04/Jan/2010

To:- Current Awareness

ADOLESCENCE PARENTS SEX EDUCATION SEXUAL HEALTH PROMOTION

Cook, Ben
Time for parents to talk about sex
Children & Young People Now
2009 DEC 10 (12): 12 - 12
This is a report on the government’s attempt to promote open discussion about sexual health between parents and their children.

Pountney, David
More than skin deep: the psychosocial impact of acne
Nurse Prescribing
2009 DEC 7 (12): 534 - 539
Acne is a common problem among teenagers and young adults and can have a significant impact on quality of life. This article discusses the interaction of acne and psychosocial issues, how these should not be ignored, and how acne can often be effectively managed by appropriate clinical intervention and support.

ALLERGIES INFANT NUTRITION ASTHMA ECZEMA

Venter, Carina
Infant atopy and allergic diseases: an introduction to dietary aspects
Journal of Family Health Care
2009 19 (3): 92 - 96
Reviews the dietary prevention of allergic diseases in infants and the management of atopic infants

Smith, Helen E
Managing anaphylaxis
Practice Nurse
2009 DEC 11th 38 (10): 31 - 35
Considers the importance of a thorough patient history in determining the cause of an allergic reaction and providing appropriate management advice.

ALTERNATIVE MEDICINE & THERAPIES

Mantle, Fiona
The risks associated with consumer magazines giving advice on complementary therapies.
Nursing Times
2009 DEC 8th 105 (48): 18 - 21
Growing public interest in complementary therapies has led to an increase in the use of unqualified contributors writing and recommending various therapies.
ARTHRITIS PAIN MEDICINES PSYCHOSOCIAL FACTORS

Spence, Jane
Arthritis: a family affair
Journal of Family Health Care
2009  19 ( 5 ): 153 - 155
Urges health professionals to consider the physical as well as psycho-social effects which disrupt family life and relationships and ensure that clients get all the help available

ASTHMA CHILDREN ADOLESCENCE SCHOOLS SOCIAL FACTORS

Iley, Karen
Asthma and its impact on the everyday lives of children
School Health
2009  5 ( 4 ): 50 - 53
Describes how having asthma affects the everyday lives of children and young people and explores how primary care nurses can support schools in managing this condition.

ASYLUM SEEKERS REFUGEES NEEDS ASSESSMENT BLACK AND MINORITY ETHNIC GROUPS QUALITATIVE RESEARCH

Ingram, Jenny
The health needs of the Somali community in Bristol
Community Practitioner
2009  DEC  82 ( 12 ): 26 - 29
Refugees and asylum seekers have many health needs and access to health services is often complicated by language barriers and lack of properly trained interpreters and health advocates. This article discusses the findings of a study aimed to identify the health needs of the Somali community in Bristol.

AUTISM SPEECH & LANGUAGE NUTRITION

Harkawik, Rachel; Leslie, Paula
Does this House believe in autism diets?
Speech & Language Therapy in Practice
Examines the case for gluten and casein elimination diets for children with autism in relation to the impact on speech and language therapy.

BLADDER WOMEN'S HEALTH CONTINENCE

Stewart, Ellie
Overactive bladder syndrome in the older woman: conservative treatment
British Journal of Community Nursing
2009  NOV  14 ( 11 ): 466 - 473
This article discusses the causes, implications, assessment and conservative treatments available to women over 65 years old presenting with over active bladder syndrome in primary care.

Panicker, Jalesh
Lower urinary tract dysfunction in MS: management in the community
British Journal of Community Nursing
2009 NOV 14 (11): 474 - 480
Lower urinary tract dysfunction in multiple sclerosis is common and is highly amenable to treatment. Article discusses all aspects of the management of this condition

BREAST FEEDING PEER EDUCATION MENTAL HEALTH SELF ESTEEM

Wade, Deborah
Breastfeeding peer support: are there additional benefits?
Community Practitioner
2009 DEC 82 (12): 30 - 33
Anecdotal discussion among breastfeeding peer supporters and the infant-feeding co-ordinator suggested that breastfeeding peer support provided by breastfeeding peer supporters may offer benefits to breastfeeding women and their families other than increasing breastfeeding initiation and sustainability. The aim of this research was to determine whether there was evidence to support this. Discusses the findings.

