01/Mar/2011

To: Current Awareness

ABORTION; TEENAGE PREGNANCY; SEX EDUCATION; SCHOOL HEALTH SERVICES

Hurley, Laura
Daring to speak about abortion in the classroom
British Journal of School Nursing
2011 FEB 6 (1): 11 - 12
Abortion can be perceived as a sensitive topic to raise in the classroom but it is essential that young people receive accurate information on the subject. This article shows that nurses can play an essential role in bringing this information to young people through effective Sex and Relationship Education, for example.

ADOLESCENCE; PRISONS

de Castella, Tom
No going back to jail
Children & Young People Now
2011 FEB 22 ( ): 18 - 19
The article describes a specialised unit within a young offender institution which has set out to drive down reoffending rates

Bourdeaudhuij, Simon & others
Are physical activity interventions equally effective in adolescents of low and high socio-economic status (SES); results from the European Teenage project.
Health Education Research
2011 FEB 26 (1): 119 - 130
This article views the aims of a study as to whether physical activity (PA) interventions in European teenagers are equally effective in adolescents of low versus high socio-economic status (SES).

ALCOHOL MISUSE; MEDICINES

Fernandez, Jeff
Detoxing dependent drinkers
Journal of Community Nursing
2011 JAN 25 (1): 28 - 30
Article discusses if offering a Librium detoxification regime to dependent drinkers is useful for patients and enables them to remain alcohol free.

ANGINA; CARDIOVASCULAR DISEASES; MEDICINES

Peate, Ian
Caring for the patient with angina
British Journal of Healthcare Assistants
2011 FEB 5 (02): 65 - 69
This article provides an overview of the heart, its structures and the coronary blood supply. The causes of angina are discussed, along with the risk factors associated with cardiovascular disease. Signs and symptoms are outlined and the potential investigations required to arrive at a diagnosis are provided, together with treatment options and advice on prevention.

**ARTHRITIS; RHEUMATIC DISORDERS**

Swann, Julie  
Managing rheumatoid arthritis: joint protection and treatment  
British Journal of Healthcare Assistants  
2011 FEB  5 ( 02 ): 78 - 81  
Rheumatoid arthritis causes pain, inflammation and stiffness in the synovial joints, turning simple daily activities into challenges. This article outlines the physical changes that occur in joint affected by rheumatoid arthritis and explains medical treatment of the condition. It also discusses how adopting alternative methods and using assistive equipment makes management of tasks easier for patients suffering with this painful disease.

Mendelson, McCullough & others  
Integrating self-management and exercise for people living with arthritis.  
Health Education Research  
2011 FEB  26 ( 1 ): 167 - 177  
This article is about a self-management programme for arthritis control through education and exercise.

**ASTHMA; SCHOOL HEALTH SERVICES; PUPILS**

McMurray, Ann  
Asthma part 2: managing treatment in schools  
British Journal of School Nursing  
2011 FEB  6 ( 1 ): 13 - 17  
There are, on average, two children in every classroom with asthma. It is important that school nurses are aware of the latest evidence on the condition. The purpose of this article is to outline the different types of medications used to treat asthma, correct inhaler technique and to examine the use of health care plans in schools.

Callens, Tibbins & others  
A breath of fresh air: an example pf asthma promotion in schools.  
British Journal of School Nursing  
2011 FEB  6 ( 1 ): 35 - 37  
In the article the authors share their experience in developing effective partnership to create health promotion posters on asthma medication.

**BLADDER; MEDICINES**

Stewart, Ellie  
Prescribing antimuscarinics for women with an overactive bladder  
Nurse Prescribing  
2011 FEB  9 ( 2 ): 82 - 87  
This article will look at treatments available for those presenting OAB (over active bladder) as well as the medications available to help improve the symptoms.
BLOOD PRESSURE; CARDIOVASCULAR DISEASES; NURSE PRESCRIBERS

Chummun, Harry
The management of hypertension: the impact of nurse-led clinics
Nurse Prescribing
2011 FEB 9 (2): 68 - 74
The number of people with hypertension continues to rise in the UK and worldwide, placing enormous social, economical and health burdens on the sufferers, their dependants and statutory health care providers. This article looks at the management of hypertension and the impact of nurse-led clinics.

BODY IMAGE; QUALITY OF LIFE; PSYCHOTHERAPY

Borwick, G
A holistic approach to meeting the needs of patients with conditions that affect their appearance
Primary Health Care
2011 FEB 21 (1): 33 - 38
This article examines how patients and their families are affected by disfiguring conditions, sets out the social and psychological problems they need to address and how primary care professionals can help them develop coping strategies to improve their quality of life.

