ABORTION NUTRITION PHYSICAL ACTIVITY

O’Connell, Nicola
Miscarriage risk: how important are diet and exercise?
Nurse Prescribing
2008 FEB 6 ( 2 ): 50 - 52
Discusses the impotance of diet and exercise and the risk of miscarriage

ALCOHOL MISUSE PARENTS FAMILIES

Social Care Institute for Excellence
Support for families where a parent has alcohol problems
Community Care
2008 FEB 7 ( 1708 ): 24 - 25
Research shows that there has been service development to support parents, but despite 'Models of Care and Working Together to Safeguard Children' treatment services still focus on individuals

ALZHEIMER’S DISEASE EVALUATION RESPITE CARE

Jones, Gemma and others
Comparing UK and Dutch Alzheimer Cafes against new quality control criteria
Journal of Dementia Care
2008 JAN 16 ( 1 ): 34 - 38
Discusses how 2 UK cafes measure up to the 33 criteria, and the adaptations they made in order to use the concept in the UK

ASTHMA NURSES MEDICINES

Burns, Dave
Respiratory health - Asthma: an introduction
Practice Nurse
2008 FEB 8 35 ( 3 ): 28 - 32
Aspects of asthma management for nurses who have limited experience in this area

ADOLESCENCE SELF HARM SUICIDE

Cousins, Wendy and others
Self-harm and attempted suicide in young people looked after in state care
Journal of Children's and Young People's Nursing
2008 FEB 2 ( 2 ): 51 - 54
Northern Ireland social worker accounts highlight the emotional and behavioural vulnerabilities of looked-after adolescents, and the need for special interventions
Thomas, Mike
Prescribing steroids for asthma
Practice Nurse
2008  FEB 8    35 ( 3 ): 40 - 42
Describes how to ensure that inhaled corticosteroids are used safely and appropriately in children

BREAST FEEDING RESEARCH EDUCATION
Gijsbers, Barbara and others
Factors associated with the duration of exclusive breast-feeding in asthmatic families
Health Education Research
2008  FEB    23 ( 1 ): 158 - 169
Dutch study found that extra educational support increased the likelihood of exclusive breastfeeding for 6 months

CARE PATHWAYS DISTRICT NURSES
Unsworth, Danskin & others
Non-elective demand management: the renaissance of district nursing
British Journal of Community Nursing
2008  FEB    13 ( 2 ): 76 - 82
This article looks at the fact that district nursing as a discipline is in decline and yet they are grasping opportunities to provide care to increasingly complex patients at home than in hospital, this has reduced non-elective admissions and achieved savings.

CHILD ABUSE HEALTH PROFESSIONALS EMOTIONS
Vevers, Simon
Child abuse - Piecing the abuse jigsaw together
Community Care
2008  JAN 31    ( 1707 ): 16 - 17
Alerting professionals to the signs of emotional harm

Blewett, James
Research realities - Safeguarding in schools
Community Care
2008  JAN 31    ( 1707 ): 22 - 24
Study identifies factors that help and hinder collaboration between teachers and social care professionals in child protection issues

CHILD HEALTH SERVICES CHILD DEVELOPMENT SCHOOL HEALTH SERVICES SCHOOL HEALTH PROMOTION HEALTH VISITORS
Godson, Rosalind
The Children's Plan
Community Practitioner
2008  FEB    81 ( 2 ): 30 - 30
This article looks into what the government's new Children's Plan mean for community public health nurses.
CHILDREN MEDICAL EQUIPMENT
Cocoman, Angela; Barron, Carol
Administering subcutaneous injections to children: what does the evidence say?
Journal of Children's and Young People's Nursing
2008 FEB 2 (2): 84 - 89
Examines the nurse's role in administering subcutaneous medication, and discusses site selection, needle sizes and changes in the angle at which the needle is inserted.

