities for nurses

COMMUNITY CARE NURSING HEALTH NEEDS ASSESSMENT

Jarvis Alison and others
Referral criteria: making the district nursing service visible
British Journal of Community Nursing
2006 JAN 11 (1): 17 - 22
Discusses referral criteria developed in Lothian and the impact it has on district nursing

Griffith Richard, Tengnah Cassam
Legal regulation of clinical waste in the community
British Journal of Community Nursing
2006 JAN 11 (1): 33 - 37
Describes how health and safety, and waste and carriage, legislation governs how district nurses handle clinical and hazardous waste

Martin Daniel
Hewitt: go Deutsch to shift work out of hospitals
Health Service Journal
2006 JAN 19 116 (5990): 18 - 19
Health secretary points out how continental Europe has transferred patient care to community settings; also discusses financial pressures and the use of Herceptin for cancer treatment
Looks at how different sectors are preparing for the new ways of working when the healthcare outside hospitals white paper is released

CONTINENCE WOMENS HEALTH URINARY TRACT
Haslam Jeanette
Stress urinary incontinence, whose problem is it?
Journal of Community Nursing
2006 JAN 20 (1): 17 - 20
Gives an overview of female incontinence; covering the types, causes, effects on everyday life and treatments

CONTRACEPTION SEX BEHAVIOUR EVIDENCE BASED HEALTH
Ziegland S and others
Young women described the benefits of having advance supplies of emergency contraception but emphasised its use as a "last resort" rather than an alternative form of contraception
Evidence-based Nursing
2006 JAN 9 (1): 29 - 29
Postal survey and qualitative interviews which were part of the Lothian Emergency Contraception Project found that women (aged 16-29) did not believe that advance supplies would encourage risk taking or neglect of other contraceptive methods

Guidelines in practice
2005 DEC 8 (12): 11 - 18
New guideline published in Oct 2005 (www.nice.org.uk) will complement existing and proposed guidance including "Strategic framework for sexual health in Wales" and "National strategy for sexual health and HIV"

CORONARY HEART DISEASE NATIONAL SERVICE FRAMEWORK MEDICINES
Ramsay SE and others
Secondary prevention of coronary heart disease in older British men: extent of inequalities before and after implementation of the National Service Framework
Journal of Public Health
2005 DEC 27 (4): 338 - 343
Since the introduction of the CHD NSF more medication has been prescribed, but inequalities in statin use remains and further action is needed to prevent recurrent and fatal CHD in older people

DENTAL & ORAL HEALTH RESEARCH CHILD HEALTH SERVICES
Bedi Raman (DOH); et al
A futures study of dental decay in 5 and 15 year olds in England
Health Education Journal - Supplement
2004 DEC 64 (4): 10 - 100
Literature review to address trends in dental decay, identify risk factors and ascertain the age at which interventions could result in the greatest health gains.

**DIET DIETARY FAT CHOLESTEROL**

Jefferson Angie  
Eating your way to a lower cholesterol  
Practice Nurse  
2006 JAN 13  31 (1): 29 - 32  
Explains how to lower cholesterol with a balanced diet which is not necessarily low fat

**ELDERLY LONG TERM CONDITIONS NURSING**

Fletcher Monica  
Strategy and implications of managing long-term illness  
Nursing Times  
2006 JAN 3  102 (1): 19 - 20  
Discusses the issues about managing chronic disease, highlights current policy and implications for nurses

Parkinson's disease  
Nursing Times  
2006 JAN 3  102 (1): 21 - 21  
Gives definition, causes, symptoms, diagnosis and treatment

**EMERGENCY CARE CLINICAL GUIDELINES HEART DISEASES**

Jevon Phil  
An overview of the new resuscitation guidelines  
Nursing Times  
2006 JAN 17  102 (3): 25 - 27  
Covers new guidelines to improve survival from cardiac arrest, in-hospital resuscitation and discusses the implications for nurses

Septic shock  
Nursing Times  
Clinical facts covers definition, causes, symptoms, diagnosis and treatment

Fairley Debra; Pearce Amanda  
Assessment of consciousness  
Nursing Times  
2006 JAN 24  102 (4): 26 - 27  
Part one covers influencing factors, preparation and pupil assessment

**EMOTIONS SCHOOLS STRESS & ANXIETY**

Waters Trisha  
Therapeutic storytelling - Telling it like it is  
Young Minds  
2005 MAY (76): 16 - 17  
Explains how the curriculum-based approach which uses storywriting, to support
pupils with emotional difficulties, works

