ADOLESCENCE BEST PRACTICE SUBSTANCE MISUSE

Revans, Lauren
Thinking issues through helps young drug users
Community Care
2010 AUG 05 (1830): 20 - 21
Reports on a scheme using intensive techniques to deliver long-term benefits to young drug users

Byrnes, Miller & others
Implementation fidelity in adolescent family-based prevention programmes: relationship to family engagement.
Health Education Research
2010 AUG 25 (4): 531 - 541
This study examines the relation between program fidelity with family engagement (i.e. satisfaction and participation) in family-based prevention programmes for adolescent alcohol, tobacco or other drug use.

ALCOHOL EDUCATION ALCOHOL MISUSE DEPRESSION

Miller, Stewart
How mindfulness based stress reduction can reduce anxiety after alcohol abstinence.
Nursing Times
2010 AUG 106 (31): 22 - 22
This is a case study showing how it helped one patient to recover from anxiety after giving up alcohol.

ALCOHOL MISUSE NICE CLINICAL GUIDELINES

Stewart, Stephen; Swain, Sharon
NICE outlines how to treat alcohol-related physical conditions
Guidelines in practice
2010 AUG 13 (8): 9 - 15
Explains how the NICE guideline on the management of alcohol-related physical complications aims to raise standards of care

Owen, Lynn
How to diagnose and manage physical complications related to alcohol misuse.
Nursing Times
2010 AUG 106 (31): 19 - 19
Heaving drinking can result in significant harm. A member of the NICE guideline development group discusses the main issues from the latest alcohol misuse guide.

ALLERGIES
The aim of this article is to discuss the recognition and treatment of anaphylaxis.

ASTHMA WORKPLACE OCCUPATIONAL HEALTH AND SAFETY

Douglas, James
Occupational asthma
Practice Nurse
2010 Sep 40 (4): 19 - 24
When reviewing adults with new-onset or aggravated existing asthma, the article questions whether work is contributing factor.

Perfect control of asthma is now a realistic goal for many patients and several management guidelines are available. Here the author considers some aspects of diagnosis and treatment and gives some tips and pitfalls in management, followed by sources of further information and analysis of prescription data.

BLINDNESS EMOTIONS HEALTH CARE ASSISTANTS

Labbett, Simon
Supporting people with sight loss in their own homes.
British Journal of Healthcare Assistants
2010 Aug 8 (8): 388 - 390
Many people cite the onset of blindness as one of their greatest fears. This article examines the role of the visual impairment rehabilitation officer (ROV) and suggests some strategies that healthcare assistants can use to support this work.

BREAST FEEDING PUPILS

Angell, Alexander & others
Researching breastfeeding awareness in primary schools
British Journal of Midwifery
2010 Aug 18 (8): 510 - 514
This article looks at the possibility of infant feeding education in primary schools to enable positive breastfeeding attitudes to be adopted at a young age.

CANCER PALLIATIVE CARE DISTRICT NURSES

Parker, Carol
District Nurses' role in fostering hope in end-stage cancer patients
End of Life Care
2010 Aug 4 (3): 8 - 15
This article explores what hope means to terminally ill patients with advanced cancer who may only have a short time left to live.
**CARDIAC PROCEDURES**

Jevon, Phil  
Assessment of critically ill patients: the ABCDE approach  
British Journal of Healthcare Assistants  
2010 AUG 4 (8): 404 - 407  
This article looks at the Resuscitation Council UK's recommendation that clinical staff should follow when managing a critically ill patient; the airway, breathing, circulation, disability and exposure (ABCDE)

**CARERS DEMENTIA OCCUPATIONAL THERAPY**

Donovan, Mary Lou; Corcoran Mary A  
Description of dementia caregiver uplifts and implications for occupational therapy  
American Journal of Occupational Therapy  
2010 JUL 64 (4): 590 - 595  
Describes care-related thinking and action processes of carers who report the positive effects to providing care; and gives a new focus for OT intervention with emphasis on positive aspects of care

**CATHETERS URINARY TRACT DISEASES INFECTION CONTROL**

Ward, Fenton & others  
The high impact actions for nursing and midwifery 5: protection from infection.  
Nursing Times  
2010 AUG 106 (31): 20 - 21  
This article looks at limiting indwelling catheters to patients who really need it. By doing this it can help reduce urinary tract infections.

