08/Jul/2008

To:- Current Awareness

AGEING SKIN DISORDERS OLDER PEOPLE

Davies, Ann
Management of dry skin conditions in older people
British Journal of Community Nursing
2008 JUN 13 ( 6 ): 250 - 257
This article examines the physiological changes that occur in the skin with advancing age that make it more prone to dry skin conditions.

ALLERGIES GENERAL PRACTICE DIAGNOSIS

Cross, Sue
Managing seasonal allergies
Nurse Prescribing
2008 JUN 6 ( 6 ): 241 - 244
Lists common allergens and explains how to recognize, diagnose, manage and treat allergic rhinitis and related symptoms

Morris, Adrian
Prescribing in allergic rhinitis
Practice Nurse
2008 MAY 23 35 ( 10 ): 31 - 34
Describes when topical or oral antihistamines and intranasal corticosteroids are required

Griffiths, Matt
Emergency treatment of anaphylaxis: implications for nurses
Primary Health Care
2008 MAR 18 ( 2 ): 14 - 15
Outlines the new guidelines on the treatment of anaphylactic reactions

AMBULANCE SERVICES EMERGENCY MEDICAL CARE HEALTH INEQUALITIES

Kendall, Liz
Ambulance Service - Radical ideas can keep service out of casualty
Health Service Journal
2008 JUN 26 (): 14 - 15
The new director of the Ambulance Service Network says the services' impact can extend beyond emergency care and reduce inequalities

ASTHMA CLINICAL GUIDELINES MEDICINES

Cochrane, Doreen
Local audit on use of inhaled corticosteroids benefits asthma patients
An audit of asthma patients in a London practice reviewed the appropriateness of their medication in line with the British Thoracic Society/Scottish Intercollegiate Guidelines Network guideline and led to an Asthma Award 2007.

Upton, Jane
Complementary therapies for asthma
Practice Nurse
Advice and information to help the practice nurse discuss with patients the use of complementary therapies in the management of asthma

Iley, Karen
The impact of asthma on children's lives: a social perspective
Primary Health Care
2007 OCT  17 ( 8 ): 25 - 29
Explores the social factors affecting the lives of young people with asthma

BLACK AND MINORITY ETHNIC GROUPS DIABETES CHOLESTEROL

Bellary, Srikanth; Barnett, Anthony
Diabetes and CVD in South Asians
Journal of Diabetes Nursing
2008  12 ( 6 ): 226 - 233
Literature review with a discussion of the implications of the UK Asian Diabetes Study for improving care

Thomas, Nicky
Hypertension and diabetes in minority ethnic populations
Primary Health Care
2008 MAY  18 ( 3 ): 25 - 30
Reports on a study into healthcare professionals' perceptions of the health needs of people from black and minority ethnic populations with hypertension and diabetes in an inner city borough

BOWEL DISORDERS

Foxley, Susan
An overview of bowel care: constipation
British Journal of Healthcare Assistants
2008 JUN  02 ( 06 ): 266 - 270
Caring for patients who experience constipation is a common feature of clinical nursing practice. The term constipation can mean different things to different people. The article addresses bowel function and the causes and treatments of constipation

CANCER DIGESTIVE TRACT DISEASES SCREENING HEALTH INTERVENTIONS

Brouse, Corey H
The RESPECT approach to tailored telephone education
Health Education Journal
The objective of the RESPECT approach to tailored telephone education (TTE) is described. This approach was shown to be highly effective through a randomized intervention trial for increasing the rate of colorectal cancer screening.

Mellor, Jenny; Barradell, Emma
Cancer Care: improving the patient experience
Primary Health Care
2008 MAY 18 (3): 14 - 16
Pinpoints the improvements needed in co-ordinating patient care for cancer patients

CASE MANAGEMENT LONG TERM CONDITIONS SELF CARE
Toofany, Swaleh
Where are the cases?
Primary Health Care
2008 APR 18 (3): 36 - 39
Examines the latest tools for case finding and managing people with chronic disease

CERVICAL CANCER SCREENING IMMUNISATION
Hughes, Cathryn
Cervical cancer and the HPV vaccination
Primary Health Care
2008 JUN 18 (5): 25 - 29
Gives an overview of the human papillomavirus immunisation programme and cervical screening

CHILD ABUSE PUBLIC HEALTH RISK ASSESSMENT
Coles, Lisa
Prevention of physical child abuse: concept, evidence and practice
Community Practitioner
2008 JUN 81 (6): 18 - 22
To identify when preventive action is required, an understanding of the risk, and results of intervention are necessary.

CHILD BEHAVIOUR DISORDERS CHILD & ADOLESCENT PSYCHIATRY MENTAL HEALTH
Parsons, Emma
Beating the blues in Chelsea
Community Care
2008 MAY 29th (1724): 22 - 23
Young people with psychological problems who are beyond the help of their GP are finding intensive help at a west London centre.

CHILD PROTECTION DEATH
Taylor, Amy
Child deaths - the bigger picture
New regional panels of experts have been set up to review the deaths of all children in a bid to learn more about patterns and inform preventive policies.

**CHILDREN CARE SOCIAL DISADVANTAGE**

Wigfall, Valerie
Young people in care spell out their needs
Community Care
2008 JUN 5th (1725): 24 - 25
Young people with experience of the care system asked members of their peer group what would make a difference to their lives and outcomes. The findings are reviewed.

Brunt, H
Childhood overweight and obesity: is the gap closing the wrong way?
Journal of Public Health
2008 JUN 30 (2): 145 - 152
Obesity is a significant public health issue. Obese children have an increased risk of developing chronic adult diseases. Knowledge of socio-economic distribution trends in childhood overweight/obesity is limited.