**EMPLOYMENT (incl. Unemployment) MANAGEMENT AGGRESSION**

Barrett Gary  
Tackling bullying within a team  
Nursing Times  
2006 JAN 17  102 ( 3 ): 46 - 47  
Warns managers of their responsibilities regarding harassment within the teams they manage

**ETHICS LAW**

Seedhouse David  
The end of the line for ethics committees  
Health Matters  
2005 Winter  ( 62 ): 16 - 17  
Argues that difficult choices should not be made by committees with the complete exclusion of citizens

**ETHNIC GROUPS CONSENT**

Ghose Dipika  
Forced marriage - Broken vows  
Young People Now  
2006 JAN 17  ( 312 ): 17 - 17  
Reports on a refuge that provides women with a safe haven and helps them to rebuild their lives

**EXERCISE AND SPORT PRIMARY HEALTH CARE HEALTH PROMOTION**

Harrison RA and others  
Access to exercise referral schemes - a population based analysis  
Journal of Public Health  
Study used data from a district-wide scheme in NW England and concluded that it was unlikely to lead to long term physical activity and recommended that interventions were proven to work before services were introduced

**FAMILY PRACTICE URINARY TRACT PREGNANCY**

Warren Ed  
Lower urinary tract infection  
Practice Nurse  
2006 JAN 27  31 ( 2 ): 22 - 27  
Discusses treatments and advice that could be offered to patients presenting with this problem

Nathan Alan  
Constipation  
Practice Nurse  
2006 JAN 27  31 ( 2 ): 28 - 30
Covers symptoms, advice, treatments and whether referral should be considered

HEALTH SERVICES NATIONAL HEALTH SERVICE

Lister John
Caring for profits?
Health Matters
2005 Winter (62): 10 - 11
Independent treatment centres are being given unfair advantages and will undermine the NHS

Gardner, Jim
Crossing over
Public Health News
2006 JAN 16 (): 12 - 13
Describes one GP with Special Interests taking up a central role in the public health agenda, as advocated by Commissioning a patient-led NHS

HEART DISEASES PREGNANCY LIFESTYLE

Ellison Sarah
Challenges in nursing adults with congenital heart disease
Nursing Times
2006 JAN 24 102 (4): 28 - 30
Covers psychological support, lifestyle advice, contraception advice, risk of pregnancy and infective endocarditis

Wood, Barry and Murphy, Tony
An arresting formula for recovery
Public Health News
2006 JAN 16 (): 10 - 11
Recovering from heart surgery can be a long and daunting process for patients. However, the Heart Active programme, devised by Lambeth and Southwark PCTs, is making the recovery process easier for many patients.

HEART FAILURE PRIMARY HEALTH CARE EVIDENCE BASED HEALTH

Holland R and others
Review: multidisciplinary interventions reduce hospital admission and all cause mortality in heart failure
Evidence-based Nursing
2006 JAN 9 (1): 23 - 23
Multidisciplinary interventions reduce morbidity and prolong survival and should be widely applied

HOUSING ELDERLY VOLUNTARY SERVICES

Oldman Joseph
Supporting older people: Help and advice with housing
British Journal of Community Nursing
2006 JAN 11 (1): 14 - 16
Oldman, Housing Programme Manager, Help the Aged, examines the advice and support needs of older people in poor housing
As children with cystic fibrosis are more susceptible to lung infections, it is essential that they are vaccinated against common childhood infections.

Cook IF; Murtagh J
The WHO technique for intramuscular thigh vaccination in infants and toddlers had fewer adverse reactions than 2 other techniques
Evidence-based Nursing
2006 JAN 9 ( 1 ): 9 - 9
Australian study of infants aged 2 months to 18 months found the WHO technique resulted in less irritability in the subjects and less bruising at the injection site.

Poltorak M and others
Mother's decisions about MMR vaccination were framed by their children's vulnerabilities and wider social trends
Evidence-based Nursing
2006 JAN 9 ( 1 ): 27 - 27
The key messages include a need for practitioners to take into account parents' personal frames of reference along with medical evidence of best practice.

Joseph C and others
Influenza vaccine uptake and distribution in England and Wales using data from the General Practice Research Database, 1989/90-2003/04
Journal of Public Health
Changes in influenza immunization policy were introduced in 1998 and 2000 when immunization of the elderly became age related rather than risk related resulting in unsatisfactory uptake by higher risk younger groups.

