To:- Current Awareness

ADOLESCENCE DIET NUTRITION BEHAVIOUR

Kell, Billie
Adolescent autonomy: a key determinant in eating behaviour
British Journal of School Nursing
2008 MAY 03 ( 03 ): 110 - 116
This paper outlines the state of knowledge in the area of autonomy as a determinant of adolescent eating behaviours. Adolescence and autonomy are defined and explored, generating ideas for health professionals which may help to understand adolescents and their eating behaviours.

ALLERGIES SCHOOLS CHILDREN

Collard, John
An overview of allergic diseases in school children
British Journal of School Nursing
2008 MAY 03 ( 03 ): 136 - 140
Allergy affects the lives of thousands of children every year and for some it is a potentially life threatening disease. This article looks at the substances that cause the allergies, the symptoms they produce and makes suggestions how to manage them.

ALZHEIMER'S DISEASE DIAGNOSIS DEMENTIA HEALTH POLICY

Mickel, Andrew
Alzheimer's - When the future comes
Community Care
2008 MAY 1 ( 1720 ): 30 - 31
Reports on the government's National Dementia Strategy which offers a speedy diagnosis

Manthorpe, Jill
Dementia care quality in homes
Community Care
2008 MAY 1 ( 1720 ): 34 - 36
Examines the findings of the Alzheimer's Society study on how the care of people with dementia could be improved

ANATOMY AND PHYSIOLOGY EDUCATION

Neville, Lillian; Wild, Jill
Tips for learning part 1: anatomy and physiology
British Journal of Healthcare Assistants
2008 MAY 02 ( 05 ): 251 - 252
For many people working in healthcare, understanding how the body functions normally and how it is affected by disease can be difficult. This article provides tips
on how to make the learning process more manageable and enjoyable.

**ASTHMA SCHOOLS, NURSING HEALTH PLANNING**

McMurray, Ann
Asthma in schools: a Scottish perspective
British Journal of School Nursing
2008 MAY 03 ( 03 ): 144 - 148
Children spend approximately 50% of the year at school and in the care of the school team. It is therefore of the greatest importance that children with asthma are in the care of adults who are familiar with asthma symptoms and how to treat children if they have an attack.

Burns, Dave
Prescribing for asthma
Practice Nurse
2008 MAY 9th 35 ( 9 ): 34 - 40
Focuses on the use of current asthma treatment guidelines up to and including step 3.

**ATTENTION DISORDERS INTERAGENCY WORKING RESEARCH PARENTS**

Dennis, Tanya and others
Attention deficit hyperactivity disorder: parents’ and professionals’ perceptions
Community Practitioner
2008 MAR 81 ( 3 ): 24 - 28
Qualitative investigation found that parents and professionals had differing views which resulted in delayed diagnosis, inadequate access to information and non-compliance.

**BREAST FEEDING**

Ratnaike, Danny
Baby Cafe Culture
Community Practitioner
2008 MAY 81 ( 5 ): 12 - 13
Baby Cafe uses a simple yet effective model to promote breastfeeding among local mothers.

**CASE MANAGEMENT LONG TERM CONDITIONS**

Moran, G
An alternative model for case management in Flintshire
British Journal of Community Nursing
2008 MAY 13 ( 5 ): 227 - 231
This article presents and reviews the evidence from a local service that has been developed in order to meet the predicted rise in the level of chronic disease in Wales.

**CATHETERS NURSING PROCEDURES COMMUNITY CARE**

Kelly Linda G
The care of vascular access devices in community care
British Journal of Community Nursing
2008 MAY 13 (5): 198 - 205
This article provides an overview of the types of vascular access devices used in primary care, and provides guidance and recommendations to ensure best practice.

CHILD DEVELOPMENT DIET NUTRITIONAL DEFICIENCY FOOD AND NUTRITION CHILD BEHAVIOUR DISORDERS

Gray, Georgina; McKenzie, Sian
From mealtime misery to mealtime magic
Community Practitioner
2008 APR 81 (4): 34 - 35
The Nurture Team in South Devon aims to help families with children whose feeding difficulties have caused their growth to falter or who have identified difficulties around mealtimes

Otway, Christine
Plagiocephaly: awareness, prevention and treatment
Community Practitioner
2008 APR 81 (4): 38 - 40
Plagiocephaly appears to be increasing in incidence and health visitors have a key role to play in supporting and advising parents

CHILD HEALTH SERVICES WELLBEING

Higgs, Lauren
Can schools deliver on wellbeing?
Children & Young People Now
2008 MAY 28 ( ): 13 -
This brief article discusses the role that the measurement of wellbeing is likely to have in the new schools' inspection criteria.

CHILD PROTECTION SCHOOL HEALTH SERVICES EVALUATION

White, Jo
A model of child protection supervision for school health practitioners
Community Practitioner
2008 MAY 81 (5): 23 - 27
In 2005 a steering group was set up within Westminster Primary Trust to review child protection supervision for school health practitioners. Its purpose was to examine existing models of supervision and then establish an alternative, more effective model to SHPs in Westminster PCT.