**CHRONIC AIRWAYS DISEASE TELECARE COMMUNITY CARE**

Davey, Julia
How collaborative care is becoming a reality in COPD management
Primary Health Care
2007 NOV 17 (9): 36 - 39
Shows how the use of innovative technology has enabled multidisciplinary teams deliver COPD care in patient's homes.

Lakasing, Edin; Tester, Melanie
Worsening breathlessness in a patient with congestive cardiac failure
Primary Health Care
2008 MAR 18 (2): 38 - 38
Uses a case study to illustrate issues relating to the assessment and diagnosis of COPD in nurse-led clinic.

Booker, Rachel
The Primary Care Face of COPD
Primary Health Care
2008 JUN 18 (5): 37 - 47
Chronic obstructive pulmonary disease is an important, long term condition that places burdens on patients, carers and the health service. Early diagnosis and appropriate, holistic, long-term continuity of care are key to reducing the burden of COPD and enabling patients and carers to achieve the best possible quality of life, from diagnosis to end of life care.

**CLINICAL GUIDELINES LONG TERM CONDITIONS NICE**

Parnham, Jill
Chronic conditions guidelines: an introduction
Examines how guidance is created and what makes it relevant

**COMMUNICATION RESEARCH HEALTH**

Hawkins, Robert P
Understanding tailoring in communicating about health
Health Education Research
2008 JUN 23 (3): 454-466
Tailoring aims to enhance the relevance of the information presented and thus to produce greater desired changes in response to the communications. This paper seeks to explicate tailoring to help focus future research.

**COMMUNITY MATRONS TRAINING PRIMARY HEALTH CARE**

Board, Michele; Symons, Mel
Community matron role development through action learning
Primary Health Care
2007 OCT 17 (8): 19-22
Explores the benefits of an action learning group in developing the community matron role

**COMPLEMENTARY MEDICINE ALLERGIES NUTRITION**

Shan, Yaso
Adverse reactions to food
Primary Health Care
2007 DEC 17 (10): 25-29
Shan, a medical herbalist, discusses food sensitivities and gives practical advice on addressing some of the symptoms

**CONSENT LAW CHILDREN CONFIDENTIALITY**

Griffith, Richard
Assessing decision-making capacity: children under 16
Nurse Prescribing
2008 JUN 6 (6): 266-269
Considers the test for decision making capacity for children under 16

**CORONARY HEART DISEASE PHYSICAL ACTIVITY PSYCHOSOCIAL FACTORS**

Piperidou, E; Bliss, J
An exploration of exercise training effects in coronary heart disease
British Journal of Community Nursing
2008 JUN 13 (6): 271-277
The aim of this review was to explore the effects of exercise training on physical and psychosocial function among CHD patients

**DEMENTIA INTERPERSONAL SKILLS**
Hairon, Nerys
Improving communication skills in care of those with dementia
Nursing Times
2008 JUN 10th 104 (23): 19 - 20
The projected increase in the incidence of dementia highlights the importance of good communication skills and person-centred care for this group.

**DENTAL & ORAL HEALTH DIGESTIVE TRACT DISEASES**

Peate, Ian
Body fluids: components and disorders of saliva
British Journal of Healthcare Assistants
2008 JUN 02 (06): 271 - 273
Saliva is an essential body fluid which plays a key role in the digestion process, kick-starting the functioning of the gastrointestinal tract. Saliva also helps to maintain healthy oral tissues and without it, diseases and infections of the mouth can occur.

**DIABETES EMERGENCY MEDICAL CARE NUTRITION**

Hayes, Mary
Management of hypoglycaemia unawareness in type 1 diabetes: A review
Journal of Diabetes Nursing
2008 12 (6): 234 - 238
Highlights the importance of clinical care and structured patient education in managing and preventing hypoglycaemia

Hairon, Nerys
Managing type 2 diabetes with emphasis on patient education
Nursing Times
2008 JUN 3rd 104 (22): 17 - 18
Revised NICE guidance argues that providing education to patients is a key aspect of diabetes management. Article finds out more about the recommendations.

Barnard, Katharine D; Skinner, T Chas
Cross-sectional study into quality of life issues surrounding insulin pump use in type 1 diabetes
Practical Diabetes International
2008 JUN 25 (5): 194 - 200
Study found that individuals using continuous subcutaneous insulin infusion reported better QoL than those managing their diabetes using multiple daily insulin injections

Chee, Carolyn; Olczak, SA
Diabetes vignette - A Prade-Willi tricky situation
Practical Diabetes International
2008 JUN 25 (5): 192 - 192
Brief description of unusual diabetes-related cases. Describes a case where a young lady with Prader-Willi presented following a fall

Thomas, Stephen; Leveridge, Maria
Diabetic gastroparesis
Practical Diabetes International
2008 JUN 25 (5): 201 - 206
Covers epidemiology, clinical presentation, pathophysiology, diagnosis and treatment

**DIAGNOSIS DEMENTIA DEPRESSION**

Buck, Alyson  
Mental health - Dementia and the practice nurse  
Practice Nurse  
2008 MAY 23  35 ( 10 ): 13 - 17  
Looks at the nature of dementia and how the practice nurse can support sufferers and their families following diagnosis

Hickin, Lesley  
Managing skin and nail infections  
Practice Nurse  
2008 MAY 23  35 ( 10 ): 19 - 21  
Includes a list of questions for determination of the dermatological history, tests and interpretation of results, and FAQs

**DIGESTIVE TRACT DISEASES CANCER SCREENING**

Mowat, Emma; Jupp, Miriam  
Bowel cancer screening: the story so far  
Primary Health Care  
2008 APR  18 ( 3 ): 25 - 29  
Discusses the bowel cancer screening programmes in place across the UK and the impact they are having on detecting the disease

**DISABILITIES CHILDREN QUALITY OF LIFE FAMILY SUPPORT**

Franklin, Louise  
Striving for an ordinary life: making disabled children a new priority  
Journal of Family Health Care  
2008  18 ( 3 ): 83 - 85  
Reviews the progress being made towards making disabled children a new priority, with enough support to lead ordinary lives.