BREAST FEEDING; PATIENT INFORMATION

Ellis, Angie; Surtees, Ann
Breastfeeding: implementing the Baby Friendly Initiative
British Journal of Healthcare Assistants
2011 FEB 5 (02): 82 - 83
The United Nations Children's Fund (UNICEF) recognizes that practices in maternity units can influence breastfeeding outcomes positively and negatively. Article discusses the importance that women receive accurate information about the benefits of breastfeeding, so that they can make an informed choice, and be prepared for breastfeeding.

Jones, Shirley; Stoppard, Miriam
Baby friendly hospitals: are we failing mothers who formula feed their babies?
Journal of Family Health Care
2011 JAN 21 (1): 12 - 14
A serious discrepancy between the goals of the Baby Friendly Hospital Initiative and the way they are practised has led to a failure of care for non-breastfeeding mothers and babies.

BRONCHITIS; RESPIRATORY DISORDERS

Edwards, Marilyn
Bronchiectasis
Practice Nurse
2011 FEB 41 (2): 35 - 38
This article helps the practice nurse to consider different diagnoses, refer back to the GP and support patients with this unpleasant disease.

BURNS; WOUND HEALING; EVALUATION
Watkins, J  
Looking at the assessment and management of burns  
British Journal of School Nursing  
2011  FEB  6 ( 1 ): 18 - 21  
In the UK it is estimated that as many as a quarter of a million people will present each year to primary care teams with burns. This article looks at the importance of school nurses being up to date with the assessment and management of burns.

CARDIAC PROCEDURES; CORONARY HEART DISEASE

Swann, Julie  
Increasing the awareness of heart diseases and treatments  
British Journal of Healthcare Assistants  
2011  FEB  5 ( 02 ): 60 - 64  
This article introduces the subject of heart conditions, discusses the cardiac system, symptoms of disease and treatments.

CARDIOVASCULAR DISEASE; SCREENING; ADOLESCENCE

Richmond, Laura  
Screening young people at risk of sudden cardiac death  
British Journal of Healthcare Assistants  
2011  FEB  5 ( 02 ): 96 - 97  
Article looks at screening for those at risk of sudden cardiac death. It looks at how the heart works and the causes of sudden cardiac death. It discusses who should be screened and treatment for those found to be at risk.

CARDIOVASCULAR DISEASES; HEART FAILURE

Keenan, Jan  
Valve disease: diagnosing normal and abnormal heart functioning  
British Journal of Healthcare Assistants  
2011  FEB  5 ( 02 ): 74 - 77  
Heart valves are complex, sophisticated structures. This article gives an overview of the more common types of valvular heart disease, how they occur, their effects on the body and the symptoms they create. This article reviews the normal and altered physiology associated with valve disease and describes its natural course, diagnosis and treatment.

CATHETERS; PATIENT EDUCATION; CLINICAL GUIDELINES; QUALITY

Logan, Karan  
The patient journey: a guiding practice in intermittent catheterisation  
Journal of Community Nursing  
2011  JAN  25 ( 1 ): 4 - 8  
Article discusses the development of a guideline to deliver best quality care to patients learning and living with clean intermittent catheterisation.

CHILD & ADOLESCENT PSYCHIATRY; PARENTS; CARERS; MENTAL HEALTH SERVICES

Lavis, Paul
The author analyses research that reveals the difficulties faced by parents and carers in accessing services for children with mental health problems, and looks at what can be done to break down these barriers and encourage parents, carers and young people to seek help when needed.

**CHILD DEVELOPMENT; FAMILIES; PHYSICAL ACTIVITY**

Quarmy, Dagkas & others

Associations between children's physical activities, sedentary behaviours and family structure: a sequential mixed methods approach.

Health Education Research
2011 FEB 26 (1): 63 - 76

This article explored the effect of family structure on children's physical activities and sedentary pursuits.

Kirby, A

ADHD and developmental disorders

School Health
2011 FEB 199 (): 15 - 18

This article is about developmental disorders such as ADD/ADHD which has become a major feature of educational landscape and hence the work of SENCOs.

**CHILD HEALTH SERVICES; CHILDREN**

Ross, Euan

Health care for children from Beveridge to Kennedy: the band plays on

Journal of Family Health Care
2011 JAN 21 (1): 4 - 6

Why, despite many triumphs, are our child health-based services worse than in other comparable EU countries? The author of this article discusses the recent Kennedy report and gives some questions to think about.

**CHILD PROTECTION**

Hunt, Louise

London Calling

Community Care
2011 JAN (1850): 22 - 23

The author of this article learns that the capital's regional safeguarding advisers provide free support to agencies on local issues and stand by for child protection emergencies.

**CHILD SEXUAL ABUSE; SCHOOL HEALTH SERVICES**

Blazey, Laura

Supporting young victims out of sexual exploitation

British Journal of School Nursing
2011 FEB 6 (1): 9 - 10

Awareness of sexual grooming and exploitation remains low among professionals working with children and young people. This article shows that School nurses can play an important role through prevention, being able to recognize the tell tale signs.
and spreading awareness among school employees.