CANCER DIAGNOSIS WOMEN’S HEALTH

Tate, Sharon
Ovarian cancer: be alert to the symptoms and give women a fighting chance
Journal of Family Health Care
2009 19 (5): 169 - 172

CATHETERS CONTINENCE

Perry-Woodford, Zarah
Ileoanal pouch dysfunction and the use of a Medena catheter following hospital discharge
British Journal of Community Nursing
With the advent of new surgical techniques to manage colorectal disease the number of ileoanal pouch operations has amplified and therefore increased numbers of pouch patients are being discharged into the community setting. Discusses how Community Nurses may be required to manage related problems in the ileoanal patient

CHILD DEVELOPMENT CHILD NUTRITION BREAST FEEDING

Edmondson, Linda
Interpreting and using the new UK-WHO Growth Standards
Journal of Family Health Care
2009 19 (6): 206 - 209
Reports from a seminar and workshop on the new UK-WHO Growth Standards

CHILD PROTECTION SOCIAL SERVICES MASS MEDIA

de Braal, Bernice
Baby P: deja vu or distinctive?
Journal of Family Health Care
Explains how it differs from previous cases and highlights some of the unique aspects of the Baby P case

Low, David
The National Programme for IT: will it be good for children?
Journal of Family Health Care
2009 19 ( 6 ): 189 - 190
Explains how a common core content for electronic national child health records can improve the sharing of information

CHILDREN ADOLESCENCE

Godwin, Pam
Supporting children and young people with epilepsy
British Journal of School Nursing
2009 DEC 4 ( 10 ): 503 - 506
Epilepsy is a very complex condition but skilled care and support make a great difference to the quality of life of any person with epilepsy. School nurses can play an import role in supporting children and young people.

Slator, Rona and others
Understanding cleft lip and palate 1. An overview
Journal of Family Health Care
2009 19 ( 3 ): 101 - 103
The Cleft Team from Birmingham Children's Hospital explain the types of cleft lip and palate and the services available to help children with these anomalies

CHRONIC AIRWAYS DISEASE RESPIRATORY DISORDERS

Barnett, M
Management of breathlessness
Journal of Community Nursing
2009 DEC 23 ( 12 ): 6 - 8
Living with COPD can have an enormous impact on a patient's quality of life. In this article the author looks at the various approaches available to help manage and support patients with breathlessness

COMMISSIONING QUALITY HEALTH ECONOMICS

Bell, Matthew; Lewis, Richard
Principles and practice of provider economics
Health Service Journal
Discusses how providers make decisions and explains why commissioners need to grasp the relationship between cost, activity and quality

COMMUNICATION PATIENT SAFETY NICE QUALITY IMPROVEMENT

Christie, Peggy; Robinson, Hazel
Using a communication framework at handover to boost patient outcomes
Nursing Times
2009 DEC 01 105 ( 47 ): 13 - 15
Explains how one trust implemented the SBAR (situation-background-assessment-recommendation) structure to improve patient handover

COMMUNITIES BLOOD PRESSURE HEALTH PROMOTION CARDIOVASCULAR DISEASES

Carter, Megan and others
Implementing a standardized community-based cardiovascular risk assessment program in 20 Ontario communities
Health Promotion International
2009 DEC 24 (4): 325 - 333
Study describes the implementation of the Cardiovascular Health Awareness Program (CHAP) where responsibility is devolved to communities and explains how progress may be monitored and CHAP utilised as a template for cardiovascular risk assessments and management

Thomas, MM and others
Building capacity in local government for integrated planning to increase physical activity: evaluation of the VicHealth MetroACTIVE program
Health Promotion International
2009 DEC 24 (4): 353 - 362
Evaluation of the 6 MetroActive funded councils revealed that they had an interest in physical activity although no data was collected for councils who are unsuccessful with funding. Strategies to promote leadership, and structural change in councils should be implemented for the use of integrated planning and more active communities

COMMUNITY DEVELOPMENT HEALTH IMPROVEMENT HEALTH INEQUALITIES

Fisher, Brian
A manifesto for community development in health
Health Matters
2009 WIN Win (78): 12 - 13
Community development can enable the NHS to improve health, reduce health inequalities and become accountable to the public.

COMMUNITY HEALTH NURSING STUDENTS

Middleton Rosemary; Duffy, Kathleen
Mentoring a student immediately prior to registraraiton: a qualitative study
British Journal of Community Nursing
2009 NOV 14 (11): 481 - 486
A literature search revealed limited research exploring the experience of the community nurse mentoring the student nurse immediately prior to registration. This qualitative study was undertaken in order to describe the lived experience of the community nurse when mentoring a final placement student.

COMMUNITY MATRONS LONG TERM CONDITIONS CASE MANAGEMENT HOSPITAL DISCHARGE

Lawlor, Pat
Referring patients with complex problems to community matrons
Primary Health Care
Describes how a trawl through the admissions data of an acute trust led to changes in the patent referral criteria to community matrons.

CONTINENCE CHILDBIRTH POSTNATAL CARE NICE

Aston, Becky
Preventing pelvic floor dysfunction: childbearing women deserve better care
Journal of Family Health Care
2009 19 (5): 150 - 151
Physiotherapist, Aston, looks at NICE and other guidelines and emphasises the importance of pelvic floor muscle training to prevent future incontinence and pelvic organ prolapse.

DEMENTIA ETHICS CARERS MENTAL HEALTH

Hope, Tony
Ethical dilemmas in the care of people with dementia
British Journal of Community Nursing
2009 DEC 14 (12): 548 - 550
Discusses the ethical dilemmas faced by community nurses who have to balance the needs of the person with dementia and those of the carers. The report sets out an ethical approach to care, as well as recommendations on specific ethical dilemmas.