Condliffe, Cynthia
Safeguarding children
Journal of Community Nursing
2008 MAY 22 (5): 16 - 20
Safeguarding children depends on the effective joint working between agencies and professionals that have different roles and expertise.
Halls, Katie L
Maternal satisfaction regarding anaesthetic services during childbirth
British Journal of Midwifery
2008 MAY 16 (5): 296 - 301
Maternal satisfaction regarding the experience of childbirth is influenced by unique combination of factors. This study presents and overview of obstetric anaesthesia in a District General Hospital in order to determine the relative contribution of analgesia towards satisfaction.

CHILDREN RESEARCH CARERS MENTAL HEALTH

Social Care Institute for Excellence
Children who care for parents with mental health problems
Community Care
2008 MAY 1 (1720): 28 - 29
Proven practice on how to help young carers by providing support to their parents

Selby, Mary
Feverish illness in young children
Practice Nurse
2008 APR 25th 35 (8): 14 - 18
Offers advice on how to manage young children with feverish illness in primary care and when to refer

CHRONIC AIRWAYS DISEASE RESPIRATORY DISORDERS EVALUATION

Edwards, Marilyn
Reviewing patients with COPD
Practice Nurse
2008 APR 25th 35 (8): 28 - 32
Discusses the practicalities of reviews for patients with COPD, which are not always straightforward

COMMISSIONING CLINICAL GUIDELINES FINANCIAL MANAGEMENT

Moore, Alison
End of postcode lottery puts PCTs in a spin
Health Service Journal
2008 MAY 29 (): 12 - 13
The article discusses the new Primary Care Commissioning Network which will pool PCTs expertise on exceptional or new treatments whilst waiting for NICE guidance.

COMMUNITIES PUBLIC HEALTH HEALTH IMPROVEMENT

Hodgetts, Sue
Linking up with local people
Health Matters
2008 (71): 19 -
New local involvement networks have replaced patient forums. Author describes their strengths

COMPLIANCE COMMUNICATION SKILLS
Martin, Steve
The science of compliance: the principle of liking
Practice Nurse
2008 MAY 9th 35 (9): 43
Explores the principle of liking and provides practical advice on using it to increase the effectiveness of your messages and advice

Crohns Disease

Younge, Lisa
The role of adalimumab in treating Crohn's disease.
Nurse Prescribing
2008 APR 6 (4): 158 - 161
This article outlines the clinical use of adalmumab, and discusses its current place in the therapeutic pathway of patients with Crohn's disease.

CYSTIC FIBROSIS EXERCISE AND SPORT

Morrison, Lisa
Get some exercise (people with cystic fibrosis)
CF Today
2008 SUM (): 6 - 7
The article suggests the forms of exercise that people with cystic fibrosis can benefit from and some improtant factors to be aware of.

DEMENTIA HEALTH CARE ASSISTANTS ALTERNATIVE MEDICINE & THERAPIES DEMENTIA

Bartle Caroline, Frankland Melanie
Using social and complementary models of care
British Journal of Healthcare Assistants
2008 MAY 2 (5): 227 - 229
The benefits of complementary therapies are becoming increasingly recognized throughout the healthcare system and their role in dementia care is no exception. This article looks at various methods that can be applied which help to relieve symptoms and enhance failing cognition and senses.

Biernacki, Claire
A life worth living to the full, with or without dementia
Journal of Dementia Care
2008 MAY 16 (3): 17 - 19
Professional carers need to recognise that, not only is life worth living for people with dementia, but their quality of life can improve. The key is to use our knowledge and sills to hep people realise their full potential writes Claire Biernacki a Senior Sister Older Peoples Day Services, Derbyshire.

Rose, Linda
Music for Life: a model for reflective practice
Journal of Dementia Care
2008 MAY 16 (3): 20 - 23
Article describes Music for Life projects with Jewish Care. The authors giver their perspective on the exciting potential for staff development through this creative work
Wood-Mitchell, Amy
Strategies that helped Betty feel busy and useful again
Journal of Dementia Care
2008 MAY 16 ( 3 ): 24 - 27
A case study demonstrating the Newcastle Challenging Behaviour Service model.
Explains how the team worked with staff to better understand the needs of a woman
routinely trying to be 'let out' of a care home.