**CHILDBIRTH; MIDWIVES; CLINICAL GUIDELINES**

Paul, Siba; Goodman, Alexander
Potential complications of neonatal cephalhaematoma in the community: when to refer to the Paediatric Team?
Journal of Family Health Care
2011 JAN 21 (1): 16 - 19
Neonatal cephalhaematoma is commonly seen after a minor birth trauma, e.g. from vacuum-assisted deliveries. It is usually considered benign and resolves spontaneously without any treatment. This article discusses potential complications of a cephalhaematoma and looks at the guidelines provided for expediting early and appropriate referral of complicated cases to the paediatric services.

**CHILDREN; SLEEPING DISORDERS**

Caulfield, Angela
The specialist nurse in the field of childhood sleep disorders.
Community Practitioner
2011 FEB 84 (2): 32 - 35
The article looks at the role diversity of the specialist nurse, the strengths that can be offered and the ways being in post has helped develop the service.

**CHRONIC AIRWAYS DISEASE; NURSE PRESCRIBERS; ASTHMA; CLINICAL GUIDELINES**

Greener, Mark
Easing the burden of COPD; NICE guidelines and new agents.
Nurse Prescribing
2011 FEB 9 (2): 64 - 67
This article updates nurse prescribers about COPD management.

Duffin, Christian
Nurse-led innovation in pulmonary disease
Primary Health Care
2011 FEB 21 (1): 7 - 8
Article examines respiratory care prior to the government's new COPD strategy.

**COMMUNITY NURSING; FINANCE**

Jones, Ceri
Is social enterprise the way forward for public services?
Nursing Times
2011 FEB 2 107 (4): 12 - 14
The article looks at the opportunities that social enterprises give to nurses to develop services to meet community needs. The article includes a case study of the Central Surrey Heath social enterprise.

**CONTRACEPTION**
Kraszewski, Sarah
Update on barrier contraception
Practice Nurse
2011 FEB 11  41 ( 2 ): 31 - 34
Barrier methods, such as male and female condoms, caps and diaphragms, are an important contraceptive choice for couples. This article is an update on these methods.

CORONARY HEART DISEASE; EPIDEMIOLOGY; QUALITY STANDARDS

Purdy, Griffin & others
Emergency admissions for coronary heart disease: A cross-sectional study in general practice, population and hospital factors in England.
Public Health
2011 JAN  125 ( 1 ): 46 - 54
The objective of this study was to determine the association between general practice, population and hospital characteristics, including quality and outcomes framework (QOF) scores with emergency admissions for angina, which is an ambulatory-care-sensitive condition with myocardial infarction.

COT DEATH/SIDS; PREVENTION

Epstein, J;  Jolly, Claire
Cot death risks: on display
Community Practitioner
2011 FEB  84 ( 2 ): 36 - 37
This article looks at whether the manufacturers and retailers of baby bedding products still undermine safe infant care messages.

COUNSELLING; DIABETES

Masding, Ashley & others
Introduction of a counselling service for patients with type 1 diabetes: better glycaemic control and reduced anxiety.
Practical Diabetes International
This article took a retrospective analysis of data obtained for people referred to the service between June 2007 and June 2010, pre- and post - attendance at the course of couselling. The study concluded that completion of a course of couselling was associated with improvements in glycaemic control and reduction in anxiety and risk.

DEATH; NURSING; BEREAVEMENT

Reid M;  McDowell, J
Breaking news of death to relatives
Nursing Times
2011 FEB 8th  107 ( 5 ): 12 - 15
Breaking news of death can have a significant impact on bereaved relatives if it is not carried out appropriately. This article explores best practice on breaking news of death, and discusses why it is so important for nurses to get it right.

Germain, Alison
How to help children and young people understand death
Primary Health Care
2011 FEB 21 (1): 22 - 23
Article describes a project that has resulted in the publication of new literature designed to support those facing the imminent death of a relative

DENTAL & ORAL HEALTH

Wilson, Alison
How to provide effective oral care
Nursing Times
2011 FEB 15th 107 (6): 14 - 15
This article looks at the importance of oral hygiene for patients' health. It looks at carrying out oral assessments; procedures for oral care and frequency; oral care if patients cannot sit up or have mouth tenderness.

DEPRESSION; HEALTH VISITORS; WOMEN'S HEALTH

Lewis, Ilott and others
Improving the quality of perinatal mental health: a health visitor-led protocol.
Community Practitioner
2011 FEB 84 (2): 27 - 31
This article reports on a case study exploring the success factors of well established, health visitor-led protocol to identify and treat women with mild to moderate depression.