DEPRESSION NICE GENERAL PRACTICE CLINICAL GUIDELINES

Chew-Graham, Carolyn
NICE has modified its stepped-care model for treating depression
Guidelines in practice
2009 DEC 12 (12): 11 - 20
Discusses NICE Clinical Guideline 90 on depression in adults and emphasises the importance of the GP's role.

Solantaus, Tytti
Safety, feasibility and family experiences of preventive interventions for children and families with parental depression.
International journal of Mental Health Promotion
Reports on the safety and feasibility and family member's experiences of two public health interventions for families with depressed parents.

Shia, Nessie
The role of community nuses in the management of depression
Nurse Prescribing
2009 DEC 7 (12): 548 - 554
This article focuses on the concept of depression, assessment or screening, considers treatment options, management and educational preparation for specialist community public health nurses.

Haddad, Mark
Depression in adults with long term conditions 2: antidepressant and psychological treatments
Depression ranges from mild to severe, and treatment varies according to level. Recognition and skilled assessment are therefore vital for effective management.

Jones, Maria
Using screening tools to identify the risk or presence of depression in older people.
Nursing Times
2009 DEC 15th  105 ( 49/50 ): 24 - 27
Prevalence of depression is high among older people, but is difficult to identify and often poorly managed. Screening tools can help to ensure early referral.

Hammarstrom, A
Gender-related explanatory models of depression: A critical evaluation of medical articles
Public Health
2009 DEC  123 ( 10 ): 689 - 693
Although research has consistently shown a higher prevalence of depression among women compared with men, there is a lack of consensus regarding explanatory factors for these gender-related differences. This article analyses the scientific quality of different gender-related explanatory models of depression in the medical database.

DIABETES OBESITY HEALTH CARE ASSISTANTS PREVENTION

Nazarko, L
Type 2 diabetes: why risk it?
British Journal of Healthcare Assistants
2009 DEC  3 ( 12 ): 583 - 586
This article explains how obesity, inactivity and poor diet combine to increase risk factors, and how to reduce risk factors and promote health and well being.

Hicks, Debbie
Increasing awareness through World Diabetes Day
Journal of Diabetes Nursing
2009 DEC  13 ( 10 ): 364 -
Describes an initiative that was carried out in Enfield PCT as part of World Diabetes Day to raise awareness of diabetes among Turkish people

Ying Yiing, Lou
What do women with pre-gestational diabetes know about pregnancy care?
Journal of Diabetes Nursing
2009 DEC  13 ( 10 ): 379 - 386
The results from a survey into the knowledge of women attending specialist diabetes services who may be considering conception.

Prince, Marie
Weight expectations: The Glasgow and Clyde weight management service.
Journal of Diabetes Nursing
2009 DEC  13 ( 10 ): 400 - 405
Provides an overview of an evidence-based weight management service for overweight and obese individuals.
**DIGESTIVE TRACT DISEASES Constipation CHILDREN**

Sanders, Caroline
Faecal incontinence in children: Part 2
British Journal of School Nursing
2009 DEC 4 (10): 494 - 498
Rectal irrigation is increasingly being used as an early intervention for children with faecal incontinence resulting from injury or disease. Article discusses how it works and the impact it can have on young people and their families.

**DISABILITIES DEATH ANTISOCIAL BEHAVIOUR**

Shepherd, Jonathan P and others
Impact of antisocial lifestyle on health: chronic disability and death by middle age
Journal of Public Health
2009 DEC 31 (4): 506 - 511
Study found that preventing childhood and adolescent antisocial behaviour and offending may also prolong their life and prevent them from disabilities.

**EAR DISORDERS HEALTH HEALTH CARE ASSISTANTS WELLBEING**

Peate, I
Meniere's disease: helping and understanding
British Journal of Healthcare Assistants
2009 DEC 3 (12): 578 - 579
This article discusses the care of a person with Meniere's disease. An overview of the anatomy and physiology of the ear is provided. Care, treatment options and ways you can help the patient are discussed.

Swann, J
Tuning in to tinnitus
British Journal of Healthcare Assistants
2009 DEC 3 (12): 599 - 602
This article explains the symptoms of tinnitus, and factors that can contribute to it. The article also highlights the range of available treatments, from self-management to specialist care.

