Current Awareness List for May 2006

06/06/2006

To:- Current Awareness

ACCIDENT PREVENTION CHILDREN EVALUATION SOCIAL DISADVANTAGE

Carman, Julie
Evaluating the impact of a child injury prevention project
Community Practitioner
2006 JUN 79 (6): 188 - 192
This article describes an evaluation study which assessed the effectiveness of a child injury prevention project in deprived localities

Mulvaney, C A and others
Increasing child pedestrian and cyclist visibility: cluster randomised controlled trial
Journal of Epidemiology and Community Health
2006 APR 60 (4): 311 - 315
A campaign providing free visibility aids and an educational booklet on road safety to primary school children significantly increased the use of visibility aids

Coyne, Katie
Risky business
Public Health News
2006 MAY 15 (): 12 - 13
The article reports on a charity Smartrisk UK which is touring the UK with a roadshow that teaches children not to take unnecessary risks

ADOLESCENCE SELF ESTEEM MENTAL HEALTH

Teahan, Brendan and others
Help-seeking attitudes and behaviours among young people in Northern Ireland
Journal of Public Mental Health
2006 MAR 5 (1): 35 - 41
This paper reports a brief study to explore levels of self-esteem and the main concerns of young people living with the legacy of conflict in the southern area of Northern Ireland. The study indicated that young people with low self-esteem are more likely to engage in risk-taking behaviour, feel more disillusioned and less likely to access formal sources of help

ADOPTION & FOSTERING

Potgieter, Renee
The ties that bind
Community Care
2006 MAY 11 (1622): 36 - 37
The article discusses how working with the therapeutic needs of adopted children can reduce the numbers of adoption breakdowns
AGGRESSION CHILD BEHAVIOUR DISORDERS

Besag, Val
The enemy within
Young Minds
2006 MAY (82): 19 -
The brief article discusses bullying between girls, the different ways it shows itself and the impact it can have

ALZHEIMERS DISEASE

Pah Lavan, Zahra
Alzheimer's disease: the road to oblivion
Journal of Community Nursing
2006 MAY 20 (4): 4 - 10
The article presents an overview of Alzheimer's disease

ARTHRITIS PATIENT ASSESSMENT

e l Miedany Y and others
Diagnosis of early arthritis: outcomes of nurse-led clinic
British Journal of Nursing
2006 MAY 4 15 (7): 394 - 399
The authors developed a protocol for early arthritis diagnosis that led to a shortening of the assessment time from 16 weeks to 3 weeks

Finney, Andrew and Thwaites, Cath
Handling safety for patients with inflammatory arthritis
Nursing Times
2006 MAY 102 (21): 26 - 28
The article discusses the kind of risk assessment that should be undertaken before moving a person with inflammatory arthritis

ARTS HEALTH EVALUATION

Staricoff, RL
Arts in health: the value of evaluation
Journal of the Royal Society for the Promotion of Health
2006 MAY 126 (3): 116 - 120
This article aims to discuss a number of different approaches to the evaluation of the value of implementing arts projects and arts programmes, presenting the evidence of their impact when implemented either in community settings or within a healthcare environment.

Hacking, S
Mental health and arts participation: the state of the art in England
Journal of the Royal Society for the Promotion of Health
2006 MAY 126 (3): 121 - 127
Although participation in arts activity is believed to have important mental health and social benefits for people with mental health needs, the evidence base is currently weak. This article reports the first phase of a study intended to support the development of stronger evidence.
White, Mike
Establishing common ground in community-based arts in health
Journal of the Royal Society for the Promotion of Health
2006 MAY 126 (3): 128 - 133
This article relates to recent research carried out into community-based arts in health through a fellowship award from the National Endowment for Science, Technology and Arts. The research illustrates how developing community engagement in health issues through participatory arts can stimulate self-determined individual lifestyle change and also provide social, educational and economic benefits.