**CHARITIES FUNDING COMMUNITY CARE**

Watson, Ross  
Small charities bear the brunt of cuts despite big society pledge  
Children & Young People Now  
2010 AUG 10 (4): 1 - 1  
The author reports on warnings that the Government's Big Society vision is endangered by planned council funding cuts to small charities. The reductions in funding to voluntary groups in Croydon is mentioned

**CHILD PROTECTION SOCIAL WORKERS PARENTS**

Garboden, Molly  
Facing up to Obstructive Parents  
Community Care  
2010 AUG 12th (1831): 18 - 19  
When a parent wants to interfere with the child safeguarding process social workers can find themselves outmanoeuvred.

**CHILDBIRTH PAIN ALTERNATIVE MEDICINE & THERAPIES**

McNeil, Alexander; Jomeen, Julie  
'Gezellig': a concept for managing pain during labour and childbirth.
This article explores and discusses the potential of gezellig as an underlying concept for the management of pain during labour.

**CHILDHOOD DISEASES PRACTICE NURSING DIAGNOSIS PARENTS**

Selby, Mary  
Acute illness in children  
Practice Nurse  
2010 AUG 40 (3): 14 - 17  
This article looks at how the practice nurse can excel in assessing sick children in the surgery.

**CHRONIC AIRWAYS DISEASE NICE CLINICAL GUIDELINES**

Gruffydd-Jones, Kevin  
Managing COPD: optimising current control and reducing future risk  
Guidelines in practice  
2010 AUG 13 (8): 17 - 23  
Outlines the revised NICE COPD guideline recommendations on post-bronchodilator spirometry, assessment of disease severity, and inhaled therapy.

**COMMISSIONING PRIMARY CARE TRUSTS GOVERNANCE**

Gainsbury, Sally and others  
PCTs raise the bar in final assurance test  
Health Service Journal  
2010 AUG 12th ( ): 4 - 6  
Primary care trusts significantly improved their performance against the standards and competences assessed in the last ever world class commissioning assurance test, analysis has revealed. The progress comes as PCTs prepare for abolition from 2013. The government has confirmed there will be no world class commissioning assessments next year.

Sawbridge, Yvonne  
Commissioning in the new NHS: how to get involved and influence service development  
Nursing Times  
2010 AUG 24th 106 (33): 10 - 12  
With the coming radical changes in healthcare commissioning, nurses should engage with local plans to develop GP consortia to ensure their voices are heard.

Rollings, Caroline  
Using nurse led clinical commissioning to improve services for patients with diabetes  
Nursing Times  
2010 AUG 24th 106 (33): 13 - 14  
This article explores how nurse led clinical commissioning is improving services for patients with diabetes in Milton Keynes. It examines the practical challenges for the service redesign, how personalised care planning for people with diabetes can improve quality of care, and the benefits for nurses of becoming involved in clinical commissioning.
COMMUNICATION ORGANISATIONAL CHANGE

Hay, Mike  
No trust is an island  
Health Service Journal  
2010 JUL 29  ( ): 18 - 19  
As the NHS sees unprecedented strucutal change the spirit of working together must move into action the author writes.

CONTINENCE OLDER PEOPLE CARE

Smith, Belinda  
Faecal incontinence in older people: delivering effective, dignified care  
British Journal of Community Nursing  
2010 AUG  15 ( 8 ): 370 - 374  
Incontinence of faeces may effect up to 10% of adults in the community but people are reluctant to seek help owing to the stigma of this debilitating and distressing condition. This article looks at a range of proven and emerging interventions which are able to achieve more positive outcomes for patients.