COMMUNICATION PARENTS HEALTH PROFESSIONALS
Wales, Sandra and others
Assessing communication between health professionals, children and families
Journal of Children's and Young People's Nursing
2008 FEB 2 (2): 77 - 83
Although communication at a children's hospital in Australia was found to be satisfactory, the process enabled development of intervention strategies for further improvement.

Dean, Antonia
Communicating with patients using email and the internet.
Nursing Times
2008 FEB 18 104 (7): 29 - 30
The article describes vital considerations for healthcare professionals when using email to communicate with patients, and discusses advantages and disadvantages. It offers practical advice on email usage and suggests basic counselling skills during email communication.

Martin, Steve
Communication skills - The science of compliance: reciprocity
Practice Nurse
2008 FEB 8 35 (3): 37 - 37
Article on social influence, considers how reciprocity could be used to improve patient compliance.

CONTRACEPTION TEENAGE PREGNANCY ADOLESCENCE
Hairon, Nerys
Drive to increase contraceptive service use in young people
Nursing Times
2008 FEB 18 104 (7): 21 - 22
Provides a brief overview of how nurses can deliver contraceptive services, including LARC (Long Acting Reversible Contraception) with an emphasis on services for young people.

Hellwell, Tracy M
Sexual health - Offering sub-dermal contraceptive implants
Practice Nurse
2008 FEB 8 35 (3): 18 - 24
Considers the increased role for practice nurses in the fitting and removal of sub-dermal implants.
DEATH ALCOHOL MISUSE NURSES

Hairon, Nerys
More action required to cut alcohol-related death rate
Nursing Times
2008 FEB 5 104 ( 5 ): 25 - 26
What nurses can do to address the rising numbers of alcohol-related death

DEMENTIA MANAGEMENT QUALITY

Capstick, Andrea; Baldwin, Clive
On Tom Kitwood and culture change in dementia care
Journal of Dementia Care
2008 JAN 16 ( 1 ): 24 - 25
Consider one of the themes of their book (Tom Kitwood on dementia: a reader and critical commentary), the transformation of organisational culture

DIABETES MEDICINES PATIENT EDUCATION

Tjia, Jennifer and others
Beneath the surface: discovering the unvoiced concerns of older adults with Type 2 diabetes mellitus
Health Education Research
2008 FEB 23 ( 1 ): 40 - 52
American study found the need for more patient-physician dialogue, and greater patient involvement in medication decision making

Thoolen, Bart and others
Beyond good intentions: the development and evaluation of a proactive self-management course for patients recently diagnosed with Type 2 diabetes
Health Education Research
2008 FEB 23 ( 1 ): 53 - 61
Describes an intervention based on proactive coping which appears to meet the needs of newly diagnosed patients and helps them to deal with self-management tasks

Clark, Dee
ASPIRE: A local insulin skills programme for adults with type 1 diabetes
Journal of Diabetes Nursing
2008 12 ( 1 ): 6 - 13
Retrospective data from 20 participants of ASPIRE (A Skills Programme in matching Insulin Requirements to Eating) revealed improved glycaemic control which was maintained up to the 6 month post programme assessment

Sheperd, Maggie
Impact of misdiagnosis in HNF1A diabetes: A case study
Journal of Diabetes Nursing
2008 12 ( 1 ): 14 - 18
Case study reveals the impact on the family when maturity-onset diabetes of the young is misdiagnosed

Pritchard, Alan
Learning in the context of health and childhood
Journal of Diabetes Nursing
2008  12 ( 1 ): 21 - 25
Explains how children with diabetes can be helped to understand their condition

Torrance, Theresa
Effect of insulin needle reuse, size and site of injection on the risk of bending and breaking
Journal of Diabetes Nursing
2008  12 ( 1 ): 29 - 33
Retrospective study assessed reports of needle bending and breakage, and investigated advice on needle length, reuse and injection sites, and found under-reporting and recommends further study

Beskine, Deborah; Owen, Paula
Review of transitional care for young people with diabetes
Journal of Diabetes Nursing
2008  12 ( 1 ): 34 - 38
Looks at the factors which contribute to a successful transitional diabetes care service from paediatric to adult care

Mold, Freda
The challenge of managing Type 2 diabetes in primary care
Nursing Times
2008  FEB 18  104 ( 7 ): 32 - 33
The article presents the results of an audit of medical records in 3 GP practices. The audit found that BME patients were more likely to have poor glycaemic control, and that a larger proportion of patients with poor glycaemic control were likely to be under 50 years old.