Cox, Sylvia
Communication and dementia: how effective is the Talking Mats approach?
Journal of Dementia Care
2008 MAY 16 ( 3 ): 35 - 38
Reports on a study to examine the effectiveness of the Talking Mats framework a
'low-tech'n communicatin aid for people with dementia

DIABETES COMMUNITY NURSING QUALITY

Leonard, Judith and others
DSN care closer to home: The South Leicestershire experience
Journal of Diabetes Nursing
2008 12 ( 4 ): 126 - 134
Discusses how one PCT employed community diabetes specialist nurses in order to
provide quality nurse-led interventions closer to home

Turner, Karen
Peoples' educational needs following a diagnosis of diabetes
Journal of Diabetes Nursing
2008 12 ( 4 ): 136 - 143
Study explores people with diabetes' perspectives on their diabetes education in
order to establish what patients require to manage their condition

Kidman, Katherine; Batty, Laura
Multidisciplinary wound therapy clinic service
Journal of Diabetes Nursing
2008 12 ( 4 ): 155 - 159
Describes the setup of a multidisciplinary wound therapy clinic at Medway PCT and
the treatment options provided

Dyson, Pam
Glycaemic index: is it useful for people with diabetes?
Journal of Diabetes Nursing
2008 12 ( 3 ): 168 - 176
The article aims to define the term glycaemic index , gives examples of high amd
low Gi foods and discusses the advantages and disadvantages of low-GI diets.

Asimakopoulou, Koula
Risk communication in type 2 diabetes
Journal of Diabetes Nursing
2008 12 ( 3 ): 178 - 186
The article discusses current research on the importance of discussing
cardiovascular diseases risk information and the factors that might impinge on
successful risk communication.
Clapham, Linda and others
Providing diabetes care and support to students in higher education
Journal of Diabetes Nursing
2008 12 (3): 187 - 192
The article discusses the approach taken by one university medical care practice, to provide diabetes care for students through working with their current diabetes care provider in the students’ home towns

DOMESTIC VIOLENCE MENTAL HEALTH

Valios, Natalie
'Dad called it playfighting. It wasn't'
Community Care
2008 MAY (1723): 24 - 26
Author talks about the loss of her mother to a knife in the hands of a controlling, manipulative man - her father. Discusses the effect this has had on her life and how she, too, fell into a similar trap

DRUGS MISUSE REHABILITATION EVALUATION

Neville, Ron G
Evaluating mobile phone support in drug detoxification
Nursing Times
2008 APR 15 104 (15): 27 - 28
Describes the development of a pilot service to support opiate users before, during and after detoxification using text messaging

Sparrowhawk, Ian; Darton, Katherine
Smoke Signals
Open Mind
2008 MAY (151): 12 - 13
Cannabis and psychosis are closely linked; Should cannabis be restored to class B? Both issues discussed

EAR DISORDERS PRACTICE NURSING PATIENT EDUCATION

Cragg, Gwen
Cerumen and its function
Nurse Prescribing
2008 APR 6 (4): 154 - 157
This article discusses the constituents of cerumen, its purpose, how to remove it safely and how to educate our patients, leading to a reduction in the need for nursing intervention.

Mills, Linda
Management of otitis media
Nurse Prescribing
2008 MAY 6 (5): 197 - 200
Although ear care is not as high on the health agenda as asthma or diabetes, ear infections can be just as dangerous. Treatment of otitis media can be confusing and it is important to have clear guidelines in order to decide which children should be treated and for which children a watchful waiting approach may be preferred.
The National Institute for Health and Clinical Excellence (NICE) recently commissioned the UK's first ever national guideline on childhood atopic eczema management. The key points of this document and management of this condition are discussed.

Epilepsy is a complex condition, but it affects many children in Britain. Therefore it is important that school staff are aware of what an epileptic seizure is and how to deal with it if a student experiences one while at school.

The aim of this study was to explore knowledge and views about the influenza vaccination in adults under 65 years with a long-term condition, in order to identify influences on people's decisions to be immunised and thereby improve uptake rates of the vaccination.

Following recent publicity over genetic problems in babies born within first cousin marriages, the author considers the reason for a surge in birth defects in the UK.

This article examines the components and disorders of urine - a body fluid which can provide a wealth of information on the health and well-being of the patient.
Caring for disabled lesbian, gay, bisexual and transgendered people
British Journal of Healthcare Assistants
2008 MAY 2 (5): 217 - 220
This article looks at the diversity in all spheres of society especially in the disabled community and how important it is to understand, support and respect all the issues and challenges they have to face.

Nazarko, Linda
The importance of uniform policy
British Journal of Healthcare Assistants
2008 MAY 02 (05): 239 - 242
This article explains the rationale behind uniform policies and their importance in preventing infection and presenting a professional image that inspires confidence.

Chan, Lai K
Bridging the gap: cognitive behaviour therapy
British Journal of Healthcare Assistants
2008 MAY 02 (05): 245 - 248
This discussion paper describes the inception, development and evaluation of a cognitive behaviour certificate programme for mental health support workers. The paper reflects on the future direction of this and other cognitive behavioural therapy programmes for mental health support staff.