**DYSPHAGIA NUTRITION TEAMWORK**

Nazarko, Linda  
Clinical management of dysphagia in primary care  
British Journal of Community Nursing  
2008 JUN  13 ( 6 ): 258 - 264  
This article looks at a common clinical problem: dysphagia. A multidisciplinary approach is outlined to tackle swallowing difficulties in practice.

**EATING DISORDERS VIOLENCE ABUSE**

Piran, Niva  
A study of the adverse social experiences model to the development of eating disorders  
International Journal of Health Promotion and Education
The present study tests the Adverse Social Experiences model to the development of eating disorders. The model proposes that experiences related to violations of body ownership, and experiences of exposure to prejudicial treatment, exert a direct influence on the development of disordered eating patterns.

ECZEMA QUALITY OF LIFE MEDICINES

Robinson, Jean
Managing atopic eczema in childhood: the health visitor and school nurse role
Community Practitioner
2008 JUN 81 ( 6 ) : 25 - 28
Includes diagnosis, assessment, trigger factors, treatment, infections, diet, and difficulties at school, as well as a case study

EDUCATION TEAMWORK COMMUNITY NURSING

Bowers, Ben; Bottiglieri, Tony
The value of a staff nurse forum in meeting the local needs of a district nursing service
Primary Health Care
2007 OCT 17 ( 8 ) : 34 - 38
Describes an innovative forum which resulted in the best use of group clinical supervision and joint educational sessions

ELDERLY OLDER PEOPLE REHABILITATION RANDOMISED CONTROLLED TRIALS DEPRESSION

Ollonqvist, Kirsi
Alleviating loneliness among frail older people - Findings from a randomised controlled trial
International journal of Mental Health Promotion
2008 MAY 10 ( 2 ) : 26 - 34
The objective of this study was to determine the effects of a new rehabilitation model on loneliness among frail older people. A total of 708 community-dwelling people ages 65+ years with progressively decreasing functional capacity participated.

ENURESIS CHILDREN MEDICINES

Weaver, Anne; Dobson, Penny
Managing bedwetting (nocturnal enuresis)
School Health
2008 4 ( 2 ) : 27 - 30
How children can be helped to manage nocturnal enuresis and stay away from home confidently

FAMILY PRACTICE HEALTH GAIN PHYSICAL ACTIVITY

Daley, Amanda J
'Doctor, how much physical activity should I be doing?' : how knowledgeable are general practitioners about the UK Chief Medical Officer's (2004) recommendations for active living to achieve health benefits?
**FOOD AND NUTRITION CHILDREN SCHOOLS PARENTS**

Warren, Emily and others

'If I don't like it then I can choose what I want': Welsh school children's accounts of preference for and control over food choice

Health Promotion International

2008 JUN 23 ( 2 ): 144 - 151

All participants preferred unhealthy food even with awareness of health consequences, and food providers need to supply healthy options and encourage informed choice at a young age

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**FOOD SAFETY HYGIENE EDUCATION HEALTH PROMOTION SCHOOLS TEACHING METHODS**

Egan, M.B

Food hygiene education in UK secondary schools: A nationwide survey of teachers' views

Health Education Journal

2008 JUN 67 ( 2 ): 110 - 120

A nationwide survey of teachers investigated the teaching of food hygiene in UK secondary schools. Previous studies have focused on effective strategies in consumer food hygiene training but there is little research focusing on school-based education.

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**HEALTH CARE ASSISTANTS SELF CARE QUALITY OF LIFE HOME CARE**

Hewitt-Taylor, Jaqui

Supporting people in their homes

British Journal of Healthcare Assistants

2008 JUN 02 ( 06 ): 294 - 296

An increasing number of people need assistance to enable them to live at home. Healthcare assistants often provide the majority of their everyday support, and strongly influence their quality of life and so it is important to have a good understanding of the fundamental needs and expectations of the people they care for.

Neville, Lillian

Tips for learning part 2: medical terminology

British Journal of Healthcare Assistants

2008 JUN 02 ( 06 ): 297 - 300

This article aims to take the mystery out of medical terminology, to give a better understanding of it and provides tips to help learn this new vocabulary enabling confidence to use it in working life

Edge, Paula

Healthcare assistants: improving end-of-life care

British Journal of Healthcare Assistants

2008 JUN 02 ( 06 ): 305 - 307

This article describes the conception, development and importance of healthcare assistant role in providing end of life care to residents in a care home environment
**How to assess competence levels of healthcare assistants**

Brain, Lizzie; Roberts, Maggie

Primary Health Care

2008 MAY 18 (3): 36 - 40

Describes how they developed a document and assessment tool for healthcare assistants in general practice.

**HEALTH EDUCATION HEALTH PROMOTION**

Whittingham, Jill R.D

Designing effective health education materials: experimental pre-testing of a theory-based brochure to increase knowledge

Health Education Research

2008 JUN 23 (3): 414 - 426

The aim of this study is to demonstrate the usefulness of developing health education materials with a theoretical and empirical research basis.