CORONARY HEART DISEASE NICE CLINICAL GUIDELINES MEDICINES

de Belder, Mark  
Patients with unstable angina and NSTEMI should be risk stratified  
Guidelines in practice  
2010 AUG  13 ( 8 ): 25 - 33  
Discusses NICE recommendations on antiplatelet and anticoagulant therapy in the management of acute coronary syndromes.

DEATH BEREAVEMENT PALLIATIVE CARE

Stuart, Julie A and others  
After-death care and the hidden role of palliative care nurses  
End of Life Care  
2010 AUG  4 ( 3 ): 50 - 55  
In most hospital environments emphasis is placed on time management and efficiency in all aspects of patient care. This emphasis also exits in palliative care units (PCUs), where there may be a lack of recognition of the complexity of care required. This quality improvement study examines the work and time associated with after-death care in a PCU unit in Australia. Reports on the findings.

DEMENTIA MENTAL HEALTH PHYSICAL DISABILITIES OLDER PEOPLE DEPRESSION

Madaras, A; Hilton, C  
Developing an intermediate care unit for older peole with mental and physical illness.  
Nursing Times  
2010 AUG  3  106 ( 30 ): 18 - 19  
This article looks at a rehabilitation unit which was set up to aid independence for older people with delirium, dementia and depression and other mental and physical illnesses.
DEPRESSION NICE NURSING PROCEDURES MENTAL HEALTH

Masterson, Brendan and others  
Depression 2: exploring management options for adults with moderate to severe symptoms  
Nursing Times  
2010 AUG 17 106 (32): 23 - 24  
Looks at the core treatments for moderate to severe depression, and mild to moderate depression that has not responded to low intensity interventions.

DIABETES QUALITY STANDARDS

Warren, Ed  
A QOF perspective on diabetes  
Practice Nurse  
2010 SEP 40 (4): 25 - 28  
This article looks at conditions prominent in the Quality and Outcomes Framework (QOF) of the general practice General Medical Services contract. QOF indicators set standards for quality of care, which can translate to practice income.

Gadsby, Roger and others  
Managing the high cost of newer oral agents in type 2 diabetes  
Prescriber  
2010 AUG 21 (15/16): 29 - 32  
In this Expert Panel Discussion the participants discuss the rising cost of diabetes management and the impact of new drugs. In particular they discuss the NICE estimates for the cost of implementation of recent guidance on use of new drugs and how this guidance can be implemented most cost-effectively.

DIGESTIVE TRACT DISEASES PALLIATIVE CARE END OF LIFE CARE

Nancekivell-Smith, Rachael  
Assessment and management of constipation in terminal disease  
End of Life Care  
2010 AUG 4 (3): 56 - 63  
Constipation is a common symptom in advanced disease adversely affecting patients' quality of life. This article provides an overview of the causes, assessment and management of constipation in patients with advanced disease.

DOMESTIC VIOLENCE SEXUAL HEALTH MIDWIVES TRAINING

Torres-Vitolas, C and others  
A comparison of the training needs of maternity and sexual health professionals in a London teaching hospital with regards to routine enquiry for domestic abuse.  
Public Health  
2010 AUG 124 (8): 472 - 478
Reports on a study to identify maternity and sexual healthcare professionals' training needs regarding routine enquiry for domestic abuse.

**ECZEMA WOUND HEALING SKIN DISORDERS**

Nazarko, Linda  
Venous disease, eczema, and skin care  
British Journal of Healthcare Assistants  
2010 AUG 4 (8): 375 - 380  
This article aims to enable readers to understand why venous disease develops and looks at how venous eczema is treated and how to care for skin to prevent further problems.

**EDUCATION CHILD HEALTH SERVICES**

Puffett, Nail  
Government clarifies ban on Every Child Matters  
Children & Young People Now  
2010 AUG 10 (): 3 - 3  
The article reports on the changes in terminology introduced by the Department for Education, for example that Every Child Matters is to be replaced by 'helping children achieve more' and that 'safeguarding' is now to be known as 'child protection'.