Hoban, Victoria
HCA's in Nursing - What role should they play?
Nursing Times
2008 MAY 20th 104 (20): 18 - 19
Looks at the developing status of the HCA within the health service

HEALTH IMPACT ASSESSMENT DECISION MAKING RESEARCH

Ahmad, Balsam and others
Enabling factors and barriers for the use of health impact assessment in decision-making processes
Public Health
2008 MAY 122 (5): 452 - 457
Study found that the views of key stakeholders on factors promoting or hindering the use of health impact assessment may be pivotal in advancing local decisions.

HEALTH INEQUALITIES EVALUATION EVIDENCE BASED HEALTH PARTNERSHIP WORKING

Themessl-Huber, Markus
Overcoming health inequalities: a participative evaluation framework fit for the task
Journal of the Royal Society for the Promotion of Health
2008 MAY 128 (3): 117 - 122
Healthcare providers are confronted with the claim that distribution of health and healthcare provision is inherently unfair. There is also a growing awareness that the tools and methodologies applied in tackling health inequalities require further development. Evaluations as well as interventions usually focus on population-based indicators, but do not always provide guidance for frontline service evaluation and delivery. The evaluation framework presented in this article focuses on facilitating local service development, service provider and user involvement, and adequate representation of different population groups.
HIV & AIDS SCREENING RESEARCH

Handy, Pauline; Kain, Kathryn
Partnership working to provide point-of-care HIV testing in non-clinical settings
Aids & Hepatitis Digest
2008 JAN (123): 2 - 5
Reports on a pilot study in Newcastle and discusses the need for testing outside traditional GUM services

HYGIENE HOSPITALS CHILDREN

Roberts, Sheila
Meeting the personal hygiene needs of a hospitalized child
British Journal of Healthcare Assistants
2008 MAY 02 (05): 214 - 216
This article discusses some of the issues surrounding personal hygiene in the hospital setting.

IMMUNISATION PREGNANCY

Yung, Chee
Postpartum MMR immunization uptake in non-immune women
British Journal of Midwifery
2008 MAY 16 (5): 288 - 291
The percentage of rubella susceptible pregnant women has increased recently. Article describes the objective and results of an audit which was carried out in two delivery units using different approaches to evaluate MMR uptake postpartum for women found to be Rubella antibody negative at antenatal screening.

INFECTION CONTROL SCREENING RESEARCH

Hairon, Nerys
Study recommends screening healthcare workers for MRSA
Nursing Times
2008 APR 22 104 (16): 21 - 22
Reports on the recommendations following a review in Lancet Infectious Diseases 8:289-301

Lomas, Clare
Why infection control is everybody's business
Nursing Times
2008 MAY 13th 104 (19): 14 - 15
Healthcare-associated infections remain a threat to patients. Author looks at good infection control practices

INTERAGENCY WORKING HEALTH TARGETS HEALTH PLANNING

Robinson, Edna
Perfect union: why partnerships must seek local public opinion
Health Service Journal
2008 MAY 8 (08/May/2008): 16 - 17
Why local need should be of greater importance than targets
IRRITABLE BOWEL SYNDROME NUTRITION PATIENT EDUCATION

Dalrymple, J
New IBS guideline highlights importance of self-help by patients
Guidelines in practice
2008 APR 11 (4): 21 - 26
This article looks at the guidelines bearing a novel approach to management and care of irritable bowel syndrome which includes psychological interventions, antidepressants and positive diagnosis. The guidelines also diet and lifestyle, management of medicines.

KIDNEY DISEASES

Jain N, Simoyi P
Kidney Disease: a guide to CAPD
British Journal of Community Nursing
2008 MAY 13 (5): 213 - 218
This is the second article of its kind and explains issues relating to continuous ambulatory peritoneal dialysis and automated peritoneal dialysis.

LONG TERM CONDITIONS NEUROLOGICAL DISEASES AND DISORDERS
NEUROMUSCULAR DISEASE COMMUNITY CARE COMMUNITY NURSING MULTIPLE SCLEROSIS

Wilson E, Elkan R and “others”
A UK literature review of progressive long-term neurological conditions.
British Journal of Community Nursing
2008 MAY 13 (5): 206 - 212
This article draws together findings from 16 UK studies relating to the provision of care in the community for people with progressive long-term neurological conditions such as motor neurone disease and Huntington's.

Mann, Sandra
Using and early warning score tool in community nursing
Nursing Times
2008 MAY 20th 104 (20): 30 - 31
This article describes the development of an early warning score chart. The aim of this tool was to support advanced-level nurse practitioners' decision-making when managing complex patients with long-term conditions at home.

Making positive changes
Practice Nurse
2008 MAY 9th 35 (9): 41 - 42
The Expert Patients Programme (EPP) is a self-management programme for adults with long-term health conditions. Following the success of the initial NHS programme (2002-2006), a Community Interest Company is developing a sustainable model for expansion of the scheme.