AUDIT (clinical or nursing)

McDonald, Paul S and others
Shortfalls in integrated care pathways. Part 1: what don't they contain?
Journal of Integrated Care Pathways
2006 APR 10 (1): 17 - 22
The paper reports on the use of a validated Integrated Care Pathways Appraisal Tool which suggests that there are significant weaknesses in current ICP

McDonald, Paul S and others
Shortfalls in integrated care pathways. Part 2: how well are we doing?
Journal of Integrated Care Pathways
2006 APR 10 (1): 23 - 27
The paper reports on the use of a validated Integrated Care Pathways Appraisal Tool which suggests that there are significant weaknesses in current ICP

BOWEL DISORDERS

Nightingale, Allison
Treatment and management of inflammatory bowel disease
Primary Health Care
2006 MAY 16 (4): 27 - 32
The article discusses diagnosis, treatment and management of inflammatory bowel disease (IBD) and highlights the role of the specialist nurse

Gillam, Tony
Positive approaches to overactive bladder
Primary Health Care
2006 MAY 16 (4): 18 - 19
The article discusses the issues of concern to people suffering from over active bladders and the treatments that are available

BREAST FEEDING EDUCATION

Tennant, Ruth and others
Barriers to breastfeeding: a qualitative study of the views of health professionals and lay counsellors
Community Practitioner
2006 MAY 79 (5): 152 - 156
The paper describes a small qualitative study of health visitors', midwives' and breastfeeding counsellors' views of the obstacles to breastfeeding. Interviews
showed that day-to-day practice is informed by training and personal experience with research evidence having a more limited influence. Information from the study was used to develop a self-study training workbook

CANCER DIET HEALTH PROMOTION
Holmes, Susan
Nutrition and the prevention of cancer
Journal of Family Health Care
2006  16 ( 2 ): 43 - 46
This review considers the strength of the evidence of the link between cancer prevention and diet and concludes that there is enough evidence to recommend the healthy eating guidelines. A summary of practical recommendation for reducing cancer risk is included

CHILD DEVELOPMENT NUTRITION
Freeman, Jenny V and others
Monitoring infant weight gain: advice for practitioners.
Community Practitioner
2006  MAY  79 ( 5 ): 149 - 151
The article outlines best practice for weight monitoring of babies in the first year of life according to current evidence, and offers a flowchart detailing the points to consider when assessing infant weight gain

CHILD HEALTH SERVICES LONG TERM CONDITIONS NURSES, Teaching and Assessing
Hewitt-Taylor, Jaqui and Farasat, Helen
Learning to support children with complex needs in their homes
British Journal of Community Nursing
2006  MAY  11 ( 5 ): 209 - 213
This paper reports on a pilot placement for students on supporting children with complex needs in their own homes. The major findings were that such placements can be beneficial in enahblng students to develop skills, attitudes and values which will assist them to provide appropriate support

CHILDREN MENTAL HEALTH
Edwards, Kate
Sharing spaces: school playground design and children's well being
Journal of Public Mental Health
2006  MAR  5 ( 1 ): 18 - 23
The shared space of school grounds can provide a rich educational resource in addition to a safe environment for play, enjoyment and relaxation.

COMMISSIONING
Antrobus, Sue
Mainstreaming commissioning: is this the new agenda
Primary Health Care
2006  MAY  16 ( 4 ): 23 - 25
The article outlines what commissioning will entail and what the nurse's role will be.

**COMPLAINTS PATIENTS NURSING**

Allison, Anne
Learning from past complaints to improve the care of patients
Nursing Times
2006 MAY 30th 102 (22): 26 - 28
This article gives an outline of the NHS complaints procedure, the role of the nurse in the management of complaints and the lessons learnt from complaints received by the Healthcare Commission. By raising awareness of the concerns frequently raised complaints about nursing care, nurses will be better prepared to handle complaints and to use them and the complaints process to drive changes and improvements in patient care.

**CONFIDENTIALITY OCCUPATIONAL HEALTH**

Kloss, D
Keep it to yourself
Occupational Health
2006 FEB 58 (2): 13 - 15
Explains the technical legal basis for maintaining confidentiality, and when it can be legitimately overridden.

**CONTRACEPTION**

Hormonal contraception: recent advances.
Journal of Family Health Care
2006 16 (2): 35 - 36
A brief review of hormonal contraceptive methods.