Vogel I and others
Prevention of adolescents' music-induced hearing loss due to discotheque attendance: a Delphi study
Health Education Research
2009 DEC 24 (6): 1043 - 1050
Explored the opinions of 30 experts in a study consisting of a three-round web-based Delphi study and identified measures that may be effective in preventing hearing loss due to discotheque attendance

EATING DISORDERS ANOREXIA NERVOSA NUTRITION
Tall, Hannah
Understanding the causes of disordered eating patterns
British Journal of School Nursing
2009 DEC 4 (10): 487 - 493
Negative perceptions of the body can result in disordered eating patterns in young people. Article analyses the causes in adolescent girls and looks at early intervention and preventive strategies that can be implemented by school nurses

EMERGENCY MEDICAL CARE REHABILITATION SURGERY
Mooney, Helen
How regional units take the crisis out of trauma
Health Service Journal
Reports on a study which looked at the benefits to patients and managers of a regionalised response to major injury

FALLS ACCIDENT PREVENTION EVALUATION
Salminen, M
The long-term effect of a multifactorial fall prevention programme on the incidence of falls requiring medical treatment.
Public Health
2009 DEC 123 (12): 809 - 813
Evaluates the long-term effects of a multifactorial fall prevention programme on the incidence of falls requiring medical treatment.

FINANCE MEDICINES NATIONAL HEALTH SERVICE
Plumridge, Noel
Opinion - Noel Plumridge on scratching and grooming
Health Service Journal
2009 DEC 03 (03/Dec/2009): 16 - 16
Plumridge, an independent consultant and former NHS finance director, says "the only way to save money is to spend less" (fewer staff, premises, drugs and supplies)

Mooney, Helen
Focus funding plans on people - not processes
Health Service Journal
2009 DEC 03 (03/Dec/2009): 22 - 23
Councils and the NHS are being urged to make service user experience the starting point for joint spending arrangements

Smulian, Mark
Pooling power
Health Service Journal
2009 DEC 17 (17/Dec/2009): 30 - 31
Looks at the Total Place programme in which local public sector budgets are co-
ordinated for greatest impact

**FLU PRIMARY HEALTH CARE INFECTION CONTROL**

Pratt, Robert
Influenza: Infection prevention and control
Primary Health Care
2009 DEC 19 (10): 16 - 21
Describes the current status of the A(H1N1) 2009 influenza pandemic and outlines
clinically effective infection prevention and control approaches in primary care
settings

Shroufi, A
Influenza vaccine uptake among staff in care homes in Nottinghamshire: a random
cluster sample survey
Public Health
2009 DEC 123 (10): 645 - 649
The object of this survey was to establish uptake of influenza vaccine amongst care
home clinical staff in Greater Nottingham, and to investigate what could be done to
improve vaccine uptake in this group

**GROWTH INFANTS TRAINING**

More, Judy
The new UK-WHO growth charts: are you using them for children from birth to four
years?
Journal of Family Health Care
2009 19 (4): 114 - 117
Discusses difficulties surrounding the launch, the main differences from the
predecessors and the training needed for working with the new charts

**HEAD INJURIES GROUP WORK SPEECH & LANGUAGE**

Simpson, Sam; Gale, Emma; Denman, Ashleigh
Walking with Dobermanns (part 2)
Speech & Language Therapy in Practice
2009 WIN (Winter 2009): 12 - 14
Focuses on group and individual project work with people with brain injury in
community settings

**HEALTH PROMOTION LIFESTYLE**

Nazarko, Linda
Health promotion could help us all grow old gracefully
Nursing Times
2009 DEC 15th 105 (49/50): 9 -
Improving care for older people is a priority, but we can help people live longer,
healthier lives by teaching them to look after themselves when they are still young.
HEPATITIS LIVER DISORDERS

Poll, Ray
Hepatitis C - the silent disease
Practice Nurse
2009 DEC 11th 38 (10): 18 - 20
Hepatitis C is an unusual disease - most people have no symptoms for years and many do not know they have it at all, but it can cause serious liver disease if left untreated.

HIV & AIDS SCHOOL HEALTH SERVICES CONFIDENTIALITY

Ly, Kin
A wall of confidentiality: HIV positive and in school
Community Practitioner
2009 DEC 82 (12): 10 - 11
Fear of discrimination appears to prevent most parents disclosing their child's HIV-positive status to the school, but should school nurses be informed?

HOSPITALS EMERGENCY MEDICAL CARE PATIENT ASSESSMENT

Lovick, Kirsty
Prompt and aggressive management of sepsis gives patients the best chance of survival
Nursing Times
2009 DEC 01 105 (47): 20 - 22
Explains why it is important to recognise the signs and symptoms of sepsis and the action to take if patients become septic.

INFANT NUTRITION HEALTH VISITORS

White, Jane M
Weaning: what influences the timing?
Community Practitioner
2009 DEC 82 (12): 34 - 37
This locally-based study aimed to investigate parental decisions to start weaning.

Venter, Carina
Cow's milk protein allergy and other food hypersensitivities in infants
Journal of Family Health Care
2009 19 (4): 128 - 133
Discusses the diagnosis and management of cow's milk protein allergy and other hypersensitivities and the role of health professionals

Cole, Annie and others
Understanding cleft lip and palate 3. Feeding the baby
Journal of Family Health Care
2009 19 (5): 157 - 158
The Cleft Team from Birmingham Children's Hospital give practical advice on feeding a baby with cleft lip or palate

Pursell, Edward
Upper respiratory tract infection in infants from a nutritional perspective
Journal of Family Health Care
2009  19 ( 5 ): 164 - 168

Purssell, Edward
Prevention and management of gastrointestinal infections in infants from a nutritional perspective
Journal of Family Health Care
2009  19 ( 6 ): 200 - 203
Reviews recent guidance and discusses the role of nutrition

**LANGUAGE DISORDERS COMMUNICATION DISORDERS**
Speech, language and communication needs
Special Children
2009  DEC ( 192 ): 10 - 11
Many of the recommendations contained in the government's response to the Bercow Report are taking shape. Article summarises developments.