MEDICINES MEDICAL EQUIPMENT RESPIRATORY DISORDERS ASTHMA CHRONIC AIRWAYS DISEASE NURSE PRACTITIONERS

Anwar, Anila
Bronchodilators: uses and prescribing rationale
The use of bronchodilators plays an important role in respiratory conditions such as asthma and COPD. This article looks at the types of bronchodilators available, their onset and duration of action, side effects and contraindications.

**MENOPAUSE WOMEN'S HEALTH**

Brockie, Jan
Physiology and effects of the menopause
Nurse Prescribing
2008 MAY 6 (5): 202 - 207
Overviews the symptoms and types of menopause and discusses, the long term consequences of the menopause, such as cardiovascular disease and osteoporosis, as female life expectancy increases.

**MENTAL HEALTH MOTHERS HEALTH VISITORS**

Walker, Anne Marie
Targeted home visiting intervention: the impact on mother-infant relationships
Community Practitioner
2008 MAR 81 (3): 31 - 34
Reviews and reflects on 6 papers which describe interventions with positive outcomes in particular the mother-infant relationship

Arnold, Andrea and others
Promoting healthy choices for mental health clients
Nursing Times
2008 APR 22 104 (16): 28 - 29
Describes an initiative to improve the physical health of clients with mental health problems which resulted in the improvement of their mental and physical health

Naik, Vandana N
Early intervention in psychosis: client and carer perspectives
Nursing Times
2008 MAY 6th 104 (18): 32 - 33
This study aimed to evaluate service users’ and carers' views on the early intervention in psychosis service in relation to best-practice guidelines

MacDonald, Pat
Post-traumatic stress disorder
Practice Nurse
2008 MAY 9th 35 (9): 31 - 33
Emphasises the importance of good communication skill and empathy when helping patients who may be suffering from post-traumatic stress disorder

**MENTAL HEALTH PROMOTION RESEARCH ALCOHOL**

Williams, Alun and others
Guernsey's top class teenagers and the press reaction to the publication of the Young People's Survey
Education and Health
2008 26 (1): 3 - 5
Following press coverage of 2007 survey, correspondence played out in the media has led to schools, the police and the voluntary sector organisations considering how to help young people who are vulnerable with emotional problems.

**MOTHERS POSTNATAL DEPRESSION RESEARCH STRESS**

McConachie, Helen and others
Wellbeing of new mothers
Community Practitioner
2008 MAR  81 ( 3 ): 19 - 22
Study explored indicators of wellbeing and the parenting problems associated with a new baby.

**MULTIPLE SCLEROSIS HEALTH CARE ASSISTANTS HEALTH VISITORS**

Swan, Julie
Multiple sclerosis part 2: feeding problems
British Journal of Healthcare Assistants
2008 MAY  2 ( 5 ): 221 - 225
This is the second in a series of articles on multiple sclerosis (MS). This article focuses on difficulties faced by people with MS with feeding. These problems can be tackled in a variety of ways and the article considers and explains these solutions.

**NURSE PRESCRIBERS CLINICS MENTAL HEALTH**

Leppard, Jill
Running a clozapine clinic: considerations and challenges
Nurse Prescribing
2008 APR  6 ( 4 ): 162 - 167
This article demonstrates the role of a nurse prescriber, within mental health, facilitating a nurse-led prescribing clinic.

Salama, Rasha
Calcium channel blockers: uses and prescribing rationale
Nurse Prescribing
2008 APR  6 ( 4 ): 168 - 172
This article provides an overview of the mode of action of calcium channel blockers, adverse effects, drug interactions and patient contraindications for their clinical use.

Dopson, Amy
Confidence and competence in paediatric drug calculations
Nurse Prescribing
2008 MAY  6 ( 5 ): 208 - 214
This article aims to reassure nurse prescribers of their competence in drug calculations and support specifically those nurses with an adult nursing background, who prescribe and administer medications to children within the remit of their advanced practice role.

Courtenay, Molly; Carey, Nicola
The prescribing practices of nurse independent prescribers caring for patients with diabetes
Practical Diabetes International
Results illustrate the need for appropriate specialist knowledge and access to continuing professional development in order to prescribe for diabetic patients.

**NURSES DIAGNOSIS EMERGENCY MEDICAL CARE SKILLS**

Hunt, Louise  
Why NHS Direct is more than a call centre  
Nursing Times  
2008 APR 15  104 (15): 16 - 18  
Explains why nurses at NHS Direct need to have the knowledge, experience and skills required for critical care nursing.

**NURSING**

Shebini, Neva  
Improving patient awareness of named nursing through audit  
Nursing Times  
2008 MAY 27  104 (21): 30 - 31  
The paper reports an audit of patient awareness of their named nurse, in a mental health setting. The findings are discussed with suggestions for improvements to future practice.

**NUTRITION CORONARY HEART DISEASE**

Jefferson, Angie  
Nutritional management of coronary heart disease  
Journal of Community Nursing  
2008 MAY 22 (5): 28 - 30  
Reviews recent developments in dietary management of CHD highlights major studies and outlines a practical approach to dietary change for the nurse practitioner.