**COT DEATHS / SIDS SLEEP**

Mace, Sue
Where should babies sleep?
Community Practitioner
2006 JUN 79 (6): 180 - 183
This article reviews some of the most relevant research in order to give health professionals the knowledge needed to aid parents in making their decision. Three main areas were studied because of their relevance to bed-sharing and sudden infant death syndrome. These were sleep position, smoking and alcohol consumption and breastfeeding.

**CYSTIC FIBROSIS TRANSPLANTATION**

Macdonald, Kath
Living in limbo- patients with cystic fibrosis waiting for transplant
British Journal of Nursing
2006 MAY 25th 15 (10): 566 - 572
Author reviews the relevant literature and writes about her small study of the clinical and emotional themes discovered when interviewing patients who are either in end-stage cystic fibrosis or who are post-transplant, and their carers.
DEMENTIA CLINICAL GUIDELINES

Connelly, Peter
Early recognition and treatment of dementia will benefit patients
Guidelines in practice
2006 MAY 9 (5): 13 - 24
The article explains how the updated SIGN (SIGN 86) guideline will help GPs to diagnose dementia and keep patients and carers informed about the disease

DIABETES SEXUAL PROBLEMS MENS HEALTH

McMurray M; Davies M
What do men with diabetes and erectile dysfunction think about the services they receive?
Practical Diabetes International
2006 MAY 23 (4): 153 - 156
This research used a postal questionnaire to survey the experience of men with diabetes in Northern Ireland as regards support for sexual health issues, additionally seeking the men's opinions on how they feel services should be developed to better meet their needs.

John, A
Early detection and primary prevention of type 2 diabetes: what's happening in your locality?
Practical Diabetes International
2006 MAY 23 (4): 157 - 160
Activities relating to the early detection and primary prevention of type 2 diabetes are likely to vary widely. This study used a telephone questionnaire to determine current practice in primary care in one locality in the UK.

Housley, A
Diabetes foot health in Chorley and south Ribble: a step in the right direction
Practical Diabetes International
2006 MAY 23 (4): 161 - 165
Shows how both primary and secondary care teams in the Chorley and south Ribble area have addressed the standards of care needed for the prevention and management of diabetic feet problems.

Charlton, J
Body piercing: a dangerous practice in type 1 diabetes?
Practical Diabetes International
2006 MAY 23 (4): 166 - 168
Case reports and a survey of practice in piercing establishments in Lothian.

Davis, RE
Insulin initiation among adults and children with diabetes in the United Kingdom
Practical Diabetes International
2006 MAY 23 (4): 171 - 174
This article concentrates on current insulin initiation practice, examining the evidence base for the insulin regimens used, the process for determining starting doses and the decision making process involved.
As fears over cannabis psychosis grow, little attention is paid to why teenagers develop problems with the drug in the first place. This article suggests that thousands of young people are smoking themselves numb in order to cope with unhappy times.

The author discusses the risks of confrontational therapy offered by so-called 'boot camps' and whether they meet the needs of emotionally disturbed teenagers.

The article discusses the twin issues of fuel poverty and benefits take-up by older people and the direct impact that community nurses can have on these problems.

The results presented strong associations between perceived neighbourhood, social contact and support, self efficacy and health. Self efficacy was also seen as a predictor of self rated health and physical functioning. The results have implications for both neighbourhood level interventions and self management programmes in chronic illness.

The purpose of this study was to evaluate a complex intervention for addressing social isolation in older people.