DIABETES; LAW

Griffith, Richard; Tengnah, Cassam
Legal basis for standards of driving with diabetes
British Journal of Community Nursing
2011 16 (01): 19 - 23
This article considers the legal basis for the medical standards for driving imposed on individuals with diabetes and sets out the likely consequences of failing to comply with those standards. Full text available for Athens users on http://web.ebscohost.com

Hellyer, N.E.; Haddock-Fraser, J
Reporting diet-related health issues through newspapers: portrayal of cardiovascular disease and Type 2 diabetes.
Health Education Research
2011 FEB 26 (1): 13 - 25
This study identifies (i) the extent to which newsprint media communicate to their readers the lifestyle factors associated with the development of cardiovascular disease and Type 2 diabetes and (ii) newspaper portrayal of social determinants affecting onset of disease.

Rowles, S and others
ABCD position statement on diabetes and end of life care
Practical Diabetes International
2011 FEB 28 (1): 26 - 27
This position statement offers some guidance for the management of diabetes during the end stages of life.
Hicks, Debbie
Helping people with diabetes to manage their injectable therapies
Primary Health Care
2011 FEB 21 (1): 28 - 31
Article explains the correct injection technique for diabetes based on best practice

DIGESTIVE TRACT DISORDER

Lamas, Kristina
Using massage to ease constipation
Nursing Times
2011 FEB 2 107 (4): 26 - 27
The article reports a small randomised controlled trial that found that abdominal massage could be effective as a treatment option in constipation management

DIGNITY; PATIENTS’ RIGHTS; REFLECTION

Grainger, Angela
Reflective practice: the importance of treating patients with dignity
British Journal of Healthcare Assistants
2011 FEB 5 (02): 84 - 85
Every patient has the fundamental human right to receive high quality care that is safe, effective and respects their privacy and dignity. This article explores how breaches of dignity and privacy can occur, and how such occurrences can be avoided. Guided reflective practice is used to facilitate further learning and understanding.

DISABILITIES; FAMILIES; THERAPY; DRAMA

Puttick, Nicola
Siblings of children with disabilities: improving health and well-being through creativity
Journal of Family Health Care
2011 JAN 21 (1): 25 - 28
This article describes an award winning scheme in Cornwall which offers creative support to the brothers and sisters of children with disabilities.

DOMESTIC VIOLENCE; BEST PRACTICE; CHILD ABUSE

Baird, Kathleen
Working with women and children experiencing domestic violence
Primary Health Care
2011 FEB 21 (1): 16 - 21
Article discusses how healthcare professionals should best deal with the needs of people affected by threatening behaviour in the home

Mattison, Kelly
Enemy within
Young Minds
2011 FEB Feb/mar (110): 26 - 27
The emotional scars of witnessing domestic violence can stay with children for a lifetime increasing the risk that they may go on to be the abusers themselves. The author speaks to experts to find out how they can help children of abusers to break the cycle of violence.
DRUG EDUCATION; MEDICINES; PATIENT PARTICIPATION; PRACTICE NURSING

Kaufman, Ferri; Birks, Yvonne
Helping patients to adhere to their medicines
Practice Nurse
2011 FEB 11th 41 (2): 20 - 22
This article looks at ways to involve the patient in making decisions about their medicines, review drug therapy, and optimise adherence to treatment.

DRUGS MISUSE; ADOLESCENCE

de Braal, Bernice
Young people and drug abuse
School Health
2011 7 (1): 5 - 6
Article probes what lies behind the rise in young people seeking treatment for drug abuse.

DYSPHAGIA; DEMENTIA; NUTRITION; OLDER PEOPLE

Kyle, G
Managing dysphagia in older people with dementia
British Journal of Community Nursing
2011 16 (01): 6 - 11
Article looks at managing dysphagia in older people with dementia. It looks at the difficulties it poses not only for professionals but also the emotional issues for the individual and their family. Full text available for Athens users on http://web.ebscohost.com

EAR DISORDERS

British Tinnitus Association
Promoting tinnitus awareness
British Journal of Healthcare Assistants
2011 FEB 5 (02): 98 - 99
To promote Tinnitus Awareness week (4-11th Feb) Article defines tinnitus and how it can affect sufferers lives. Article also looks at hopes for a future cure.

EATING DISORDERS

Carr, Caroline
Understanding eating disorders
British Journal of Healthcare Assistants
2011 FEB 5 (02): 100 - 101
Article looks at the differing types of eating disorders and the combination of factors that may contribute to developing one of them. It also discusses some of the broad and general signs of eating disorders.

ECZEMA; SKIN DISORDERS
Van Onselen, Julie
Scalp problems in eczema
Journal of Community Nursing
2011 JAN 25 (1): 10 -12
This article looks at the different types of scalp eczema and offers guidance on ways of treating this often intractable condition.