Goddard NL and others
Lessons learned from SARS: The experience of the Health Protection Agency, England
Public Health
2006 JAN 120 ( 1 ): 27 - 32
Paper by the HPA provides the key components of the UK response to SARS and lists the key points which can be used to prevent and control future new infectious disease threats.

McMahon GT and others
Web based care management improved glucose control in patients with poorly controlled diabetes
Evidence-based Nursing
The sample was mainly men (mean age 63 and better educated) who were monitored by an advanced practice nurse, but the positive outcome illustrates the potential of this means of monitoring and communication.

**LAW DRUGDEPENDENCE**

Daly Max
Cornering the market
Drug Link
2006 JAN 21 (1): 6 - 7
Reveals the inside story behind the new limits for possession of illegal drugs

McGrail Sara
Brave new world
Drug Link
2006 JAN 21 (1): 10 - 13
Looks at the challenges facing the treatment industry when the current drug strategy ends in 2007

Hart Sam
Dawn of the geriaddicts
Drug Link
2006 JAN 21 (1): 16 - 17
As the long-term drug users grow older, treatment services will face new challenges

**LEARNING DISABILITIES EMPOWERMENT CONSENT**

Tomlinson Caroline
On the receiving end
Human Givens
2005 12 (3): 22 - 23
Describes how a scheme to enable learning disabled young people to make their own choices has changed her son's life

Biswa M and others
Women with learning disability and uptake of screening: audit of screening uptake before and after one to one counselling
Journal of Public Health
2005 DEC 27 (4): 344 - 347
Study found that the uptake of screening was better for breast screening than cervical screening for women with moderate learning and although it was put down to an absence of sexual activity, it may not have been the case.

**LEG ULCERS WOUND HEALING PATIENT ASSESSMENT**

Muir Celia, Watret Lynne
Managing wounds using a structured assessment tool
Journal of Community Nursing
2006 JAN 20 (1): 10 - 15
How to recognise Pyoderma Granulorum, an inflammatory ulcerative condition in leg ulcer patients and apply a wound bed preparation.
Anderson Irene  
Should health care assistants apply compression bandages?  
Nursing Times  
2006 JAN 24  102 ( 4 ): 36 - 37  
The Leg Ulcer Forum has reissued the statement which stipulated that health care assistants should not apply compression bandaging because leg ulcer and wound management requires continual assessment and it would be irresponsible to allow unqualified staff to carry out one component of the treatment process.

MENS HEALTH DIET EXERCISE AND SPORT

Griffin Jane  
Nutrition for the lads  
Journal of Family Health Care  
Puts the case for educating men from adolescence onwards about diet and exercise; outlines the changes in food and alcohol intake needed to reduce their risk of disease.

MENTAL HEALTH ETHNIC GROUPS VIOLENCE

Sale, Anabel Unity  
They were victims too  
Community Care  
2006 JAN 26  ( 1607 ): 30 - 31  
The article considers the effects of the July 2005 bombings in London on the mental health and wellbeing of Asian families.

Hague John  
NICE recommends a stepped care approach to OCD  
Guidelines in practice  
2006 JAN  9 ( 1 ): 19 - 28  
How the NICE guideline will help GPs recognise and treat obsessive-compulsive disorder and body dysmorphic disorder.

Griffin Joe  
PTSD: why some techniques for treating it work so fast  
Human Givens  
2005  12 ( 3 ): 12 - 17  
Although all techniques for a quick resolution has some degree of effectiveness, the rewind technique is recommended due to the safety factors which includes not making intimate details public.

Potts Liz  
Human givens in primary care  
Human Givens  
2005  12 ( 3 ): 38 - 40  
Potts, a community psychiatric nurse, describes the impact of the human givens approach on her work.

NATIONAL HEALTH SERVICE COMPLAINTS MANAGEMENT
Xanthos Clare
When things go wrong
Health Matters
Explains the conflicts of interest faced by complaints managers in the NHS

NATIONAL SERVICE FRAMEWORK CONTINENCE CHILDREN

Dobson Penny, David Jessica
Developing integrated paediatric continence services
Nursing Times
2006 JAN 10  102 ( 1 ): 42 - 43
The Paediatric Continence Forum has been successful in getting continence included in the NSF for children, young people and maternity services (DoH 2004a)

Continece Supplement
Nursing Times
2006 JAN 10  102 ( 1 ): 41 - 57
Covers urinary and faecal incontinence

NURSING LEADERSHIP MANAGEMENT

Redfern Sally
Examining the effectiveness of the nurse consultant role
Nursing Times
Explains how the role can benefit patient care and better service provision