**EMPLOYMENT DISCRIMINATION LAW**

Heard, Lorraine  
An equal opportunity  
Health Service Journal  
2010 AUG 19 (): 21 - 21  
The author looks at the implications for the NHS when in October, equality in the workplace will take a leap forward as the Equality Act 2010 becomes law.

**END OF LIFE CARE DEATH**

Henry, Claire  
Postcode Lottery in End-of-Life Care  
Community Care  
2010 AUG 12th (1831): 7 - 7  
The proportion of people who die in hospital varies hugely across England. The huge contrast is blamed on deprivation and variations in service provision.

Stobbart-Rowlands, Maggie  
The Gold Standards Framework - Reducing hospital admissions from care homes  
End of Life Care  
2010 AUG 4 (3): 38 - 41  
Evidence indicates that the majority of people would like to die at home. However, only about 35% of people achieve that aim. This article provides an overview of the problems associated with avoidable hospital admissions. It will describe how the Gold Standards Framework in Care Homes training programme can help achieve people's wish to die in their home environment. It will also provide practical advice for care staff to manage the dying person at home.
The palliative care needs of older people residing in care homes are not always recognised. The Gold Standards Framework in CAre Homes (GSGCH) and the Liverpool Care Pathway for the Dying Patient (LCP) are advocated to improve the quality of end-of-life care in care homes. However, evidence on the efficacy of such tools to improve outcomes or change practice is lacking. This article looks at research to evaluate the impact on the quality of end-of-life care of the GSFCH and LCP in care homes with nursing. Reports on the outcomes.

How a team of community nurses and GPs used end of life care tools to enable terminally ill adults to die in their place of choice

How to implement the first 3 levels of the framework as a co-ordinated programme of primary care for those in the last 12 months of life

Looks at how nurses can help to improve end of life care and enable people to die in their chosen place and avoid admission to hospital

This article is a descriptive study where the authors examined the individual relationships between depressive symptoms, stigma, social support and QOL in adults with epilepsy.

The Guide to Action for Fall Prevention tool (GtA) was developed to help professionals from a broad range of organizations to recognize factors that might increase falls risk and know which actions to take to lessen that risk. Article
describes the development of GtA. GtA's pilot and audit and discusses the findings.

**FERTILITY PRACTICE NURSING PREGNANCY COMPLICATIONS**

Kraszewski, Sarah  
Infertility Update  
Practice Nurse  
2010 AUG 40 (3): 22 - 25  
The author looks at how the primary care nurses have a significant role in the initial stages of diagnosis and advice and in providing emotional support during the process.

**FINANCE HEALTH ECONOMICS**

Martin, Steve; Cialdini, Robert  
Patients on their best behaviour  
Health Service Journal  
2010 AUG 19 (): 12 - 13  
This article looks at the various ways the NHS can save money and the new science of social influence could help.

**FLU IMMUNISATION**

Chaplin, Steve; Donati, Matthew  
Inanza: first vaccine given intradermally for influenza  
Prescriber  
2010 AUG 21 (15/16): 12 - 14  
Intanza is the first seasonal flu vaccine given by intradermal injection and offers and improved immune response in older people. In this new product review the author presents the clinical data relating to its efficacy and side-effects compared with intramuscular flu vaccines.

**GP COMMISSIONING GOVERNANCE FAMILY PRACTICE**

Fresko, Adrienne; Rubenstein, Sue  
GP governance: handle with care  
Health Service Journal  
2010 AUG 12th (): 14 - 15  
Article discusses how, in light of the white paper, will GP consortia be held accountable for their commissioning activities?

Stout, David  
World class values are a legacy for the long haul  
Health Service Journal  
2010 AUG 12th (): 12 - 13  
Latest world class commissioning scores show PCTs rising to new challenges in needs assessment and service design. Author states that with this responsibility transferring to GP consortia the lesson in the high quality 'competencies' must survive.

**HEALTH EDUCATION SCHOOL SCHOOL HEALTH SERVICES**
This study aimed to identify the views of staff from all working areas in schools regarding the nature of their contribution to Health Education.