**HEALTH INTERVENTIONS SCHOOL HEALTH PROMOTION SMOKING PEER EDUCATION ADOLESCENCE**

Audrey, Suzanne

Commitment and compatibility: Teachers’ perspectives on the implementation of an effective school-based, peer-led smoking intervention

Health Education Journal

2008 JUN 67 (2): 74 - 90

Although current UK policy argues that schools have a key role in raising health standards, emphasis on the core curriculum restricts teachers’ opportunities to undertake health promotion activities. Here we consider teachers’ perspectives of an effective peer-led, school-based smoking intervention, implemented by external trainers.

**HEALTH PROMOTION CASE STUDIES**

Kane, Kay

Case-finding in the community: the results 2

British Journal of Community Nursing

2008 JUN 13 (6): 265 - 269

The case-finding in the community project was built upon the established relationship between district nursing and the local community of East Belfast. This article delivers the results of the project.

Bergsma, Lynda J

Effectiveness for health-promoting media literacy education: a systematic review

Health Education Research

2008 JUN 23 (3): 522 - 542

The findings of a systematic review on the effectiveness of health promoting media literacy education to promote health among youth

**HEART DISEASES CIRCULATORY DISEASES**

Speding, Irene

The management of chronic oedema
Give a brief overview of a case study involving a lady with chronic oedema

HOMELESS PEOPLE HEALTH SERVICES MENTAL HEALTH

Tansley, Kate
Homelessness: a way forward for nurses
Primary Health Care
2008 FEB 18 (1): 16 - 18
Outlines the issues facing nurses working with homeless people and details of an initiative to improve care provision

HOSPITAL ADMISSION FOOD AND NUTRITION SCREENING

Mc Williams, Bernadette
Assessing the benefits of a malnutrition screening tool
Nursing Times
2008 JUN 17 104 (24): 30 - 31
Study shows that all patients should be screened for malnutrition on admission with prompt referrals to dietetic departments if necessary

HOSPITALS CARDIOVASCULAR DISEASES MEDICAL EQUIPMENT

Pringle, Stuart and others
Taking cardiac care to the community
Primary Health Care
2007 NOV 17 (9): 12 - 13
A hospital team describe their project and the benefits of targeted cardiac care

INFANT FEEDING (incl. Weaning) INFANT NUTRITION

Lowdon, Jacqueline
Nutrition under six months: components of infant milk
British Journal of Midwifery
2008 JUN 16 (6): 398 - 400
This article outlines the components of infant milk with an explanation of the benefits

INFANTS LIVER DISORDERS

Tizzard, Sarah
Yellow Alert! How to identify neonatal liver disease
Journal of Family Health Care
2008 18 (3): 98 - 100
Jaundice is common in newborns but midwives, health visitors and GPs need to be able to spot the rare, potentially fatal case of liver disease and refer on immediately. Explains how the Yellow Alert campaigns materials can assist.

INFECTION CONTROL ENVIRONMENTAL HEALTH

Bloomfield, Sally
Superbugs: managing the risks
Practice Nurse
2008 JUN 6th 35 (11): 24 - 26
By considering transmission routes, people in the community can prevent the spread of problem pathogens and minimise the risk of infection.

INFORMATION TECHNOLOGY INTERNET WEIGHT MANAGEMENT NUTRITION EDUCATION PHYSICAL ACTIVITY

Booth, Alison O
Evaluation of an interactive, Internet-based weight loss program: a pilot study
Health Education Research
2008 JUN 23 (3): 371 - 381
The Internet can access a large number of consumers in a more cost-effective manner than other information delivery channels. In this pilot study, they assessed whether an online weight reduction program including dietary advice plus exercise was more effective in reducing weight than an exercise-only program.

Al-Shammary, Noor and others
Internet use before consultation with a health professional
Primary Health Care
2007 DEC 17 (10): 18 - 21
Reports on how much and why patients use the internet and the effect on clinician-patient relationships.

KIDNEY DISEASES PALLIATIVE CARE

Noble, Helen
Assessing palliative care needs in end-stage kidney disease
Nursing Times
2008 JUN 10th 104 (23): 26 - 27
This article outlines the various issues that need to be considered in providing palliative care for patients with stage 5 chronic kidney disease. The importance of good symptom management in end-stage disease is emphasised, as well as ensuring that patients have the opportunity to discuss their wishes regarding end-of-life care.

Crowe, Emily
The NICE way to manage anaemia of chronic kidney disease
Primary Health Care
2008 JUN 18 (5): 31 - 34
Highlights key recommendations from the NICE guideline on anaemia management in chronic kidney disease that are most relevant to primary health care professionals and uses a case study to illustrate how these recommendations can be implemented.

LAW CONSENT MENTAL HEALTH PATIENTS' RIGHTS

Forsyth, Laura
The Mental Capacity Act: what you need to know
Primary Health Care
2007 NOV 17 (9): 32 - 35
Forsyth, a solicitor, explains the major points of the Mental Capacity Act 2005 which became law on 1 October 2007.
LIFESTYLE CORONARY HEART DISEASE PHYSICAL ACTIVITY NUTRITION HEALTH INTERVENTIONS

Peerbhoy, D
Success and challenges of a community healthy lifestyles intervention in Merseyside (UK) to target families at risk from coronary heart disease
Health Education Journal
2008 JUN 67 (2): 134 - 147
The objective of this study was to document the lifestyle health impacts (activity, diet and physiological), along with the operational success and challenges, of a programme for families presenting one or more coronary heart disease risk factor.