**OBESITY CHILDREN PUBLIC HEALTH**

Greenway, Julie  
Childhood obesity: bringing children's rights discourse to public health policy  
Community Practitioner  
2008 MAY 81 (5): 17 - 21  
Childhood obesity is widely understood as a public health issue, but is not commonly understood from a legal perspective. This article explores the way in which a right-based approach could be used to articulate the issue of childhood obesity and provide a focus for the groups involved, directing each to meet the overall needs of children with policies that support their health and wellbeing.

**OLDER PEOPLE CONTINENCE EVALUATION QUALITY OF LIFE COMMUNITY NURSING**

Nazarko, L  
A guide to continence assessment for community nurses  
British Journal of Community Nursing  
2008 MAY 13 (5): 219 - 226  
This article explains how continence assessment enables the nurse to assess and treat continence issues and improve quality of life.
Owen, Tom  
Healthcare in care homes: a vision for improvement  
Journal of Community Nursing  
2008 MAY 22 ( 5 ): 10 - 14  
Discusses the health care needs of older people

OSTEOPOROSIS THERAPY WOMEN'S HEALTH

Munson, Eileen  
Prescribing in osteoporosis  
Nurse Prescribing  
2008 APR 6 ( 4 ): 146 - 152  
This article which is a clinical focus covers various ways to combat osteoporosis. NICE has recently evaluated therapies for secondary prevention of the disease and this article covers some of the risk factors and options.

PAIN MEDICINES PALLIATIVE CARE

Black, Catherine; Schofield, Pat  
Invasive procedures for the management of pain  
Journal of Community Nursing  
2008 MAY 22 ( 5 ): 4 - 8  
Discusses the use of a variety of drug delivery systems and aims to provide the relevant evidence base to influence practice

PALLIATIVE CARE PRIMARY HEALTH CARE

Ramachandran, Raja  
Palliative care in non-malignant disease: the challenges in primary care  
Practice Nurse  
2008 MAY 9th 35 ( 9 ): 44 - 49  
Discusses the role of primary care in Palliative Care

Russell, Sarah  
Policy and non-cancer palliative care  
Practice Nurse  
2008 APR 25th 35 ( 8 ): 42 - 47  
Discusses the palliative care policy for non-cancer patients

PARENTING SCHOOLS, NURSING

Day, Patricia  
Providing the best for our parents: a systematic review  
British Journal of School Nursing  
2008 MAY 03 ( 03 ): 125 - 132  
Parenting is inextricably linked with the wellbeing of all children and the incidence of children with emotional and behavioural difficulties is increasing. School nurses have an important role to play in parenting support, particularly with parenting interventions.

Sutton, Carole; Herbert, Martin
Five fruit and vegetables and five praises a day: the case for a proactive approach
Community Practitioner
2008 APR 81 (4): 19 - 22
This article sets out the case that practitioners can help children achieve good mental health by encouraging parents and those who care for children to give them a least 'five praises a day'

Bateson, Karen
Meeting expectations: the pilot evaluation of the Solihull Approach Parenting Group
Community Practitioner
2008 MAY 81 (5): 28 - 31
This article describes the development of the Solihull Approach Parenting Group and the results of its first large-scale pilot evaluation. The results show and improvement in child behaviour and reductions in parental anxiety

Cox, Paula
Assessing the impact of a first-time parenting group
Nursing Times
2008 MAY 27 104 (21): 32 - 33
This study evaluated a health visitor-led first-time parent group and its impact on the well-being of those who attended.

PATIENT EDUCATION FOOT HEALTH DIABETES

Leese, Graham P
Health warning: holidays and feet
Practical Diabetes International
2008 MAY 25 (4): 130 - 130

Pickin Rachel and others
Attempts to prevent holiday-related diabetic foot ulceration
Practical Diabetes International
2008 MAY 25 (4): 144 - 146
Evidence from case histories show that advice on prevention is heeded but not in a holiday situation

POSTNATAL DEPRESSION SCREENING

Mason, Linda; Poole, Helen
Healthcare professionals' views of screening for postnatal depression
Community Practitioner
2008 APR 81 (4): 30 - 33
Despite the widespread use of screening for postnatal depression using the Edinburgh Postnatal Depression Scale in England, little is know about the views of those healthcare professionals to administer it. This study aimed to address this, using a qualitative methodology to access the perceptions of HPs toward screening using this tool.

PRACTICE NURSING BLOOD PRESSURE TRAINING

Luckson, Manju
Taking Blood Pressure
Practice Nurse
2008 APR 35 (8): 19 - 22
This article suggests that as a BP management is simple to carry out it should be regarded as a routine check to be carried out on every patient. It is a training article and therefore shows guidelines to carry out this task.