**HEALTH PROFESSIONALS GYPSIES AND TRAVELLERS**

Shepard, Stuart
The open road to greater inclusion
Health Service Journal
2010 AUG 19 (:): 16 - 17
This article looks at the gypsy & traveller community members who have been adopted as 'health ambassadors' to educate NHS staff in the East Midlands.

**HOMELESS PEOPLE MENTAL HEALTH**

Johnson, Robin
Medical-Social Divide Hindering Homeless People
Community Care
2010 AUG 12th (1831): 28 - 28
Homeless services need to develop more understanding of the emotional needs that underlie clients' chaotic lives.

**INFORMATION TECHNOLOGY INFORMATION TECHNOLOGY HEALTH INTERVENTIONS LIFESTYLE HEALTH PROMOTION**

Brouwer, Oenema, & others
Characteristics of visitors and revisitors to an Internet-delivered computer-tailored lifestyle intervention implemented for use by the general public.
Health Education Research
2010 AUG 25 (4): 585 - 595
This article looks at how many people visited, registered, and revisited a web-based computer-tailored intervention promoting heart-healthy behaviours when it is implemented for use by the general public.

Hasson, Brown & others
Factors associated with high use of a workplace web-based stress management programme in a randomized controlled intervention study.
Health Education Research
2010 AUG 25 (4): 596 - 607
This article is about the findings a study to investigate determinants of high use of a worksite self-help web-based programme for stress management.

**INTERNET CONFIDENTIALITY**

Lee, Karen; Bacon, Lisa
Social Networking: Confidentiality and Professional Issues
British Journal of Midwifery
2010 AUG 18 (8): 533 - 534
Use of social networking sites has grown rapidly in recent years but students and health professionals should think carefully about their employer before posting about their day at work and about their personal life. In this article issues of
confidentiality and professional behaviour are explored, including the possible consequences of posting to a potential readership of 400 million people.

**LAW PALLIATIVE CARE**

Griffith, Richard; Cassam, Tengnah  
Preparing for future incapacity  
British Journal of Community Nursing  
2010 AUG 15 (8): 386 - 390  
This article discusses a particular case which highlights the importance of making preparations for possible future incapacity by creating an advance decision refusing treatment and health and welfare power of attorney under the Mental Capacity Act 2005. These provisions will ensure that the wishes of the patient are respected without the need to go to court and so avoid delay.

**LEARNING DISABILITIES HEALTH GAIN TRAINING**

Garvey, Wigram & others  
Measuring general hospital staff attitudes towards people with learning disabilites.  
Nursing Times  
2010 AUG 106 (31): 10 - 12  
People with learning disabilities often experience barriers in accessing healthcare. This article is about a project which aims to educate staff and measure attitudes before and after training.

Howe, Hancox & others  
Fit for Life: promoting healthy leifestyles for adults with learning disabilities  
Nursing Times  
2010 AUG 106 (31): 14 - 15  
This article describes the development of a weekly exercise group for people with learning disabilities to promote fitness and healthy eating in North Devon.

Biswas, Vahabzadeh & others  
Obesity in people with learning disabilites: possible causes and reduction interventions.  
Nursing Times  
2010 AUG 106 (31): 16 - 18  
This article discusses possible causes of this higher prevalence and examines the intervention to reduce obesity and associated risks. It also outlines key points to consider when dealing with adults with learning disabilities.

**LOCAL GOVERNMENT NATIONAL HEALTH SERVICE GP COMMISSIONING**

Dunning, Jeremy  
Herefordshire has the Right Mix  
Community Care  
2010 AUG 12th (1831): 26 - 27  
Last month's health White Paper has massive implications for joint working between social care and the NHS. One area that has gone far down the road of integration is Herefordshire. Article looks at how this is working.