LONG TERM CONDITIONS CANCER PATIENT CHOICE

Hoban, Victoria
Providing cancer care at home
Nursing Times
2008 JUN 17 104 (24): 18 - 19
Report on a pioneering outreach oncology service set up by an NHS trust in partnership with Healthcare at Home, a national company

MANAGEMENT EMPLOYMENT QUALITY STANDARDS

Santry, Charlotte
Failed, fired but not yet fixed: the new realities
Health Service Journal
The Department of Health document sets out a timetable for dealing with underperformance, manager dismissal and takeovers by private firms, but will replacements result in improvements

Performance - Assure thing
Health Service Journal
Looks at the Dept of Health quality assurance system which helps clinicians and managers achieve their targets, and enable PCTs to improve commissioning

MEDICINES FALLS EAR

Warren, Ed
ENT in primary care: part 4 - Vertigo
Practice Nurse
2008 MAY 23 35 (10): 36 - 41
Gives a nurse triage protocol for a patient suffering dizziness, common causes and treatment

Saha, Romi
Migraine management
Prescriber
2008 JUN 19 19 (12): 35 - 37
Dr Saha, a consultant neurologist, answers GP, Dr Kenny's questions on the diagnosis and treatment of migraine with comments on 2 case histories
Chaplin, Steve
NSAIDs: their cardiovascular and gastrointestinal safety
Prescriber
2008 JUN 19 19 ( 12 ): 40 - 42
Summarises the National Prescribing Centre's recommendations on the risks associated with selective and nonselective NSAIDs

Cullington, Damien and others
Beta-blockers in the treatment of cardiovascular disease
Prescriber
2008 JUN 5 19 ( 11 ): 31 - 38
Drug review considers the properties of beta-blockers and their role in various cardiovascular conditions

Fox, Adam and others
Diagnosis and treatment options for allergic rhinitis in children
Prescriber
2008 JUN 5 19 ( 11 ): 45 - 50
Describes the impact of allergic rhinitis in children, with treatment options and practical advice for successful management in primary care

MEN'S HEALTH MENTAL HEALTH DEPRESSION

MacDonald, Pat
Mental Health - Problems in Men
Practice Nurse
Describes how to recognise and address the signs of mental health problems such as depression

MENTAL HEALTH SCHOOLS EDUCATION

Hunt, Scott
Raising awareness of mental health in school children
Nursing Times
2008 JUN 24 104 ( 25 ): 32 - 33
Study found that provision for mental health education is made both in the curriculum and pastorally with emphasis on emotional rather than mental health education, and recommends further development to address mental health problems in children

Davis, Ann
Counting the Cost
Open Mind
2008 JUL ( 152 ): 6 - 7
The writer calls for a change of direction in mental health services by addressing the costs of poverty and debt.

Haddad, Mark and others
Cognitive behaviour therapy in primary care
Primary Health Care
2007 DEC 17 ( 10 ): 32 - 34
Discusses the importance of CBT and outlines the ways to provide it in primary care
MULTIPLE SCLEROSIS NEUROLOGICAL DISEASES AND DISORDERS
REHABILITATION SELF CARE

Swann, Julie
Multiple sclerosis part 3: affects on daily life
British Journal of Healthcare Assistants
2008 JUN 02 ( 06 ): 275 - 278
This article provides an introduction to ways that healthcare staff can help with management of daily living tasks. MS is the most common cause of neurological disability in younger people and can start at an age when people are establishing careers and families.

NICE ARTHRITIS PATIENT CHOICE

Burke, Michael
New osteoarthritis guideline offers core treatment advice
Guidelines in practice
2008 JUN 11 ( 6 ): 21 - 32
Discusses the new NICE guideline which promotes inclusion of patients in the decision-making process

Hart, John
The active observation period for OME should be at least 3 months
Guidelines in practice
2008 JUN 11 ( 6 ): 37 - 47
NICE guideline on surgical management of otitis media with effusion in children highlights the tendency for natural resolution

Young, Adam
Current approaches to drug treatment in rheumatoid arthritis
Prescriber
2008 JUN 19 19 ( 12 ): 19 - 28
Drug review describes the available drug therapies, their mechanism, contraindications, toxicity, and action to take to address adverse effects

Rogers, Stephen
Management of atrial fibrillation: NICE guidance and its relevance to primary care
Primary Health Care
2008 MAY 18 ( 3 ): 31 - 35
Describes how the National Institute for Health and Clinical Excellence guidance on atrial fibrillation provides recommendations for good practice based on evidence of clinical and cost effectiveness

NURSE PRESCRIBERS HEALTH POLICY QUALITY IMPROVEMENT

Camp, Jane
Public policy implementation of nurse prescribing
Nurse Prescribing
2008 JUN 6 ( 6 ): 252 - 257
Reviews the process of implementation of nurse prescribing and the legislation from a Scottish perspective
NUTRITION INFANT NUTRITION CHILD NUTRITION

Learner, Sue
What should toddlers eat?
Children and Young People Now
Nursery food is 'too healthy' for toddlers, according to recent research. With childcare professionals facing conflicting advice and lack of official guidelines. Articles asks the experts what they would recommend

OBESITY CHILDREN ETHNIC GROUPS

Urrutia-Rojas, Ximena
Risk factors associated with obesity in children of different racial backgrounds
Health Education Journal
2008  JUN  67 ( 2 ): 121 - 133
The purpose of this study is to determine specific risk factors associated with obesity among African American, Hispanic and Caucasian children

OLDER PEOPLE HOUSING COMMUNITY CARE

Oldman, Joe
Future housing plans and funding for the care of older people
British Journal of Community Nursing
2008  JUN  13 ( 6 ): 280 - 283
The Government recently launched a housing strategy for older people, which promises more inclusive housing and community design