EMERGENCY MEDICAL CARE; HOSPITALS
The art of going with the flow
Health Service Journal
2011 FEB 10 (): 20 - 22
The article describes the creation and design of an urgent care centre, combining GPs and emergency professionals, which helped to optimise patients’ movement through A&E

END OF LIFE CARE; ENVIRONMENT
Bird, Candy & others
Safe haven: transforming relatives’ rooms
Nursing Times
2011 FEB 8TH 107 (5): 16 -18
The quality of facilities available for relatives and carers of hospital patients, which is particularly important when distressing news is given, often receives little attention. This article outlines a project undertaken at a Liverpool trust to improve the environment of relatives’ rooms.

EYE DISORDER; MEDICINES; NURSE PRESCRIBERS
Hall, Sandra
Prescribing for infective eye disorders
Nurse Prescribing
2011 FEB 9 (2): 89 - 92
This article concentrates on the common infective eye disorders, how to manage these and how to identify potentially serious conditions that should be referred.

FATHERS; TEENAGE PARENTS
Hit the ground crawling
Children & Young People Now
2011 FEB 22 (): 20 - 21
The article describes an antenatal programme that is designed to give dads-to-be the chance to learn childcare skills.

FOOT HEALTH; GOVERNANCE
King, Theresa; Callaghan, Tessa
Basic nail care: to cut or not to cut?
British Journal of Healthcare Assistants
2011 FEB 5 (02): 86 - 88
This article describes the development of a basic foot care training programme in Wales which was established to implement basic foot care. As a result of enrolling onto the programme, health professionals can become competent in cutting toe nails for the low risk foot.
FUNDING; LEARNING DISABILITIES; COMMISSIONING

Greig, Rob
Services that rise to any challenge
Health Service Journal
2011 FEB 17 ( ): 26 - 27
Learning disabilities services that draw hard on funding can be commissioned better says the author of this article.

GENETICS; SCREENING; BLACK AND MINORITY ETHNIC GROUPS

Ainsworth, Steve
Tay-sachs disease a triumph from disaster
Practice Nurse
2011 FEB 25th 41 ( 3 ): 31 - 32
The success of efforts to prevent inherited Tay-Sachs disease in the worldwide Jewish community proves that genetic screening, although controversial, is a practical way forward, not only for prospective spouses who are closely related, but for everyone whose family has a history of genetic disorders.

GP COMMISSIONING

Saddler, Joan
Getting on course for consortia
Health Service Journal
2011 FEB 3 ( ): 18 - 19
This article reports on a GPs, patient affairs representative and service providers discussion on consortium commissioning.

HEALTHY SCHOOLS; CHILD NUTRITION

Bessmes, van Assena & others
Evaluation of an adoption strategy for a healthy diet programme for lower vocational schools
Health Education Research
2011 FEB 26 ( 1 ): 89 - 105
This article describes the evaluation of an adoption strategy for the school-based health diet programme Krachtvoer, in the Netherlands.

HEART FAILURE; COGNITIVE FUNCTIONS; PALLIATIVE CARE

Nazarko, Linda
Heart failure: palliative care and changes in cognition
British Journal of Healthcare Assistants
2011 FEB 5 ( 02 ): 70 - 73
People with chronic heart failure are four times more likely to suffer cognitive impairment than other adults. This article examines how cognitive impairment affects a patient's ability to work with health professionals. In addition, simple strategies are outlined to enhance quality of life and continuity of care is discussed as an essential aspect of palliative treatment.
HOSPITALS; HEALTH ECONOMICS; PARTNERSHIP WORKING

Carlisle, Daloni
Hot news for the partnership way
Health Service Journal
2011 FEB 17 ( ) : 24 - 25
This article looks at Spain's public-private health services which is arousing interest in the UK

Lees, Liz
Promoting single sex acute units
Nursing Times
2011 FEB 2 107 ( 4 ) : 18 - 20
The article discusses an audit to explore patients' experiences of being nursed in mixed sex accommodation on an acute medicine unit.

HYGIENE; INFECTION CONTROL; PATIENT SATISFACTION; COMPLIANCE

Tanner, Judith; Mistry, Neetesh
Hand hygiene: product preference and compliance
Nursing Times
2011 FEB 15th 107 ( 6 ) : 16 - 19
In an attempt to improve patient hand hygiene in hospitals. This article aims to explore patient satisfaction with hand hygiene products and to identify those that are most popular, to enable hospitals to target hand hygiene more appropriately and effectively.

INFANTS; SKIN DISORDERS

Carpenter, Pauline, Richards, Karen
Olive versus mineral oil
Community Practitioner
2011 FEB 84 ( 2 ) : 40 - 42
This article reviews the evidence for mineral versus olive oil use in infant skin care and massage.