Jarvis, Sarah
Prescribing choices in type 2 diabetes
Practice Nurse
2008 APR 35 (8): 23 - 26
This article reviews the evidence on the safety of the newer agents used to pursue aggressive HbA targets. The author feels that to minimise the serious complications of diabetes this treatment should continue.

PREGNANCY MIDWIFERY

McParlin, Catherine
Caring for women with nausea and vomiting in pregnancy: new approaches
British Journal of Midwifery
2008 MAY 16 (5): 280 - 285
Article discusses the care of women with nausea and vomiting in pregnancy. Traditional and alternative remedies by be of benefit together with ongoing information, advice, social, psychological and emotional support for this frequently occurring and often debilitating condition.

PREJUDICE OBESITY

Brown, Ian
Images of obesity
Community Practitioner
2008 MAR 81 (3): 14 - 15
Puts the case against reinforcing negative obesity stereotypes

PRIMARY CARE TRUSTS PATIENT CHOICE COMMISSIONING

Evans, Rebecca
Bradshaw warns PCTs: make the right choice
Health Service Journal
2008 APR 17 (:): 12 - 13
As free choice is extended to patients, minister Ben Bradshaw tells PCTs to make it work or suffer consequences

Crump, Helen
Commissioning network plans to beat NICE to drug appraisals
Health Service Journal
2008 MAY 01 (:): 4 - 5
In a 2 year pilot, the National Public Health Commissioning Network plans to offer quick assessments of new licensed treatments and avoid accusations of postcode lotteries

PSYCHIATRY MENTAL HEALTH MEDICINES
While the understanding of what psychiatric drugs do to the body remains so inadequate, they should not be used without good justification.

### RESEARCH LIVER DISEASES

**Hepatitis C testing recommended for anyone with a tattoo**

*Hepatitis Digest*

2008 JAN (123): 7 - 7

Reports on a study presented at an annual meeting of the American Ass for the study of liver diseases, which found that half the candidates had a tattoo.

**Homelessness increases risk of infection for injecting drug users**

*Hepatitis Digest*

2008 JAN (123): 7 - 7

Highlights the findings of the 2007 HPA report (www.hpa.org.uk/publications/PublicationDisplay.asp?PublicationID=105), "Shooting up: Infections among injecting drug users in the UK.

### Mapp, Taniya

**Understanding phenomenology: the lived experience**

*British Journal of Midwifery*

2008 MAY 16 (5): 308 - 311

This article details the use of Phenomenology as a research method which is to fully describe a person's lived experience of an event or experience.

### Burke, Valerie and others

**Changes in cognitive measures associated with a lifestyle program for treated hypertensives: a randomized controlled trial (ADAPT)**

*Health Education Research*

2008 APR 23 (2): 202 - 217

Cognitive changes predict behaviour change and may be mediators of change, and the strategies used in ADAPT may be applied to change behaviour in other at-risk groups.

### Thompson, Debbe and others

**Food, fun and fitness internet program for girls: influencing log-on rate**

*Health Education Research*

2008 APR 23 (2): 228 - 237

Describes a small American study which looked at the use of incentives to recruit at-risk girls and have them continually access an internet-based obesity prevention programme.

### Desousa, Carol and others

**School policies and binge drinking behaviours of school-aged children in Wales - a multilevel analysis**

*Health Education Research*

2008 APR 23 (2): 259 - 271

Study suggests that written school policies are associated with lower likelihood of frequent binge drinking among boys.

### Milton, Beth and others
Data from the Liverpool Longitudinal Study of Smoking (LLSS) shows that a broad range of intervention measures are required to prevent the uptake of smoking by children.

Vijgen SMC and others
Cost-effectiveness analyses of health promotion programs: a case study of smoking prevention and cessation among Dutch students
Health Education Research
2008 APR 23 (2): 310-318
Analyses presented show that the school programme to prevent smoking is cost-effective, but specific information is lacking because health promoters evaluate the process of implementation as opposed to future savings in healthcare costs.

Blenkharn, J I
Clinical wastes in the community: Local authority management of clinical wastes from domestic premises
Public Health
2008 MAY 122 (5): 526-531
Study audited websites of local authorities in the UK and found that clinical waste collections from domestic premises were inadequate and probably unsafe.

RESPIRATORY DISORDERS REHABILITATION PATIENT EDUCATION QUALITATIVE RESEARCH
Denn, Deirdre
Patient experiences of pulmonary rehabilitation
Nursing Times
2008 MAY 20th 104 (20): 32-33
This qualitative study used focus groups to explore patients' understanding and expectations before, and their experiences after, attending a pulmonary rehabilitation programme.

RESPIRATORY TRACT DISEASES HYGIENE
Warren, Ed
ENT in primary care: part 3 - Upper respiratory tract infection
Practice Nurse
2008 APR 25th 35 (8): 36-39
Discusses the common cold, how to treat it and strategies to help reduce transmission.