Potter, Charlotte
Dignity in health and social care
Journal of Community Nursing
2008  JUN  22 ( 6 ): 10 - 13
discusses how health and social care services can work collaboratively to meet the needs of older people

Day, Mary Rose; Leahy-Warren, Patricia
Self-neglect 1: Recognising features and risk factors
Nursing Times
2008  JUN  17  104 ( 24 ): 26 - 27
Part 1 describes the characteristics of self-neglect and how to identify those at risk, and distinguish between intentional and non-intentional neglect

Day, Mary Rose; Leahy-Warren, Patricia
Self-neglect 2: Nursing assessment and management
Nursing Times
2008  JUN  24  104 ( 25 ): 28 - 29
Part 2 discusses the nurses’ role in the identification and assessment of self-neglect

PAIN PATIENTS MEDICINES COMMUNITY NURSING

Shaw, Susan
When Community Patients need Opiates
Discusses the plight of patients in the community for whom access to health care seems to have become increasingly complex and frustrating

Warren, Ed
ENT in primary care: part 5 Ear pain
Practice Nurse
2008 JUN 20  35 ( 12 ): 35 - 37
Explores acute otitis media, the most common cause of ear ache

Dusova, Bohdana; Cseszarova, Monika
An overview of the quality of life of clients with chronic pain
Primary Health Care
Reports on a study in the Czech Republic on perceptions of quality of life of clients suffering chronic pain

PALLIATIVE CARE PAIN MEDICINES
Gishen, Faye and others
Opioid use in palliative care: available options and concerns
Prescriber
2008 JUN 5  19 ( 11 ): 18 - 29
Describes the available analgesic options and discusses the concerns of patients and doctors

PARENTING RESEARCH BEST PRACTICE POVERTY
Social Care Institute for Excellence
Proven practice - Poverty, parenting and social exclusion
Community Care
2008 JUN 12  ( 1726 ): 22 - 24
Recent research into parenting in poverty shows that their expectations are realistic; and personal respect and emotional support from social workers can alleviate the psychological impact of poverty and improve self-esteem

PARENTS REFUGEES SCHOOLS
Hunt, Louise
Good practice - Lessons in assimilation
Community Care
2008 JUN 12  ( 1726 ): 20 - 21
A school in Sheffield is piloting a mentor scheme which enables refugee parents to be involved in their children's education

PARKINSON'S DISEASE REFLECTION NICE
Parnham, Jill; MacMahon, Doug
Diagnosis and management of Parkinson's disease: what the NICE guidelines say, and why
Primary Health Care
2008 APR  18 ( 3 ): 31 - 35
Highlights the NICE guideline recommendations that inform best practice and encourage critical reflection among primary care and community health workers responsible for patients with Parkinson's Disease.

**PATIENT ASSESSMENT INFECTION CONTROL**

Bishop, Tina  
Urine testing  
Practice Nurse  
2008 JUN 20  35 (12): 18-20  
An overview of the procedure and the value of the information about a patient's condition.

**PHYSICAL ACTIVITY HEALTH PROMOTION INFORMATION TECHNOLOGY**

Smeets, Tamara  
Effects of tailoring health messages on physical activity  
Health Education Research  
2008 JUN 23 (3): 402-413  
Computer-tailored printed education can be a promising way of promoting physical activity. The present study tested whether computer-tailored feedback on physical activity is effective and whether there are differences between respondents with low and high motivation to change.

Blue, Carolyn; Black, David  
Readiness for physical activity in people at risk of diabetes  
Journal of Diabetes Nursing  
US study suggests that identifying the beliefs of people at each stage of readiness for change will help with physical activity interventions.

Henderson, Yvonne  
Respiratory disease - Pulmonary rehabilitation  
Practice Nurse  
2008 MAY 23  35 (10): 23-30  
Explores the role of pulmonary rehabilitation in the management of COPD.

Cavill, Nick  
Health on wheels  
Primary Health Care  
2007 DEC 17 (10): 12-13  
Shows how beneficial cycling is for health, and how nurses can encourage it.

**POISONING ENVIRONMENTAL HEALTH PUBLIC HEALTH**

Edwards, Marilyn  
Lead poisoning: a public health issue  
Primary Health Care  
2008 APR 18 (3): 18-20  
Lead poisoning is not a disease of the past and raises awareness of the signs, symptoms and consequences of lead toxicity needs.
Practitioners should ensure they are up to date with current legislation before prescribing controlled drugs, and as with all medicines should only prescribe within their own speciality and scope of competence.

The King's Fund has set out what will and won't work in the proposed reorganisation of primary care.

Overview of the use of corticosteroids in primary care for asthma and chronic obstructive pulmonary disease; includes routes of administration side-effects, and drug interactions.

Discusses survey results on how genetics affects the role of nurses in primary care.

A four year study of skill mix in primary care reveals support from patients, staff and managers for the developing role of practice nurses in general practice.

Looks at the proposals and gives the views of nurses.

Authors explain how and why they involved patients when developing a research proposal to understand why some patients miss appointments in primary care.
PRISONS PARENTS CHILD BEHAVIOUR DISORDERS

Abram, Faye; Linhorst, Donald
Effects on children of parents in jail
Community Care
2008 MAY 29th  (1724): 24 - 25
Reports on the research findings of the Social Care Institute for Excellence on the effects on children of parents in jail.