**MANAGEMENT QUALITY IMPROVEMENT EMPLOYMENT**
Cunningham, Geraldine
A sustainable approach is vital when managing change
Nursing Times
2010 AUG 17  106 ( 32 ): 25 - 25
Cunningham, Head of Learning and Development, RCN looks at the importance of engaging staff and explains how approaching change from an inquiry focus to a solution focus will be more sustainable

MEDICINES PATIENT EDUCATION
Sains, Katherine
Alternative formulations for hard-to-take medicines
Practice Nurse
2010 AUG 40 ( 4 ): 35 - 39
When a patient finds it difficult to take their medicine, a more suitable formulation must be found for them. This article considers some of the factors that influence the choice.

MENTAL HEALTH HOLIDAYS
Gawthrop, Mary
Psychological aspects of travel
Practice Nurse
2010 SEP 40 ( 4 ): 30 - 34
This article looks at supporting travellers with psychological issues.

MIDWIVES BREAST FEEDING CHILDBIRTH
Noonan, Maria
Lactational mastitis: recognition and breastfeeding support.
British Journal of Midwifery
2010 AUG 18 ( 8 ): 503 - 508
This article includes a case study which may assist the midwife in recognizing and supporting the woman with lactational mastitis.

Ward, Liz and others
The high impact actions for nursing and midwifery 7: promoting normal birth
Nursing Times
2010 AUG 24th  106 ( 33 ): 16 - 17
Over the past 20 years, more and more babies have been born by C-section. We need to eliminate unnecessary procedures and increase normal birth rates.

NICE CLINICAL GUIDELINES EVIDENCE BASED HEALTH
Coppel, Annie
NICE implementation consultant offer regional support
Guidelines in practice
2010 AUG 13 ( 8 ): 35 - 39
Explains how the local NICE representative can help guideline implementation by providing advice and resources, updating professionals, and holding workshops

NUTRITION DIABETES LIFESTYLE OBESITY
This article looks at how the risk of obesity and type 2 diabetes can be reduced through lifestyle advice, to achieve & maintain a healthy body weight.

**OBESITY WEIGHT MANAGEMENT NUTRITION EDUCATION HEALTH CARE ASSISTANTS**

Swann, J
Managing patients who are overweight
British Journal of Healthcare Assistants
2010 AUG 8 (8): 396 - 399
This is the second article on the subject of bariatrics. It outlines the treatment and management of bariatric patients within a hospital, clinic or community setting.

Knight, Bridget A; Wyatt, Katrina
Barriers encountered when recruiting obese pregnant women to a dietary intervention
Nursing Times
2010 AUG 17 106 (32): 20 - 22
Study revealed the reluctance of midwives to raise the issue of obesity with women in their care

**OLDER PEOPLE LEISURE ACTIVITIES SCREENING DEPRESSION**

Perlmutter, MS and others
Cognitive, visual, auditory and emotional factors that affect participation in older adults
American Journal of Occupational Therapy
2010 JUL 64 (4): 570 - 579
Mild levels of decreased vision, depression and decreased cognition were associated with lower participation, and could be screened to enable participation in activities

Henwood, Melanie
The Good Life for Older People
Community Care
2010 AUG 12th (1831): 30 - 31
The Joseph Rowntree Foundation offers a stern critique of current services and a blueprint for how older people can enjoy a better life.

**PALLIATIVE CARE INTERPERSONAL SKILLS**

Bubna-Kasteliz, Bruno
How seriously ill is she, Nurse.
End of Life Care
2010 AUG 4 (3): 26 - 30
This article is the sixth in a series of fictitious communication vignettes wherein conversations that commonly occur within end-of-life care are highlighted. The intention is to provide readers with suggestions of how to conduct difficult conversations.
PARKINSON'S DISEASE PALLIATIVE CARE

Scott, Helen
Signs & Symptoms of end-stage idiopathic Parkinson's disease
End of Life Care
2010 AUG 4 (3): 16 - 25
This article aims to provide nurses caring for people with IPD in all environments with a broad overview of the effects of the disease.

Gaye, Kyle
The physical, social and emotional effects of bowel dysfunction in Parkinson's disease
Nursing Times
2010 AUG 24th 106 (33): 20 - 22
Constipation associated with Parkinson's disease can damage wellbeing and restrict independence. Effective bowel care is essential to maximise people's quality of life.