KIDNEY DISEASES; CLINICAL GUIDELINES; NURSE PRESCRIBERS

Thomas, Nicola
The management of chronic kidney disease
Nurse Prescribing
2011 FEB 9 ( 2 ) : 76 - 81
This article will provide background information on the main changes made to the management of chronic kidney disease (CKD) since the publication of the NICE guidance in 2008.

LEG ULCERS; QUALITY

Blockley, Diane and others
Transforming community leg ulcer services
Journal of Community Nursing
2011 JAN 25 ( 1 ) : 20 - 24
The authors of this article outline how they approached the need for providing evidence on the recurrence rate of venous leg ulcers for the Commissioning for
Quality and Innovation (CQUIN) scheme and discuss the implications for patients and community nurses.

**MATERNITY SERVICES; PREGNANCY**

Callaghan, M; Buller AM; Murray SF
Understanding 'late bookers' and their social circumstances
British Journal of Midwifery
2011 JAN 19 (1): 7 - 13
This article looks at the varied and complex reasons for booking late and how maternity services can help increase the percentage of women accessing care in the first trimester of pregnancy as well as aiming to improve women’s experience of and involvement in maternity care.

Redding, Don
Maternity does not end at birth
Health Service Journal
2011 FEB 10 (): 26 - 27
The article suggests that the quality and quantity of information, advice and emotional support that is provided in the postnatal period largely determines patients’ experience of postnatal care.

**MEDICAL EQUIPMENT; INFECTION CONTROL; EVIDENCE BASED HEALTH; DISTRICT NURSES**

Unsworth, John
District nurses’ and aseptic technique: where did it all go wrong?
British Journal of Community Nursing
2011 16 (01): 29 - 34
This article explores the reasons why concerns about the performance of aseptic procedures in the community may have arisen and what steps can be taken to address these concerns to ensure that care at home is both safe and effective. Full text available for Athens users on http://web.ebscohost.com

**MENOPAUSE; WOMEN'S HEALTH; PRACTICE NURSING; HRT; OESTROGEN; BREAST CANCER**

Munson, Eileen
Significance of the menopause
Practice Nurse
This article is the first of four that aims to help practice nurses to be confident in educating women on the management of their own menopause.

**MENTAL HEALTH; NURSES**

Stacey, Johnston & others
How do nurses cope when values and practice conflict?
Nursing Times
2011 FEB 8th 107 (5): 20 - 23
This article looks at the development of professional ideals in mental health nurses. The effect conflict between ideals and organisational constraints and the strategies
for responding to these conflicts.

Stanton, Maggie; Dunkley, Christine
First steps in mindfulness skills
Nursing Times
This article describes the concept of mindfulness, some of the clinical populations that have been treated with this technique, a script for a simple introductory mindfulness exercise and a case study to illustrate its use.

Dugmore, Lois
Partnership working in dual diagnosis
Nursing Times
2011 FEB 22nd  107 ( 7 ): 20 - 21
Many mental health clients have problems with drug and alcohol use. This article describes how a collaborative project at Leicestershire Partnership Trust is addressing the needs of clients with dual diagnosis. It outlines the aims of the project, the successes and the challenges, and provides guidance on setting up a collaborative service.

Forsyth, P
Video therapy, screening techniques
Young Minds
2011 FEB  Feb/Mar ( 110 ): 20 - 21
The use of video is still an important tool in helping children's mental health practitioners and their clients get the most out of therapy. The author discusses some of the techniques commonly used.

MENTAL HEALTH SERVICES; AUDIT

Gaw, Caron; Redrup, Lauren
And here's one we audited earlier
Health Service Journal
2011 FEB 10  (): 24 - 25
Comparing two clinical governance audits has highlighted the changes in Croydon's mental health acute inpatient bed use over three years, tracking improvements from service redesign. The article mentions the SUN service for adult personality disorder provided by the Bethlem day service of the South London and the Maudsley trust.

MIDWIVES; TRAINING; INFANT NUTRITION

Long, Louise
Achieving 'baby friendly' standards in pre-registration education
British Journal of Midwifery
This article explains what the 'Baby Friendly' Initiative (BFI) Educations Standards are; how they fit with the Nursing and Midwifery Council essential skills clusters; details how these standards are placed in the curriculum; the assessment process and what it has meant for newly-qualified midwives.

NEUROLOGICAL DISEASES AND DISORDERS; COGNITIVE FUNCTIONS
A working knowledge of common neurological conditions needs to be accompanied by a willingness to learn about the rarer ones. This article focuses on long-term neurological disorders, both progressive and non-progressive, affecting movement and cognition.