PRIVATE HEALTH CARE QUALITY IMPROVEMENT FINANCE

Farrington-Douglas, Joe
Service improvement - Why NHS must keep an eye on the other half
Health Service Journal
2008 JUN 26  (): 18 - 19
Private spending is no panacea for the public funding challenge, but it will make users demand a better service

PROSTATE CANCER SCREENING PATIENT INFORMATION

Williams-Piehota, Pamela
Health information styles among participants in a prostate cancer screening informed decision-making intervention
Health Education Research
2008 JUN 23 (3): 440 - 453
The purpose of this study was to assess the usefulness of a health information styles segmentation strategy in understanding audience subgroups. They examined the health information styles of men participating in a prostate cancer screening informed decision-making intervention and assessed intervention effects on men with distinct health information styles.

QUALITY STANDARDS INFECTION CONTROL NURSES

Mooney, Helen
Are modern matrons making a difference?
Nursing Times
2008 JUN 17  104 (24): 8 - 9
Matrons have a clear role to play in monitoring and improving standards of care, but the jury is out on whether they can be credited with a reduction in infection rates

RESEARCH PHYSICAL ACTIVITY HEALTH PROMOTION

Allender, Steven and others
Life-change events and participation in physical activity: a systematic review
Health Promotion International
2008 JUN 23 (2): 160 - 172
Review of papers 1977-2007 suggests that life change events affects participation in physical activity and requires further study

RESPIRATORY DISORDERS BRONCHITIS MEDICINES

Respiratory Nursing
Nursing Times
Supplement on Respiratory Nursing including Interpreting the language of breathlessness; the use of domiciliary oxygen therapy; nursing patients with bronchiectasis, part 1.

SCHOOL MEALS NUTRITION NUTRITIONAL DEFICIENCY

O'Brien, Melanie
School meals for better nutrition and bone health
Journal of Family Health Care
2008 18 (3): 103 - 105
Outlines the mandatory new standards for food served in schools in England and discusses how these will help pupils to meet their nutritional requirements

SCHOOLS INFECTION CONTROL INFLUENZA HYGIENE

Cleary, Vivien; Stocker, Karen
Infection: is your school prepared for an outbreak?
School Health
2008 4 (2): 18 - 20
Explains why school nurses should ensure that their schools have infection control procedures

Field, Vicky
Practical management of anaphylaxis in schools
School Health
Explains how to prevent allergic reactions and gives details of emergency treatment for anaphylaxis

SCREENING CORONARY HEART DISEASE LIFESTYLE RESEARCH

Maggs, Christopher; Fox, Julie
Impact of a coronary heart disease screening programme
Primary Health Care
2007 DEC 17 (10): 14 - 17
Reports on an evaluation of a programme to change lifestyle following CHD screening

SELF CARE PATIENT PARTICIPATION LIFESTYLE

Salaman, Rachel
Self care: making a difference
Primary Health Care
2008 FEB 18 (1): 14 - 14
Outlines the new self care resources available to health professionals and patients

SEXUAL HEALTH TEENAGE PREGNANCY WALK IN CENTRE

Duffin, Christian
Tackling teenage pregnancies in walk-in centres and midwifery units
Primary Health Care
2008 FEB 18 (1): 20 - 22
How sexual health nurses created an innovative programme of referral to walk-in centres and midwifery units to help reduce teenage pregnancies

SEXUALLY TRANSMITTED INFECTIONS HIV & AIDS HEALTH SERVICES
Keefe, Alison
Development of nurse-led clinics in genitourinary medicine
Nurse Prescribing
2008 JUN 6 (6): 246 - 250
Explores the issues related to nurse-led GUM clinics and explains how they can be a cost-effective way of extending the service

SHELTERED ACCOMMODATION HOUSING PARTNERSHIP WORKING
Parry, Imogen
sheltered housing: building bridges between nurses and housing staff
British Journal of Community Nursing
2008 JUN 13 (6): 278 - 279
Sheltered housing is an underused resource in primary care. The charity ERoSH provides guidance on how partnerships can be forged between nursing staff and the housing sector.

SKIN DISORDERS PRIMARY HEALTH CARE TRAINING
Reed, Fiona
Psoriasis: treatment and management in primary care
Primary Health Care
2007 NOV 17 (9): 25 - 29
People with psoriasis can be managed successfully in primary care, but more education and training is required

Jackson, Karina
Biological therapies in psoriasis
Primary Health Care
2007 DEC 17 (10): 40 - 48
Outlines the role of nurses in psoriasis management and the importance of new therapies

SLEEPING DISORDERS PATIENT ASSESSMENT
Gillam, Tony
Understanding restless legs syndrome
Primary Health Care
2008 MAR 18 (2): 22 - 23
What causes the condition and how it can be relieved

Scanlan, Mike
Sleep disturbance in the patient experiencing depression
Primary Health Care
2008 JUN 18 (5): 19 - 21
Examines how primary care nurses can help patients with depression overcome sleep problems
SMOKING CESSATION HEALTH INEQUALITIES SOCIAL EXCLUSION POVERTY HEALTH INTERVENTIONS

Blackman, Tim
Can smoking cessation services be better targeted to tackle health inequalities?
Evidence from a cross-sectional study
Health Education Journal
2008 JUN 67 (2): 91 - 101
To investigate how smoking cessation services could be more effectively targeted to tackle socioeconomic inequalities in health

SOCIAL MARKETING PUBLIC HEALTH COMMISSIONING

Lilley, Roy
What can social marketing offer public health?
Primary Health Care
2007 NOV 17 (9): 22 - 23
Reflects on the latest marketing techniques influencing public health care within the NHS

SPEECH & LANGUAGE COMMUNICATION DISORDERS CHILD DEVELOPMENT

Vitkovitch, Jennie
Speech and language skills: their importance in development
Journal of Family Health Care
2008 18 (3): 93 - 95
Speech and language difficulties may have long-lasting implications for a child and early identification and referral is crucial.