Reports the simple fall prevention measures that have seen a drastic reduction in the numbers of falls amongst residents in one residential home.
EPILEPSY ADOLESCENCE

Frankel, Hannah
A matter of understanding
Young Minds
2006 MAY (82): 30 - 31
The article describes the impact that epilepsy may have on the lives of those young people that suffer from it

EXERCISE AND SPORT CLINICAL GUIDELINES

Hainsworth, Terry
The benefits of increasing levels of physical activity
Nursing Times
2006 MAY 16 102 (20): 21 - 229
NICE has published a public health guidance document on physical activity which looks at the benefits from increased activity and highlights the implications for practice

Andrews, Crispin
All part of the game
Young Minds
2006 MAY (82): 24 - 25
Sport can have a positive effect on many aspects of young people's lives as well as their health. But, as this article explains, there are peculiar problems in getting young women to join in

FAMILY PRACTICE DIABETES

Lockyer, Matthew
Diabetes indicators should help reduce complications
Guidelines in practice
2006 MAY 9 (5): 27 - 34
Evaluates the new QOF2 indicators for diabetes

Crumbie, Alison
Nurse partnership for a nurse practitioner
Primary Health Care
2006 MAY 16 (4): 14 - 16
The author describes her experience of entering into partnership in a general practice as a nurse practitioner

FINANCIAL MANAGEMENT HOSPITALS

Gittoes, Paula and Trim, Joanna
Opportunities for nurses in a private finance initiative
Nursing Times
2006 MAY 2 102 (18): 32 - 35
The article outlines the role that nurses can play, as a clinical adviser, in a PFI project team
HEALTH INEQUALITIES PATIENT INFORMATION

Ellins, Jo
In the know
Public Health News
2006 MAY 15 ( ): 9 -
Without improved health literacy, initiatives to engage patients and the public could end up widening health inequalities

HEALTH PROMOTION PATIENT INFORMATION NURSING

Narayanasamy, A ; Narayanasamy, M
Communicating health promotion in nursing
British Journal of Nursing
2006 MAY 25th 15 ( 10 ): 538 - 539
Explores the ways in which health promotion in handled in nursing and whether it is currently helping patients and what can be done to make the information stick.

Young, I
Health promotion in schools - a historical perspective
Promotion & Education
2006 12 ( 3-4 ): 112 - 117
Looks back at the recent history of health promotion in schools.

Stanton, Colleen M
A systems approach to health promoting schools
Promotion & Education
2006 12 ( 3-4 ): 130 -
This applied research project, a Systems Approach to Health Promoting Schools was completed in March 2004. Thirty five key leaders from Canada, United States, Australia and Europe involved in systems change towards health promoting schools and education system reform were interviewed.

Smith, B.J
Challenges in teacher preparation for school health education and promotion
Promotion & Education
2006 12 ( 3-4 ): 162 - 164
This article discusses the challenges the health education and promotion profession is facing relating to teacher preparation in the delivery of quality school health education/promotion programmes.

INTERMEDIATE CARE NURSING

Griffiths, Peter
Effectiveness of intermediate care delivered in nurse-led units
British Journal of Community Nursing
2006 MAY 11 ( 5 ): 205 - 208
This mini-review presents an over-view of the evidence of the effectiveness, costs and patient experience of intermediate care services in nurse-led services

LEARNING DISABILITIES SEX EDUCATION
Valios, Natalie

"Buzzing since I came back...." (Learning difficulties)
Community Care
2006 MAY 4 (1621): 30 - 31
The article contrasts learning difficulties support agencies in the USA and the UK, particularly in regard to their approach to sex education

LONG TERM CONDITIONS HOSPITALS

Cole, Andrew
How to find 'frequent fliers'
Health Service Journal
2006 MAY 4 116 (6004): 20 - 22
Managing patients with long term conditions can be the key to reducing unplanned readmissions, but Manchester PCT case management team are finding that poverty and anxiety are more reliable criteria than age

MENTAL HEALTH COMMUNITY CARE

Lakhani, Nina
Training for crisis resolution home treatment teams
Nursing Times
2006 MAY 2 102 (18): 19 - 20
The article highlights some key changes made to short training courses in crisis resolution

Holford, Patrick and Colson, Deborah
Eating madness
Young Minds
2006 MAY (82): 12 - 13
The article discusses the link between nutrition and children's mental health

MENTAL HEALTH PROMOTION SCHOOLS

Weare, Katherine; Markham, Wolfgang
What do we know about promoting mental health through schools?
Promotion & Education
2006 12 (3-4): 118 - 122
The school is potentially one of the most important and effective agencies for promoting health, including mental health. This article outlines the evidence for what we know is effective in relation to promoting mental health through the school system.