**NURSING PROCEDURES**

Dyer, Ian; Gardner, Paula

Q&A - Is it true that axillary temperature in adults is 1°C lower than oral and, if so, why?

Nursing Times
2011 FEB 15th 107 (6): 21 - 21

Article answers the question.

**OBESITY; PREGNANCY; HEALTH INTERVENTIONS**

Khazaezadeh, Nina

Using service-users' views to design a maternal obesity intervention

British Journal of Midwifery

Maternal obesity has received limited emphasis compared to adult and childhood obesity. In addition there is a lack of evidence regarding service users' views. A qualitative study was conducted to identify and understand the health-care needs of service uses in Lambeth and south-east London. Semi-structured interviews were conducted with six obese pregnant women and three obese women trying to conceive. The lack of awareness of obesity as well as the lack of existing services was acknowledged and recommendations to improve interventions for this target group.

**OCCUPATIONAL THERAPY; MUSCULOSKELETAL DISORDERS; PAIN**

Heyde RL

Occupational therapy interventions for shoulder conditions: A systematic review

American Journal of Occupational Therapy
2011 65 (1): 16 - 23

For abstract please click on http://ajot.aotapress.net/content/65/1/16.abstract - url correct as of 21st Feb 2011

Bohr, PC

Systematic review and analysis of work-related injuries to and conditions of the elbow

American Journal of Occupational Therapy
2011 65 (1): 24 - 28

For abstract please click on http://ajot.aotapress.net/content/65/1/24.abstract - url correct as of 21st Feb 2011

Amini, D

Occupational therapy interventions for work related injuries and conditions of the forearm, wrist, and hand: a systematic review

American Journal of Occupational Therapy
OLDER PEOPLE; FUNDING; HOSPITALS

Carson, Gordon
The results business
Community Care
2011 JAN 27 (1850): 24 - 25
The author examines payment by results' prospects as the method of funding NHS hospitals may be extended to adult care.

Richard, Kosatsky & others
Correlates of hot day air-conditioning use among middle-aged and older adults with chronic heart and lung diseases: the role of health beliefs and cues to action.
Health Education Research
2011 FEB 26 (1): 77 - 88
Extreme ambient heat is a serious public health threat, especially for the elderly and persons with pre-existing health conditions. This article is about the findings of a study carried out on just this.

PAIN; OCCUPATIONAL THERAPY

Engel-Yeger, B; Dunn, W
Relationship between pain catastrophizing level and sensory processing patterns in typical adults
American Journal of Occupational Therapy
2011 65 (1): 44 - 44
For abstract please click on http://ajot.aotapress.net/content/65/1/e1.abstract - url correct as of 21st Feb 2011

Taverner, Tarnia
Assessment of neuropathic pain in the community
British Journal of Community Nursing
2011 16 (01): 24 - 34
This article provides the reader with evidence based-clinical guidance regarding assessing neuropathic pain. Article gives simple neuropathic assessment tools that can be applied to community care. This will allow the community nurse to identify patients who have neuropathic pain and enable appropriate management. Full text available for Athens users on http://web.ebscohost.com

Pitt, Vern
Just the job to ease the pain
Community Care
2011 JAN 27 (1850): 28 - 29
A project involving Remploy and a general hospital (Southampton General Hospital) is finding work placements for people whose lives are afflicted by pain every day.

Selby, Mary
Managing chronic pain
Practice Nurse
2011 FEB 11th 42 (2): 14 - 19
This article looks at how the skilled practice nurse can explain 'how pain works' and
communicate with the patient to set out joint treatment goals and explore options that may make a real difference to their lives.

**PALLIATIVE CARE; PATIENT CHOICE; DISTRICT NURSES**

Walshe, Catherine and others  
Equity, choice or chance? Community palliative care  
Journal of Community Nursing  
2011 JAN 25 (1): 16 - 18  
Article explores how issues of equity and choice were put into practice by district nurses and other providers of community palliative care services

Walshe, Catherine and others  
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2011 JAN 25 (1): 16 - 18  
Article explores how issues of equity and choice were put into practice by district nurses and other providers of community palliative care services

Eggleton, Alison, G  
Calculation skills  
Nurse Prescribing  
2011 FEB 9 (2): 62 - 63  
This is the first article in this series featuring calculation skills for nurses treating palliative care.

**PARENTS; CHILDREN**

Barclay, Cross & others  
Sleep Solutionz: taking part  
Community Practitioner  
2011 FEB 84 (2): 38 - 39  
This article looks at parents' reflections on their experiences of being involved in participatory research into young children's sleep.

**PATIENT INFORMATION; LEARNING DISABILITIES**

King, Simone  
Clear information can cut inequalities in learning disabilities  
Nursing Times  
Providing information in an easy-read format can help patients with learning disabilities to understand health issues and therefore make more decisions for themselves.