PATIENT CHOICE COMMISSIONING COMMUNITIES

Social Care Institute for Excellence
Allowing user-led groups to flourish
Community Care
2010 AUG 05 (1830): 28 - 29
Explains why user-led organisations must be supported to develop in order to provide the link between commissioners and the community

PATIENT SATISFACTION PERFORMANCE MANAGEMENT WAITING TIME

McGauran, Ann
Break the back of outpatient waits
Health Service Journal
2010 AUG 5 (): 18 - 19
This article looks at the improvements at Guy's & St Thomas' Foundation Trust have made as waiting lists have been slashed, income increased and did not attend rates reduced.

PATIENTS OLDER PEOPLE NURSING

Soderhamn, Olle; Soderhamn, Ulrika
Sense of coherence and health among home-dwelling older people
British Journal of Community Nursing
2010 AUG 15 (8): 376 - 380
The aim of this study was to investigate if the SOC (sense of coherence) experience among home-dwelling physically active older people differs from that of hospital patients with the same age and sex.

PHYSICAL ACTIVITY DEPRESSION SOCIAL EXCLUSION WOMEN'S HEALTH

Teychenne, Ball & others
Physical activity, sedentary behaviour and depression among disadvantaged women.
Health Education Research
2010 AUG 25 (4): 632 - 644
This study investigated associations between components of physical activity and sedentary behaviours and risk of depression in women from disadvantaged neighbourhoods.

PRACTICE NURSING
Lim, Soon
Cryotherapy: evidence base and safety
Practice Nurse
2010 AUG 40 (3): 18 - 21
This article looks at general practices that can offer cryotherapy, therefore reducing expensive referrals to secondary care.

PREGNANCY PREGNANCY COMPLICATIONS CHILDBIRTH
Thompson, Heather
Caesarean section at maternal request: a literature review
British Journal of Midwifery
2010 AUG 18 (8): 484 - 491
The article is a review that explores factors that influence some women's preference for elective caesarean section over vaginal delivery and discusses the existing evidence.

PRESSURE SORES PREVENTION WOUND HEALING
Whitehead, S.J.; Trueman, P.
To what extent can pressure relieving surfaces help reduce the costs of pressure ulcers?
Nursing Times
2010 AUG 106 (30): 10 - 12
This case study estimated the likely savings from using pressure relieving surfaces.

Clark, Michael
Skin assessment in dark pigmented skin: a challenge in pressure ulcer prevention.
Nursing Times
2010 AUG 106 (30): 16 - 17
The classic signs of skin damage are different in Caucasian and dark pigmented skin. The author gives advice on how to identify pressure ulcers in dark skin.

PRIMARY CARE SERVICES STROKE AND TIA HEALTH PROMOTION CARDIOVASCULAR DISEASES
Carlisle, Dalonia
Preventing Stroke - Primary Force 2nd in series
Health Service Journal
2010 AUG 5 (): 24 - 27
This article is the 2nd in the series of 3. It looks at lessons learned by cardiac and stroke networks in NHS improvement pilots and how stroke prevention in atrial fibrillation can be developed in primary care.
Kidd, Marie-Claire
How Liverpool scored a home run on housing
Health Service Journal
2010
This article looks at the environmental health officers and advocates in Liverpool who used PCT funding to help reduce poor housing standards that harm health.

**QUALITY OF LIFE SELF CARE COST EFFECTIVENESS PATIENT SATISFACTION**

Phillips, J  
Everybody can benefit from expert patients  
Health Service Journal  
2010 AUG 5 ( ): 20 - 21  
The author explains that self management can improve outcomes and quality of life for patients while cutting the demand for NHS services and associated costs.

**RELIGION ETHICS LAW**

Dimond, Bridgit; George, Rob  
Ethics and the law: waiting for a miracle cure from God  
End of Life Care  
2010 AUG 4 ( 3 ): 32 - 35  
This case scenario looks at the difference in religious worldview between a district nurse and a patient. The article outlines the importance of assessing patients' mental capacity to make and understand decisions and examines the issue of coercion. Once mental competence has been assured and coercion ruled out, the importance of respecting patients' view of their world and individual choices is emphasised.