MORTALITY RATES ALZHEIMER'S DISEASE NERVOUS SYSTEM DISEASES

Griffiths, Clare and Rooney, Cleo
Health Statistics Quarterly
2006 SUM (30): 6 - 14
The paper describes trends in mortality and describes the impact of mortality coding changes on the underlying cause of death.
Collingwood Bakeo, Aleks and Clarke, Lynda
Health Statistics Quarterly
2006 SUM (30): 15 - 21
The paper describes that in the 1990s the factors most closely associated with low birthweight was being born outside marriage, being born to a mother from non-white ethnic groups or a mother living in the most deprived areas

Galobardes, Bruna and others
Childhood socioeconomic circumstances predict specific causes of death in adulthood: the Glasgow student cohort
Journal of Epidemiology and Community Health
2006 JUN 60 (6): 527 - 529
A brief report assessing and comparing the magnitude and patterns of the association of early life socioeconomic position with specific causes of death in adulthood

MUSIC ALTERNATIVE MEDICINE & THERAPIES STRESS & ANXIETY SURGERY
Giaquinto, S
Effects of music-based therapy on distress following knee arthroplasty
British Journal of Nursing
This article is presented by a multidisciplinary group from Italy, who found that using music therapy was beneficial to elderly patients who have anxiety and depression while in hospital after total knee arthroplasty.

Trythallm, SJS
Live music in hospitals: a new 'alternative' therapy
Journal of the Royal Society for the Promotion of Health
2006 MAY 126 (3): 113 - 115
Research observes the effects of playing live music to patients and to assess this through observations and interviews with the patients' families, carers and patients themselves.

NATIONAL HEALTH SERVICE
Le Grand, Julian and others
Sixty years on, how Bevan's vision is bearing up
Health Service Journal
2006 APR 27 116 (6003): 20 - 23
Summarises Bevan's landmark speech to the House of Commons on 30th April 1946 that launched the National Health Service and debates some of the main issues

NURSES, Teaching & Assessing
Wood, Steve
Views of the effectiveness of problem-based learning
Nursing Times
2006 MAY 102 (21): 34 - 38
This research paper explored the views of a group of mental health nursing students of problem-based learning and concluded that it needs to be balanced with formal student support.

**NUTRITION ELDERLY**

Morris, Heather  
dysphagia in the elderly: a management challenge for nurses  
British Journal of Nursing  
2006 MAY 25th 15 (10): 558 - 562  
Discusses the causes and symptoms of dysphagia, the available treatments and why it is particularly important to diagnose early and have good communication with patients.

Cooke, Lyn  
Purchasing at play  
Public Health News  
2006 APR 24(): 9 -  
A new scheme in the North-West is bringing fresh fruit and vegetables to both children and parents by making good use of school playgrounds.

**PAIN WOUND HEALING**

Benbow, Maureen  
Holistic assessment of pain and chronic wounds  
Journal of Community Nursing  
2006 MAY 20 (4): 24 - 28  
The article discusses the need for holistic assessment of pain in patients with chronic wounds, with emphasis on the need to be sensitive to the patient's individual perception of pain.

**PALLIATIVE CARE DEATH NURSING**

Hoban, Victoria  
Dying with dignity  
Nursing Times  
2006 MAY 30th 102 (22): 16 - 17  
Palliative care is set to become the domain of all nurses rather than a specialist elite, but is the profession ready for all this entails?

**PARENTING MENS HEALTH HEALTH VISITING**

Greening, Linda  
And - how was it for you dad?  
Community Practitioner  
2006 JUN 79 (6): 184 - 187  
This article describes a small pilot study which used a structured questionnaire designed to promote communication between health visitors and fathers. A review of literature revealed a lack of research and resources to support men's mental health and wellbeing through the transition to fatherhood.