DISABILITIES QUALITY OF LIFE

McManus, Vicki
Understanding participation in activities and quality of life in children with cerebral palsy
Journal of Children's and Young People's Nursing
2008  JAN  2 ( 1 ): 21 - 27
Explored the literature and found no detailed studies; recommends further research

EPILEPSY PARENTS PATIENT INFORMATION

Cummins, Ann
Parents' need for information and support following their child's diagnosis of epilepsy
Journal of Children's and Young People's Nursing
2008  JAN  2 ( 1 ): 37 - 41
Discusses parental fears and concerns; and includes the incidence, causes and treatment of epilepsy in children

EYE DISORDERS AGEING

Redmond, Neill; White, Alison
Age related macular degeneration: visual impairment with advancing age
This article sets out a comprehensive outline of age related macular degeneration including the underlying disease mechanisms. Current treatment options are described together with recommendations for preventative care and support for those with visual impairment.

**FALLS OLDER PEOPLE HOSPITALS**

Hoban, Victoria
How do we tackle falls?
Nursing Times
2008 FEB 18 104 ( 7 ): 16 - 17
Provides practical suggestions for assessing the risks and finding prevention techniques for falls in an acute hospital setting

**FINANCE PRIMARY CARE TRUSTS MENTAL HEALTH SERVICES**

Eaton, Lynn
Who foots the bill: establishing responsibility for patient care
Health Service Journal
2008 FEB 7 ( ): 12 - 13
Should PCTs take guidance from local government and not delay admissions while they decide who should pay?

**HEALTH IMPROVEMENT HEALTH INTERVENTIONS FINANCE**

Le Grand, Julian; Sherriff, Robert
Prevention is better than cure, but by how much?
Health Service Journal
2008 JAN 31 ( ): 16 - 17
Finding the best way to measure the cost-effectiveness and health impact of preventive interventions could help secure more investment

**HEALTH PROMOTION COMMUNICATION COUNSELLING**

Mason, Pip
Motivational interviewing
Practice Nurse
2008 FEB 8 35 ( 3 ): 43 - 48
How motivational interviewing techniques can help patients adopt healthier lifestyles and comply with medical advice

**HOSPITALS LAW LEARNING DISABILITIES**

Kent, Allyson
Improving acute care of people with learning disabilities
Nursing Times
2008 FEB 5 104 ( 5 ): 32 - 33
Reports on the development of a patient passport which would contain information on a patient's individual need and help hospital staff with care planning in compliance with the Mental Capacity Act
LEARNING DISABILITIES PARENTS

Thornton, Jacqui
Good practice - Let's live a little!
Community Care
2008 JAN 31 (1707): 32 - 33
How a project won over parents to support young people with learning disabilities to live together

Gould, Mark
Value for many
Health Service Journal
2008 FEB 7 (): 24 - 26
A consultation on services for people with learning disabilities seeks to help them live in the community

LIFESTYLE CARDIOVASCULAR DISEASES PHYSICAL ACTIVITY NUTRITION

Aldana, Steven G and others
A video-based lifestyle intervention and changes in coronary risk
Health Education Research
2008 FEB 23 (1): 115 - 124
Examined whether participation in a facilitator-based video version of the Coronary Health Improvement Project would reduce risk, and found that it was successful

MEDICINES PATIENT EDUCATION

Cebotarenco, Natalia; Bush, Patricia J
Reducing antibiotics for colds and flu: a student-taught program
Health Education Research
2008 FEB 23 (1): 146 - 157
Study found that a student peer-taught program changed attitudes to the usefulness of antibiotics