**LONG TERM CONDITIONS DEPRESSION NICE CLINICAL GUIDELINES**
Haddad, Mark
Depression in adults with long term conditions 1: how to identify and assess symptoms
Nursing Times
2009  DEC 8th  105 ( 48 ): 14 - 16
People with long term physical health conditions are at greater risk of suffering from depression. NICE provides guidance on carrying out assessments.

**MEDICINES SKIN DISORDERS PRIMARY HEALTH CARE**
Hussain, Fawad; Ormerod, Anthony
Nongenital warts: clinical features and recommended treatment
Prescriber
2009  NOV 19  20 ( 22 ): 20 - 26
Drug review discusses clinical presentations and treatment options, followed by sources of further information

Waller, James; Waller, Derek
Antithrombotic failure and aspirin and clopidogrel resistance
Prescriber
2009  NOV 19  20 ( 22 ): 29 - 31
Discuss the mechanism of platelet inhibition and the relationship between laboratory resistance and clinical events

**MENOPAUSE WOMEN'S HEALTH CONTINENCE**
Lee, Judith
The menopause: effects on the pelvic floor, symptoms and treatment options
Nursing Times
2009  DEC 8th  105 ( 48 ): 22 - 24
Postmenopausal women are at risk of urogynaecological dysfunction. With better understanding of the pelvic floor much can be done to improve care
MENTAL HEALTH SCHOOLS ADOLESCENCE EATING DISORDERS
Scott, Alexander
Cognitive behavioural therapy and young people: an introduction
Journal of Family Health Care
2009     19 ( 3 ): 80 - 82
Explains how CBT can help young people with depression, anxiety, ocd, school phobia, eating disorders, self-harm and conduct problems

MIGRAINE SCHOOL HEALTH SERVICES PUPILS
Bloomfield, Tony
Understanding the needs of migraineurs in schools
British Journal of School Nursing
2009  DEC    4 ( 10 ): 475 - 476
Migraine can have a serious impact on the self-confidence, social life and academic performance of children and young people suffering from the condition. Despite the prevalence of the condition, migraine is often misunderstood and sufferers need more support in schools.

NATIONAL HEALTH SERVICE HEALTH OUTCOMES AUDIT PATIENTS
Moore, Alison
Tory pledge on targets might not hit the spot
Health Service Journal
Why managers are sceptical about a shift from targets to a service shaped by outcome measures and patient evaluation

NICE IMMUNISATION HARD TO REACH GROUPS ASYLUM SEEKERS REFUGEES
Bedford, Helen
NICE guidance to reduce variations in immunisation rates and maximise uptake
Nursing Times
2009  DEC 8th    105 ( 48 ): 18 -
Immunisation numbers are increasing but members of some populations are slow in coming forward. New guidance from NICE looks at tackling the problem.

NURSE PRESCRIBERS MEDICINES
Piali, Palit
Prescribing antibiotics: penicillins and cephalosporins
Nurse Prescribing
2009  DEC    7 ( 12 ): 556 - 561
This article provides a brief overview of the actions of penicillins and cephalosporins, members of the B-lactam family of antibiotics, the most widely used class of antibiotics.

OBESITY CHILDREN COMMUNITIES
Simmons, Anne and others
Creating community action plans for obesity prevention using the ANGELO (Analysis Grid for Elements Linked to Obesity) Framework
Health Promotion International
2009 DEC 24 (4): 311 - 324
Reports on developing flexible community-participatory action plans for obesity prevention projects in children using the ANGELO Framework with diverse communities by creating stakeholder ownership of the plan

Balsdon, Lydia
Tackling overweight and obesity using public health promotion
Primary Health Care
2009 DEC 19 (10): 32 - 36
Examines the difficulties nurses face in promoting healthy lifestyles because of a lack of resources and strategies in a target-driven health service.

OCCUPATIONAL HEALTH MUSCULOSKELETAL DISORDERS INJURIES

Wanless, Stephen; Page, Andrea
Moving and handling education in the community: technological innovations to improve practice
British Journal of Community Nursing
2009 DEC 14 (12): 530 - 532
Efforts to reduce injuries associated with patient handling are often based on tradition and personal experience rather than sound educational theory. The purpose of this article is to summarize current evidence for educational interventions designed to reduce primary care staff injuries: a significant problem for decades.