PARENTING HEALTH VISITING TRAINING

Parker Susan; Kirk Susan
The Parent Positive programme: opportunities for health visiting
Community Practitioner
2006 JAN  79 ( 1 ): 10 - 14
Study explored the role of health visitors trained in the Positive Parent programme and found that it enabled them to link public health with family focussed work and recommended it for continuing education of health visitors

Denton Jane
Twins and more - 2. Practical aspects of parenting in the early years
Journal of Family Health Care
Discusses the help needed and how it can be provided by health professionals

PATIENT INFORMATION NURSING PROCEDURES COMMUNICATION SKILLS

Snelgrove Sherrill
Factors contributing to poor concordance in health care
Nursing Times
2006 JAN 10  102 ( 1 ): 28 - 30
Gives a definition of compliance(concordance), how to measure it and identify the reason for it and how nurses can assist in improving compliance
POST NATAAL DEPRESSION MEDICINES SURE START
Hanley Jane
The assessment and treatment of postnatal depression
Nursing Times
2006 JAN 3 102 (1): 24 - 26
Outlines the detection of postnatal depression, the effects that it has on the whole family and the treatment options

PRIMARY CARE TRUSTS COMMUNITY CARE LONG TERM CONDITIONS
Wilson PM; Mayor V
Long-term conditions. 2: supporting and enabling self-care
British Journal of Community Nursing
2006 JAN 11 (1): 6 - 10
Describes the DoH "Expert Patient Programme" currently being rolled out by PCTs, and looks at the benefits and challenges of self care

PRISONS PRIMARY CARE TRUSTS PUBLIC HEALTH HEALTH PROMOTION
Condon Louise and others
Public health, health promotion and the health of people in prison
Community Practitioner
2006 JAN 79 (1): 19 - 22
Provides current knowledge of the health needs of prisoners and the implications for public health and health promotion and gives an overview of recent public health initiatives

PUBLIC HEALTH ELDERLY RESPIRATORY TRACT DISEASES
Rudge J; Gilchrist R
Excess winter morbidity among older people at risk of cold homes: a population-based study in a London borough
Journal of Public Health
2005 DEC 27 (4): 353 - 358
Pilot study results shows a relationship between energy inefficient housing and winter respiratory disease.

QUALITY CARE FAMILY PRACTICE BLOOD PRESSURE
A 10-step approach to successful hypertension management in practice
Guidelines in practice
2005 DEC 8 (12): 24 - 29
A project to tackle QOF has enabled Dr P Standing's practice, Minden Medical Centre, to raise standards of care for hypertension and win the Guidelines in Practice Award 2005

Buckman Laurence
GPs and patients will be winners in QOF review
Guidelines in practice
2006 JAN 9 (1): 11 - 16
Explains the changes that will follow the QOF review
Asylum seekers often have distinct and complex health care needs which are still not being met.

Wagget Joanna; Robinson Helen
Health drop-in for young asylum seekers
Practice Nurse
2006 JAN 13 31 (1): 15 - 17
Wagget and Robinson share their experience of setting up the centre in Tyne and Wear

Robins David
Touching the margins
Young Minds
2006 JAN 80 (80): 28 - 29
Describes a project to help asylum-seeking young men who feel disenfranchised

Study focused on indexed journals and found that handsearching for evidence will continue to contribute to high quality systematic reviews of public health interventions.

Challinor, a practice nurse, puts the case for practice nurses to provide holistic and comprehensive travel advice including a sexual health assessment and appropriate advice.

Women with urinary incontinence are concerned with their own and their partner's sexual health and would benefit from collaborative working of different specialties.
The article discusses whether the smoking ban should be extended to residential areas that serve as other people's workplaces, for example care homes, psychiatric institutions and prisons.

Reports on an audit to determine whether a stop smoking service was in line with the national average and confirmed that it was cost effective. Monitoring and targets are important but must not detract from developing a improved quality service.

A case study outlining the care and management of a patient who required a permanent tracheostomy following hospital admission.

Lockyer, a GP, explains that hypothyroidism indicators are easy to achieve and could lead to improved care for those at risk.

Looks at the safety concerns of practice nurses; and covers reporting, lone working and conflict resolution training.

Guide to the management of abnormal thyroid function in primary care.
The management of animal and human bite wounds
Nursing Times
2006 JAN 17 102 (3): 34 - 36
Covers prevention, complications, cleaning and closure, and the use of antibiotics