STRESS EVIDENCE BASED HEALTH HEALTH PROMOTION WELLBEING HEALTH PROFESSIONALS

Poulin, Patrica A
Mindfulness training as an evidenced-based approach to reducing stress and promoting well-being among human services professionals
International Journal of Health Promotion and Education
2008 46 (2): 72 - 80
Two novel mindfulness-based interventions designed to be integrated either in academic or work settings to mitigate the effects of stress and promote well being among human services professionals are described.

STROKE REHABILITATION SPEECH & LANGUAGE

Tonkin, Rachel
The art of communication
Stroke News
2008 SUM 26 (2): 12 - 15
Lil Sullivan talks openly about her personal experience of learning to speak again

Nieuwenhuis, Ruth
The role of speech and language therapy in the stroke care pathway
Stroke News
2008 SUM 26 (2): 16 -
A speech and language therapist explains the role of therapy in the stroke care pathway

TEENAGE PREGNANCY PARENTING INTERNET
Mickel, Andrew
Teenage parents - Net of support for teenage parents
Community Care
2008 JUN 12 (1726): 18 - 18
Report on a website, www.tpp.org.uk which is the brainchild of Tania Jacobs, who has been homeless and pregnant herself

Oxtoby, Kate
Good practice - Teen mums go back to school
Community Care
2008 JUN 26 (1728): 22 - 23
How Moat House, a dedicated mother and baby referral unit, is helping young mothers get back into education and succeed

TRAINING PRACTICE NURSING DEPRESSION
Ekers, David and others
Developing depression management in primary care
Primary Health Care
2007 OCT 17 (8): 31 - 33
Describes the development of depression case management delivered by practice nurses and discusses the necessary training

Cottell, Paul
A reflection on objective structured clinical examinations (OSCEs)
Primary Health Care
2007 DEC 17 (10): 22 - 23
Cottell, a student nurse practitioner, reflects on his experience in taking the OSCE examination

TRAVELLERS EDUCATION CHILDREN
de Castella, Tom
Education - Travellers speak out
Children & Young People Now
2008 JUN 25 (): 20 - 21
Investigates what needs to change to improve the poor performance of traveller children

Dion, Xena
Gypsies and travellers: cultural influences on health
Community Practitioner
2008 JUN 81 (6): 31 - 34
Article focuses on key factors identified by a study which may explain their poor health status
TUBERCULOSIS RESPIRATORY DISORDERS NICE SCREENING

Grant, Robert
Detecting, treating, controlling and preventing tuberculosis: developing the NICE guidelines
Primary Health Care 2008 MAR 18 (2): 30 - 33
Outlines how the National Institute for Clinical Excellence guidelines on tuberculosis were developed, and the implications for practice.

URINARY TRACT DISEASES

Richards, Sara
Urinary tract infection
Describes how to recognise patients who are at risk, the symptoms to look out for, and treatment and management options.

WEIGHT MANAGEMENT NUTRITIONAL DEFICIENCY PATIENT ASSESSMENT

Nazarko, Linda
Malnutrition: identification and treatment
British Journal of Healthcare Assistants 2008 JUN 02 (06): 279 - 282
Many people who are admitted to hospital are malnourished. Illness can further increase the risks of malnutrition which increases the risk of infection and impedes recovery. Assessing a person can enable staff to identify those who are malnourished and those who are at risk of malnourishment. This enables the healthcare team to act to address problems and enable the person to recover.

WOUND HEALING LEG ULCERS PRESSURE SORES

Wound Care Supplement
British Journal of Community Nursing 2008 JUN 13 (6): S1 - S46
Wound Care Supplement including: - Compression bandaging: avoiding pressure damage - Using the TIME framework in wound bed preparation - An overview of negative pressure wound therapy - Malodorous fungating wounds: how dressings alleviate symptoms - Could leg ulcer service provision in the community be improved?

Benbow, Maureen
Exploring wound management and measuring quality of life
Journal of Community Nursing 2008 JUN 22 (6): 14 - 18
Discusses the effect a chronic wound may have on the individual

Hampton, Sylvie
Treating sinus wounds
Journal of Community Nursing 2008 JUN 22 (6): 30 - 32
Discusses the treatment of sinus wounds

Leak, Kathy; Johnson, Susan
Silver therapy in practice: clinical considerations
Primary Health Care
2007 NOV 17 ( 9 ): 43 - 47
The background to the use of silver therapy, the outcomes expected and the cost implications are discussed

White, R
Delayed wound healing: in whom, what, when and why?
Primary Health Care
2008 MAR 18 ( 2 ): 40 - 46
This article, using leg ulcers as an example of 'chronic' wounds, provides a guide to delayed healing and how it can be anticipate, avoided and managed.

Lloyd Jones, M
Treatment of superficial wounds and management of associated pain
Primary Health Care
2008 MAY 18 ( 3 ): 41 - 46
Superficial wounds usually result from trauma and can be extremely painful. This article discusses the treatment of superficial wounds as well as the assessment and management of the associated pain. It uses scenarios based on different types of wounds in patients across the age range.

YOUNG PEOPLE ADOLESCENCE

Burke, Tim
On the Buses
Youth Work Now
2008 Jan 2008 (): 14 - 15
Hardly a month goes by without a council announcing the launch of a mobile youth centre, but are they really worth the investment? Author spends the afternoon on Walsall's Technology Bus to find out.