OLDER PEOPLE COMMUNITY HEALTH NURSING DISTRICT NURSES SOCIAL SERVICES

Smith, Julie
Keeping older people warm in winter
British Journal of Community Nursing
2009 DEC 14 (12): 517 - 517
Discusses the role of Community and district nurses in advising older people of the ways in which to keep warm during the winter months and what they are eligible to in terms of grants and winter fuel payments.

Cattan, Mima
Out of the ivory tower
Health Matters
2009 WIN Win (78): 20 -
Describes a new research programme about maintaining life-long mental health and well-being that involves older people and crosses discipline boundaries.

Clarkson, P and others
Reliability of needs assessments in the community care of older people: impact of the single assessment process in England
Journal of Public Health
2009 DEC 31 (4): 521 - 529
Looked at the single assessment process for older people in England and found that it improved identification of the needs of clients; although the improvement may also be a due to more than a single policy.
Jones, Helen; Wilding, S
A Slovenian model of integrated care for older people can offer solutions for NHS services
Nursing Times
2009 DEC 15th 105 (49/50): 10 - 12
Services need to adapt to meet the needs of our ageing population. A model of care from Slovenia provides an innovative approach to caring for older people.

Potter, Charlotte
What quality healthcare means to older people: exploring and meeting their needs
Nursing Times
2009 DEC 15th 105 (49/50): 14 - 18
Older people's needs do not appear to be at the heart of NHS decision making. A qualitative study identified nine aspirations for better care from the over 80s

OSTEOPOROSIS NICE MEDICINES COST EFFECTIVENESS
Brown, Pam
Cost-effectiveness modelling in osteoporosis: alternatives to NICE
Prescriber
2009 NOV 19 20 (22): 14 - 18
Presents alternative cost-effectiveness analyses and discusses the disparities with NICE

PAIN MEDICINES NURSE PRESCRIBERS
Greener, Mark
Chronic pain: nociceptive versus neuropathic
Nurse Prescribing
2009 DEC 7 (12): 540 - 546
Understanding the causes of chronic pain and alalgesic mechanisms should help prescribers tailor treatment to each patient more accurately.

PALLIATIVE CARE VOLUNTARY SERVICES RESIDENTIAL CARE COMMUNITY HEALTH NURSING INTERPROFESSIONAL WORKING INTERAGENCY WORKING
Plumb, Marlis
Evaluation of a community nursing initiative: palliative care
British Journal of Community Nursing
2009 DEC 14 (12): 533 - 536
It is estimated that one in five people over 65 years old will die in a care home in the UK. These residents require palliative care that is often delivered by social and voluntary care workers. This paper aims to evaluate a palliative care programme that has been running for the past few years and is facilitated by community nurses

PARASITES CHILDREN SCHOOL HEALTH SERVICES
White, Sharon
Getting to the bottom of threadworm
School Health
2009 5 (4): 59 - 60
Article gives an overview of this common infection and its treatment.
PARENTING PHYSICAL ACTIVITY SAFETY

Jago, Russell and others
Licence to be active: parental concerns and 10-11-year-old children's ability to be independently physically active
Journal of Public Health
2009 DEC 31 ( 4 ): 472 - 477
Study found that children's options to be active on their own are limited by safety concerns, which may be overcome by developing safe routes to play areas

PATIENT EDUCATION DIABETES

Oliver, L; Thompson, G
Original Practice Point - The Dafne Collaborative
Practical Diabetes International
2009 DEC 26 ( 9 ): 371 - 377
This article describes the process by which the DAFNE Collaborative developed and maintained the integrity of the programme during the national roll-out across diabetes services.

PATIENT SAFETY

Forsyth, Donna
Improving incident investigation
Health Care Risk Report
2009 DEC 16 ( 2 ): 16 -
Patient safety cannot be improved without a range of valid reporting, analytical and investigative tools. Article discusses a new set of tools launched by the NPSA in Dec 2008 that assist NHS organisations in improving the credibility and thoroughness of root cause analysis investigation reports.

Boulanger, Carole; Toghill, Marie
How to measure and record vital signs to ensure detection of deteriorating patients
Nursing Times
2009 DEC 01 105 ( 47 ): 10 - 12
Using guidance from Patient Safety First's intervention on reducing harm from deterioration, common issues are illustrated and practical advice given on assessment, recording and reporting observations

Beamish, Sharon; Wardell, Dawn
Implementing the Patient Safety First intervention to reduce harm from deterioration
Nursing Times
2009 DEC 01 105 ( 47 ): 16 - 16
How George Eliot Hospital Trust cut in-hospital deaths by introducing an intervention for deteriorating patients

Donaldson, Emma; Murphy, Peter
Collaborative working empowers staff to cut the number of cardiac arrests
Nursing Times
2009 DEC 01 105 ( 47 ): 17 - 19
How Salford Royal Foundation Trust ran a Breakthrough series collaborative (Institute for Healthcare Improvement 2003) to empower staff and reduced cardiac
PATIENTS’ RECORDS CONFIDENTIALITY QUALITY

Tingle, John
Paying attention to detail in managing patient information
Health Care Risk Report
2009 DEC 16 (2): 10 - 11
Article discusses the findings of a report by the Care Quality Commission (CQC) on handling patient information that looks at whether healthcare organisations are meeting basic standards on information governance.