**PATIENT REFERRAL**
Clews, Graham
Destination unknown - which way now for GP referrals?
Health Service Journal
2006 MAY 25  116 (6007): 14 - 15
Discusses the development of referral management by PCTs, with examples from several London-based PCTs

PATIENTS COMPLIANCE PATIENT INFORMATION
Engaging patients in their care
Nursing Times
2006 MAY 30th  102 (22): 21 - 22
Ensuring that patients are engaged in their own care is a key theme of current healthcare policy. However, research highlights that in the UK levels of engagement are not as high as in other countries. This article discusses the benefits of engagement and gives practical steps for improving practice.

PUBLIC HEALTH EVALUATION
Waters, Elizabeth and others
Evaluating the effectiveness of public health interventions: the role and activities of the Cochrane Collaboration
Journal of Epidemiology and Community Health
2006 APR 60 (4): 285 - 289
This paper provides a glossary of the terms and activities related to public health of the Cochrane Library

RESPIRATORY TRACT DISEASES
Feber, Tricia
Tracheostomy care for community nurses: basic principles
British Journal of Community Nursing
2006 MAY 11 (5): 186 - 193
The article gives a practical overview of the management of the patient with a tracheostomy in the community. It describes the difference between temporary tracheostomy and laryngectomy and outlines the practical management of each, covering tube care and changing, humidification and suction.

SCHOOLS, NURSING
Richardson-Todd, Barbara
Becoming a school nurse
Journal of Family Health Care
2006 16 (2): 39 - 40
A brief review of the role of school nursing and the specialist training required

Thorp, Sam
Paying their way (School nurses)
Public Health News
2006 MAY 15 ( ): 10 - 11
The author asks whether increased resources are being made available to match the increased demands that are now being placed on school nurses
SELF-HARM ADOLESCENCE ADOPTION & FOSTERING
Self-harm: not a means of gaining attention but an unhelpful way of coping with life's problems
Young Minds
2006 MAY (82): 8 - 9
The article summarises a report from the Mental Health Foundation, that finds that 2 young people in every classroom are hurting themselves, as a way of coping with the way that they feel. The report aims to help professionals understand how people who self-harm need to be supported slowly to unlearn this maladaptive coping strategy

SMOKING
Thomson, George and others
Population level policy options for increasing the prevalence of smokefree homes
Journal of Epidemiology and Community Health
2006 APR 60 (4): 298 - 304
This paper was based on the evidence from four countries (Britain, USA, Australia, New Zealand); the evidence suggests that comprehensive tobacco control programme are likely to be the most cost effective and sustainable option for increasing the prevalence of smokefree homes

Slater, Paul and others
Nurses' smoking behaviour related to cessation practice
Nursing Times
2006 MAY 9 102 (19): 32 - 37
The results of this randomised sample astudy found that nurses who smoked were less motivated to to provide cessation syppor for their patients, have a less positive attitude to the value of smoking cessation, are less likely to have received smoking cessation training and less likely to want further training

SOCIAL SERVICES EVIDENCE BASED HEALTH
Hodson, Rhiannon
Principles into practice
Community Care
2006 APR 27 (1620): 34 - 35
Discusses how managers and agencies can ensure that research is put into policy and practice in the social services

STATISTICS INFORMATION TECHNOLOGY NATIONAL HEALTH SERVICE
Information for improvement: the numbers game. Data collection, analysis and service improvement. Supplement
Health Service Journal
2006 APR S9 116 (6003): S1 - 23
Includes brief articles on: Data collection and the work of the Information Centre for Health and Social Care; Service improvement; Adult social care; Payment by results

TEENAGE PREGNANCY BREAST FEEDING
Baldock-Apps, Tracey
Parenting in pictures: promoting breastfeeding among teenage parents
Community Practitioner
2006 MAY 79 (5): 140 - 141
The article describes how the development of a parenting tool - Parenting in Pictures - is being used to support positive parenting and the normalisation of breastfeeding among teenagers

TUBERCULOSIS CLINICAL GOVERNANCE
Beckford-Bell, Jason
NICE guidelines to improve TB management and prevention
Nursing Times
2006 MAY 9 102 (19): 19 - 20
Summarises the recent NICE guidelines on TB with emphasis on nurses’ role in patient adherence