**RESEARCH DISABILITIES**
Walker, KA and others
Development of a community mobility skills course for people who use mobility devices
American Journal of Occupational Therapy
2010 JUL 64 (4): 547 - 554
Skills in a controlled environment does not necessarily transfer to other settings and depends on the mobility device used

RESPIRATORY DISORDERS NURSING
South, Gail
Leading from the front .... with both hands behind your back?
Practice Nurse
2010 AUG 40 (4): 41 - 45
The author presents a narrative in which she reflects on her experience developing Breathing-Space, a nurse-led and nurse-run unit for patients with long-term respiratory conditions.

SKIN DISORDERS
Bale, Tracy
Disorders of the scalp
Practice Nurse
2010 SEP 40 (4): 11 - 16
This article gives guidance on the diagnosis and management of some frequently seen scalp disorders, many of which can be managed by primary care nurses.

SOCIAL FACTORS SOCIAL MARKETING
Care, Tim
One step beyond healthcare
Health Service Journal
2010 AUG 5th ( ): 22 - 22
Social enterprises are being heralded as champions of the 'big society' but there are serious questions to ask before setting one up in health or social care.

Reynolds, Lucy and others
Local problems, local solutions
Health Service Journal
2010 AUG 12th ( ): 22 - 22
This article looks at a Department of Health programme that is uniting local organisations to address key determinants of health.

SOCIAL MARKETING PUBLIC HEALTH
Shepherd, Stuart
The right tools for the job
Health Service Journal
2010 AUG 12th ( ): 18 - 19
Social marketing has a growing role in improving population health. This, the first of two articles looks at how the National Social Marketing Centre's planning guide and toolbox can help to develop effective strategies.
Sheperd, Stuart
Is your activity on target?
Health Service Journal
2010 AUG 19 ( ): 18 - 19
This is the 2nd part of the series on social marketing. The author looks at an online toolkit that can help improve productivity and service quality by targeting resources effectively.

STRESS PAIN WOUND HEALING EVALUATION

Solowiej, Kazia
British Journal of Healthcare Assistants
2010 AUG 8 ( 8 ): 384 - 386
This article, the first of two in a series, reviews the literature that demonstrates the relationship between stress and wound healing with a specific focus on the influence of pain.

STROKE BLACK AND MINORITY ETHNIC GROUPS

Ryan, Tony
Stroke awareness among British ethnic minorities
British Journal of Community Nursing
2010 AUG 15 ( 8 ): 381 - 384
This paper describes some of the literature, mainly from the United States, which can help nurses working in community settings consider strategies for raising awareness about both stroke knowledge and risk to ethnic minorities. The paper points to three important themes: initial and prolonged engagement with local communities; self-management and cultural sensitivity.

SUICIDE NURSING QUALITATIVE RESEARCH

Lakeman, Richard
What can qualitative research tell us about helping a person who is suicidal?
Nursing Times
2010 AUG 24th 106 ( 33 ): 23 - 26
Nurses may encounter people who experience suicidal thoughts. A systematic review was undertaken to identify themes that can inform empathic care.

WORKPLACE PHYSICAL ACTIVITY HEALTH INTERVENTIONS

De Cocker, Bourdeaudhuij & others
Health Education Research
2010 AUG 25 ( 4 ): 608 - 619
This article is about the effect of a multi-strategy workplace physical activity intervention promoting pedometer use and step count increase.

WOUND HEALING PRESSURE SORES PREVENTION QUALITY OF LIFE RISK ASSESSMENT PREVENTION

Ward, Fenton & others
The high impact actions for nursing and midwifery 4: your skin matters
Nursing Times
2010 AUG 3 106 ( 30 ): 14 - 15
Pressure ulcers are a major sickness burden, and cause reduced quality of life for patients. The authors reveal how to prevent avoidable skin damage.