PHYSICAL ACTIVITY PSYCHOSOCIAL FACTORS EVALUATION

Lee, ASW
An evaluation of the effectiveness of ‘Active for Life’: An exercise referral scheme in West Suffolk
Public Health
2009 DEC 123 (10): 670 - 672
Anonymized audit data from a long-standing exercise referral scheme in the West Suffolk area (Active for Life) provides an opportunity to examine the effectiveness of exercise referral schemes in a ‘real-world’ in-service setting by assessing changes in clinical and psychosocial variables over the 10 weeks of the scheme.

POSTNATAL DEPRESSION INFANT NUTRITION ANTENATAL CARE

Edmondson, Linda
Learning Curve study day for midwives: part 2
Journal of Family Health Care
2009 19 (6): 195 - 197
Covers 2 topics from the Learning Curve study day: antenatal and postnatal mental health problems, and prebiotics, probiotics and the infant’s immune system

Shelton, NJ
Comparison of scoring methods and thresholds of the General Health Questionnaire-12 with the Edinburgh Postnatal Depression Scale in English women
Public Health
2009 DEC 123 (12): 789 - 793
Compares the scoring methods and thresholds of the 12-item General Health Questionnaire and the Edinburgh Postnatal Depression Scale in English women, and determines which threshold and scoring method provides the closest correlation of caseness of postnatal depression in a nationally representative sample of English women.

PRESSURE SORES QUALITY OF LIFE COSTING

Benbow, M
Quality of life and pressure ulcers
Journal of Community Nursing
2009 DEC 23 (12): 14 - 18
The author gives an overview of living with a pressure ulcer.
PRIMARY HEALTH CARE HEALTH POLICY ARTHRITIS RHEUMATIC DISORDERS

Emery, Paul and others
Rheumatology Supplement
Health Service Journal
Rheumatoid arthritis - from policy to action

PUBLIC HEALTH EMPLOYMENT FINANCE

Bartley, Mel
The great recession: macroeconomics, unemployment and health
Health Matters
2009 WIN Win (78): 14 - 15
Article looks at the likely consequences for public health of the economic downturn.

Sacks, Gary and others
Impact of front-of-pack 'traffic-light' nutrition labelling on consumer food purchases in the UK
Health Promotion International
2009 DEC 24 (4): 344 - 352
Short-term study on a small number of ready meals and sandwiches found that the new four traffic-light labelling had no discernable effect on consumer purchases.

QUALITY CARE GENERAL PRACTICE

Goodwin, Nick
Quality of care in general practice
Health Matters
2009 WIN Win (78): 23 - 26
Attention has been paid to measuring the quality of hospital services but far less has been paid to the quality of care in general practice.

QUALITY OF LIFE EVALUATION CONTINENCE

Ousey, K; Gillibrand, W
Faecal incontinence - exploring the 'hidden problem'.
Journal of Community Nursing
2009 DEC 23 (12): 20 - 22
The authors discuss the need for thorough assessment for individuals presenting with faecal incontinence.

RESEARCH SOCIAL FACTORS ADOLESCENCE

Morgan, Antony; Haglund, Bo JA
Social capital does matter for adolescent health: evidence from the English HBSC study
Health Promotion International
2009 DEC 24 (4): 363 - 372
A questionnaire developed as part of the WHO Health Behaviour in School Aged Children (HBSC) was used in schools in England and found that those with a low sense of family belonging and low involvement in neighbourhood were twice as likely to report poor health, but further examination was necessary for other
indicators of social capital

Korkiakangas, Eveliina E and others
Barriers to regular exercise among adults at high risk or diagnosed with type 2 diabetes: a systematic review
Health Promotion International
2009 DEC 24 ( 4 ): 416 - 427
Concludes that it is important for counsellors to identify barriers in order to make regular exercise part of the lifestyle of high risk and diabetic patients.

RESPIRATORY DISORDERS END OF LIFE CARE

Duck, Annette
Principles to effectively manage people with interstitial lung disease in the community
Nursing Times
2009 DEC 15th 105 ( 49/50 ): 29 - 30
Many people with interstitial lung disease have advanced illness. simple strategies can aid quality of life and help people to stay at home as their condition worsens.

SCHOOL HEALTH SERVICES EVALUATION

Ramjeet, Janet
Evaluation of the reintroduction of a full-time school nurse to a secondary school
School Health
2009 5 ( 4 ): 54 - 56
This study demonstrates the benefits to students when a nurse is based full-time in school.

SEXUAL ABUSE YOUTH WORK ADOLESCENCE SEX EDUCATION

Lepper, J
Beneath the Bright Lights
Children and Young People Now
2009 DEC (): 18 - 19
The author reports on the steps local authorities such as Blackpool are taking to prevent sexual abuse.