Moore, Alison
All or nothing: patients are told no to top-ups
Health Service Journal
2008 FEB 14 (): 14 - 15
Reports on the NHS not funding treatment for cancer patients who choose to pay for drugs not available on the NHS

MENTAL HEALTH SERVICES SCHIZOPHRENIA

Gillam, Tony; Williams Robin
Understanding schizophrenia: a guide for newly qualified nurses
British Journal of Community Nursing
2008 FEB 13 (2): 84 - 88
This article is intended to inform and explain in more detail how treatment of this illness can be delivered by a broader group of individuals.
NURSING CHILDREN NATIONAL SERVICE FRAMEWORK

Glasper, Edward Alan
The concerns of children's and young people's nurses
Journal of Children's and Young People's Nursing
2008  FEB  2 ( 2 ): 64 - 65
Letter from Dr EA Glasper, on behalf of the British members of the editorial board of JCYPN, to Rt Hon G Brown, MP, regarding the threat that children’s nursing may disappear as a discrete direct entry branch of the nursing profession

NURSING PROCEDURES OBESITY

Higgins, Dan
Patient assessment: calculation of body mass index
Nursing Times
2008  FEB 18  104 ( 7 ): 24 - 25
The article provides an explanation of how to calculate the body mass index (BMI) of a patient

Shackleton, Bethany and others
Dementia 2: early diagnosis and initial nursing care
Nursing Times
2008  FEB 18  104 ( 7 ): 26 - 27
The article highlights the nursing care component of the recent NICE guideline on care for people with dementia and support for their carers.

NUTRITION NUTRITION EDUCATION OLDER PEOPLE VITAMINS AND SUPPLEMENTS NUTRITIONAL DEFICIENCY

Denny, Ana
An overview of the role of diet during the ageing process
British Journal of Community Nursing
2008  FEB  13 ( 2 ): 58 - 67
This article looks at the UK's ageing population and the fact that it is not matched by a similar increase in healthy life expectancy. The article looks into illnesses that can be caused by diet and how to prevent them.

Hood, Sandra
Nutrition - The vegan diet
Practice Nurse
2008  FEB  8  35 ( 3 ): 13 - 17
Identifies issues to consider when planning vegan meals and meet nutritional requirements

OLDER PEOPLE EXERCISE AND SPORT FALLS COMPLIANCE

Vernon Sue, Ross Fiona
Participation in community exercise classes: barriers to access
British Journal of Community Nursing
2008  FEB  13 ( 2 ): 89 - 92
The purpose of this article is to discuss the findings from interviews with older people to explore their experiences in relation to access and acceptability of local community based postural stability exercise classes
Janes, Emily; Shirley, Louisa
Acknowledging the man, not the behaviour
Journal of Dementia Care
2008 JAN 16 (1): 20 - 24
Demonstrates the support model used by Newcastle Challenging Behaviour Service -describes how staff were helped to understand the underlying needs behind an older man’s sexual disinhibition

Morton, Ian
Psychoanalysis and dementia: the dynamics of care
Journal of Dementia Care
2008 JAN 16 (1): 29 - 31
Discusses the processes that affect the relationship between the paid caregiver and the person with dementia, and the dynamics of caregiving organisations

PARENTS HOSPITALS CHILD CARE

Hewitt-Taylor, Jaquelina
Parents whose children have complex needs: experiences of hospitalization
Journal of Children's and Young People's Nursing
2008 JAN 2 (1): 13 - 19
Discusses the expectation that parents will provide for the care needs, including some medical and technical needs, whilst their child is in hospital

PHYSICAL ACTIVITY RESEARCH CHILDREN

Sollerhed, Ann-Christin and others
Factors associated with young children's self-perceived physical competence and self-reported physical activity
Health Education Research
2008 FEB 23 (1): 125 - 136
Study of 8-12 year old children found correlations between self-perceived competence and actual measured performance, and concludes that self-reported information could be used to identify those at risk of remaining inactive