SCREENING CARDIOVASCULAR DISEASES LONG TERM CONDITIONS PRIMARY HEALTH CARE
Hairon, Nerys
Vascular screening programme moves focus to early prevention
Nursing Times
2008 APR 15 104 (15): 19-20
Reports on the DH plans for primary care screening of all people aged 40-74 in 2009-10.
SELF CARE LONG TERM CONDITIONS PATIENTS

Hairon, Nerys
Core principles on self-care increase patient responsibility
Nursing Times
2008 MAY 13th 104 (19): 19 - 20
The government has launched new guidance to highlight the importance of nurses supporting patients in taking joint responsibility for their health.

SELF HARM ADOLESCENCE

Hairon, Nerys
Survey finds worrying number of young people self-harm
Nursing Times
2008 MAY 6th 104 (18): 23 - 24
New survey findings suggest that self-harm among adolescents, especially young girls, is an increasing problem.

SEX EDUCATION SCHOOL HEALTH PROMOTION SEXUAL HEALTH YOUNG PEOPLE

Learner, Sue
Peer Power
Children and Young People Now
2008 MAY 21st (): 22 - 23
Involvement of young people in sex education is emerging as an important theme in the government review into teaching the subject in schools

SEXUAL HEALTH YOUNG PEOPLE PRIMARY CARE TRUSTS

Jones, Zena
Doncaster College 'Hub': Evaluating the drop-in sexual health service
Education and Health
2008 26 (1): 6 - 7
The major barrier of motivating students to participate remains, but the limited success could be built on.

Emmerson, Lucy
On-site sexual health services in further education are the norm
Education and Health
2008 26 (1): 10 - 11
Most appear to have on-site sexual health services, but since it was based on voluntary return of the survey, it may have resulted in over-reporting by those with provision

Cater, Suzanne
The Teens and Toddlers programme: Youth development and teenage pregnancy prevention programme
Education and Health
2008 26 (1): 12 - 13
Study reveals that the programme has been effective in influencing young people by focusing on sexual health and behaviour, and has resulted in reducing teenage pregnancies
Explores the physical and psychosocial issues and highlights the importance of holistic nursing care

Discusses the progestogen-only pill or mini-pill as an effective contraceptive choice for women

Results were communicated to participants by text, phone or email, with one-off treatment provided at college, and the PCT follow-up survey revealing the need for screening days

Describes some of the most common skin and nail infections encountered in primary care

Results suggest that radon risk is an inexpensive way to engage smokers to reduce smoking in the home and progress on to stop smoking
SMOKING CESSATION SMOKING HEALTH PROMOTION PUBLIC HEALTH

O’Connell, Nicola
Smoking cessation the ongoing challenge
Nurse Prescribing
2008  APR   6 ( 4 ): 142 - 144
This article is a news analysis on No Smoking Day. The article covers a new study showing it is never too late, products and the support that is available.

TEENAGE PARENTS EMOTIONS EDUCATION

Johnson, Alison
Girls matter and so do boys: Emotional literacy - The way forward
Education and Health
2008  26 ( 1 ): 18 - 18
Explains how workshops developed by AJ Consultancy could raise the awareness of issues of parenting in disaffected young people

TERMINAL CARE ENVIRONMENT

Hairon, Nerys
Steps to improve the physical setting of end-of-life care
Nursing Times
2008  MAY 27   104 ( 21 ): 23 - 24
The article reviews the work and recommendations of pilot schemes in improving end-of-life settings as part of the Kings Fund "Enhancing the Healing Environment" project

THROMBOSIS DISTRICT NURSES HIP DISORDERS PRACTICE NURSING

Machine, Samuel
Extended treatment is needed to prevent VTE in post-surgical patients
Guidelines in practice
2008  APR  11 ( 4 ): 41 - 46
The writer discusses the implications for primary care of NICE recommendations on long-term prophylaxis for venous thromboembolism after hip surgery.

TRAINING EDUCATION PALLIATIVE CARE HEALTH CARE ASSISTANTS

De Caestecker, Sharon
Building firm foundations in palliative and supportive care
British Journal of Healthcare Assistants
2008  MAY   02 ( 05 ): 253 - 256
Support workers are key to the delivery of palliative and supportive care and their role has evolved in recent years often meaning that support staff are delivering direct care which was once the domain of the registered practitioner. The article gives details of an exciting new education programme, foundation degree in health and social care (palliative and supportive care)

WELLBEING PUBLIC HEALTH
Wales and Scotland are finding the notion of wellbeing can unite multiple policy communities.

**WOUND HEALING**

Hampton, Sylvie
Understanding the pH balance in wound healing
Journal of Community Nursing
2008 MAY 22 ( 5 ): 34 - 38
Gives an overview of the science of pH balance in wound management

Benbow, Maureen
Managing cavity wounds in primary care
Practice Nurse
2008 MAY 9th 35 ( 9 ): 26 - 29
Managing patients with chronic wounds can be long-term, but an appropriate choice of dressing or therapy should support healing.