SEXUAL BEHAVIOUR SEXUAL HEALTH SEXUALITY

Enson, Stephanie
Barriers to accessing sexual health services
British Journal of School Nursing
2009 DEC 4 ( 10 ): 499 - 502
Through effective communication school nurses can inform, support and empower young people to make informed choices. Article discusses key barriers to effective sexual health communication and looks at solutions to engage young people.

SEXUAL HEALTH VOLUNTARY ORGANISATIONS PATIENT INFORMATION

Hearton, Lynn
Making sexual health more accessible
Hearton, Helpline and Info Services Mgr for the fpa, discusses the resources provides by the sexual health charity and discusses the difficulties people have in accessing information on sexual health and sexual health services

SEXUAL HEALTH PROMOTION FATHERS TEENAGE PARENTS TEENAGE PREGNANCY

Trivedi D and others
Early fatherhood: a mapping of the evidence base relating to pregnancy prevention and parenting support
Health Education Research
2009 DEC 24 ( 6 ): 999 - 1028
Identified and mapped primary studies exploring the role of young men in preventing teenage pregnancy, and the need for further investigation on programme development to target young men

SKIN HEALTH PROMOTION RESEARCH

Banerjee SC and others
'My friends love to tan': examining sensation seeking and the mediating role of association with friends who use tanning beds on tanning bed use intentions
Health Education Research
2009 DEC 24 ( 6 ): 989 - 998
Study revealed that sensation seeking contributes to tanning bed use intentions and campaigns will need to target high and low sensation seekers differently

SMOKING CESSATION CHILDREN COMMUNITY PARTICIPATION

Charlier, N and others
Keeping Kids Smokefree: lessons learned on community participation
Health Education Research
2009 DEC 24 ( 6 ): 949 - 956
The article describes lessons learned about community participation from a quasi-experimental trial aimed at reducing the uptake of smoking among pre-adolescents in a community with a high percentage of Maori and Pacific Island people.

SPECIAL EDUCATION LEARNING DISABILITIES INFORMATION TECHNOLOGY LANGUAGE DISORDERS

McKeown, Dan
Virtual learning
Special Children
2009 DEC ( 192 ): 30 - 31
Explains how Nintendo’s gaming console is being used to support special needs pupils

SPEECH & LANGUAGE DIAGNOSIS DENTAL & ORAL HEALTH

Slator, Rona and others
Understanding cleft lip and palate 2. The first five years
Journal of Family Health Care
The Cleft Team from Birmingham Children's Hospital outline the diagnosis and the care likely to be needed during the first five years of the child's life.

**STRESS MENTAL HEALTH**

Aanes, Mette M
The experience of loneliness: main and interactive effects of interpersonal stress, social support and positive affect
International journal of Mental Health Promotion
Article explores direct and moderating effects on positive affect and social support for those living with chronic interpersonal stress.

**SUICIDE**

Gagan, M.
Assisted suicide - are we all singing from the same hymn sheet?
Journal of Community Nursing
2009 DEC 23 ( 12 ): 4 - 4
The author reflects on the RCN position on assisted suicide.

**TRANSPLANTATION CONSENT**

Griffith, Richard; Tengnah, Cassam
Consent to organ donation part 1: the current arrangements
British Journal of Community Nursing
2009 DEC 14 ( 12 ): 544 - 547
The current arrangements for consenting to the donation of organs are considered.

**VITAMINS & SUPPLEMENTS MUSCULOSKELETAL DISORDERS**

Phillips, Frankie
The functions of vitamin D
Practice Nurse
2009 DEC 11th 38 ( 10 ): 26 - 27
Everyone knows that vitamin D is 'good for your bones'. Now research in other areas of health, such as ageing, may lead us to see this essential nutrient in a new light.

**WOMEN'S HEALTH**

Edwards, Marilyn
Understanding endometriosis
Practice Nurse
2009 DEC 11th 38 ( 10 ): 22 - 25
Some women suffer from endometriosis for years before diagnosis. Article provides and overview of the condition.

**WOUND HEALING INFECTION CONTROL**
Covers - Role of topical antimicrobials in wound management; PHMB: a well-tolerated antiseptic with no reported toxic effects; Suprasorb X + PHMB: the clinical evidence

Bowers, K; Barrett S
Wound-related pain: features, assessment and treatment
Primary Health Care
2009 DEC 19 ( 10 ): 37 - 45
This article explores the problem of wound-related pain. It provides an overview of the different types of pain associated with wounds, discusses approaches to pain assessment and considers a range of strategies that may be used to minimise wound-related pain.

YOUNG CARERS BEST PRACTICE FAMILY SUPPORT

Frank, Jenny; Slatcher, Christine
Supporting young carers and their families using a whole family approach
Journal of Family Health Care
2009 19 ( 3 ): 86 - 89
Explains how health professionals can identify young carers and offer support on a whole family basis, and discusses best practice and useful resources