Baker, Graham and others
Using pedometers as motivational tools: Are goals set in steps more effective than goals set in minutes for increasing walking
International Journal of Health Promotion and Education
2008 46 (1): 21 - 26
In the short term, both were were effective, but additional support may be required to sustain increases in walking

PRIMARY HEALTH CARE INFECTION CONTROL MEDICAL EQUIPMENT

McIntyre, Jackie
Infection control in primary care: part 2
Practice Nurse
2008 FEB 8 35 (3): 33 - 36
Outlines infection prevention strategies associated with surgery, decontamination and instrument cleaning
QUALITY RESIDENTIAL CARE OLDER PEOPLE

Nolan, Mike and others
Relationship-centred care and the 'Senses' framework
Journal of Dementia Care
2008 JAN 16 (1): 26 - 28
Explains how relationship-centred care and the 'Senses' framework can help create enriched environments for staff and clients of care homes

QUALITY OF LIFE DEMENTIA RESIDENTIAL CARE

Chalfont, Garuth
The Dementia Care garden: innovation in design and practice
Journal of Dementia Care
2008 JAN 16 (1): 18 - 20
Gives practical advice on creating a Dementia Care garden; with a case study of a care home where three garden areas were integrated

RESEARCH INFORMATION TECHNOLOGY DIABETES SELF CARE

Wangberg, Silje Camilla
An internet-based diabetes self-care intervention tailored to self-efficacy
Health Education Research
2008 FEB 23 (1): 170 - 179
Study found that self-efficacy could function as a moderator in a behavioural intervention for diabetes self-care

Dent, Emma
The mother of all studies
Health Service Journal
2008 JAN 31 (): 23 - 25
Reports on a project which is tracking the lives of 10,000 multi-ethnic babies in Bradford in order to understand why the infant mortality is twice the British average

Uscher-Pines, Lori and others
A systematic analysis of influenza vaccine shortage policies
Public Health
2008 FEB 122 (2): 183 - 191
Study applied SWOT analysis to identify lessons learnt and to generate solutions for future rationing emergencies

SMOKING ADOLESCENCE HEALTH PROMOTION

Reid JL and others
Factors related to adolescents' estimation of peer smoking prevalence
Health Education Research
2008 FEB 23 (1): 81 - 93
Since adolescents tend to overestimate peer smoking prevalence, interventions should focus on creating realistic perceptions

SMOKING CESSION LIFESTYLE HEALTH PROMOTION

Segan, CJ and others
The challenge of embracing a smoke-free lifestyle: a neglected area in smoking cessation programs
Health Education Research
2008 FEB 23 ( 1 ): 1 - 9
Describes a conceptual framework which includes help adjusting to a smoke-free lifestyle

SURGERY RESEARCH CHILDREN

More, Mary Lucy and others
The K Wire Project: removal of percutaneous kirschner wires from children without general anaesthetic
Journal of Children's and Young People's Nursing
2008 FEB 2 ( 2 ): 66 - 76
Orthopaedic surgeons and anaesthetists agree that in most cases this short procedure could be undertaken in a controlled environment, with the child awake

Patten, Linda and others
Setting up a nurse-led patient forum to inform choice
Nursing Times
2008 FEB 5 104 ( 5 ): 34 - 35
Reports on the evaluation of a 'fusion forum' which enabled patients to make informed choices about hindfoot or ankle fusion surgery

TRAINING NURSES, Teaching and Assessing

Clynes, Mary
Providing feedback on clinical performance to student nurses in children's nursing: challenges facing preceptors
Journal of Children's and Young People's Nursing
2008 JAN 2 ( 1 ): 29 - 35
Explored preceptors/mentors' experiences of giving feedback, and found that providing negative feedback was challenging, as it impacted on the working relationship