**PATIENT SATISFACTION; QUALITY; IMPROVEMENT**

Ashton, Sally  
Using compliments to measure quality  
Nursing Times  
2011 FEB 22nd 107 (7): 14 - 15  
Collecting positive feedback can increase nurses' confidence, show improvements in performance and provide a baseline for measuring patient satisfaction. This
article describes how nurses on a dementia assessment ward designed, implemented and evaluated a way of collecting compliments, changing staff attitudes to receiving feedback.

PATIENTS; EVALUATION; PERFORMANCE; BEST PRACTICE

Warren, Ed
The consultation: how to do it - part 6
Practice Nurse
Checking to confirm that the patient has understood the diagnosis and making sure that the chosen management plan reflects current best practice are vital components of an effective consultation

PHYSICAL ACTIVITY; HEALTH PROMOTION; OLDER PEOPLE; PRACTICE NURSING; PRIMARY HEALTH CARE

Goodman, C
Activity promotion for community-dwelling older people: a survey of the contribution of primary care nurses
British Journal of Community Nursing
2011 16 (01): 12 - 17
This study aims to discover the current level of nurse-led involvement in activity promotion for older people in primary care and to explore the knowledge and attitudes of primary care nurses about health benefits of activity promotion for older people. Full text available for Athens users on http://web.ebscohost.com

POVERTY; CHILDREN

Field, Frank
Big Interview
Young Minds
2011 FEB Feb/Mar (110): 18 - 19
In this article the MP talks about the findings from his independent review of poverty.

PREGNANCY; NUTRITION; SCREENING

Langstroth C and others
Implementation and evaluation of a nutritional screening tool
British Journal of Midwifery
2011 19 (1): 15 - 23
The aim of this study was to implement and evaluate the use of a nutritional screening tool for pregnant women. The nutritional screening tool was piloted by seven midwives on between four and ten pregnant women to assess the tool's ease of use.

Richens, Yana
Pregnancy and social difficulties
Nursing Times
201 FEB 8th 5 (107): 24 - 24
This article looks at the new NICE guideline which advises how to care for pregnant women in difficult circumstances who may be reluctant to use services.
PRIMARY CARE TRUSTS; GOVERNANCE

Burnell, Andrew
Going Independent
Health Service Journal
2011 FEB 3rd ( ): 17 - 17
This article reflects upon the transition to an independent provider of NHS care.

PSYCHOLOGY NURSING; NURSING; COUNSELLING

Wood, Janet
"I overheard conversations that troubled and confused me"
Nursing Times
2011 FEB 8th 107 ( 5 ): 19 -
The article is written by the patient who shares her experiences of the care she received and the challenges she faced while coping with necrotising fasciitis.

Valios, Natalie
Is IAPT the future for CAMHS
Young Minds
2011 FEB Feb/Mar ( 110 ): 24 - 25
The author reports on the Government's plan to expand psychological therapies to children and young people which has split the experts. Some see it as a way of improving access to therapies for those who don't currently qualify while others fear it will be at the expense of acute CAMHS work.

PUBLIC HEALTH; HEALTH INEQUALITIES

Wood, Antonia
Public health re-energised: what the new White Paper will mean
Journal of Family Health Care
2011 JAN 21 ( 1 ): 7 - 9
The article discusses 'Healthy Lives, Healthy People' and looks at the likely implications for practitioners as the focus shifts to Local Authorities.

Hanlon, Carlisle & others
Making a case for a 'fifth wave' in public health
Public Health
2011 JAN 125 ( 1 ): 30 - 36
This article is about the phases of public health improvement since the Industrial Revolution and that each of these can be linked to major shifts in thinking about the nature of society and health itself. This article is about the phases of public health improvement since the Industrial Revolution and that each of these can be linked to major shifts in thinking about the nature of society and health itself.

QUALITY; MEASUREMENT

Grant, Lisa
Measuring quality: how to empower staff to take control
Nursing Times
2011 FEB 22nd 107 ( 7 ): 22 - 25
The balanced scorecard can be used to involve nurses in developing and acting on quality indicators; it also shows at a glance how well standards are being met.
REFUGEES; MATERNITY SERVICES; LAW

Wiseman, Octavia
Undocumented migrants and maternity care
British Journal of Midwifery
2011 JAN 19 (1): 38 - 48
At present undocumented migrants in the UK who fall pregnant must, by law, be charged for all maternity care. This article outlines how this legislation works in practice, and it explores how this policy may impact on the health-seeking behaviour of pregnant undocumented migrants.

Burchill, J
Safeguarding vulnerable families: work with refugees and asylum seekers
Community Practitioner
2011 FEB 84 (2): 23 - 26
This article will highlight one of the key findings of a qualitative study based on the analysis of in-depth interviews with 14 health visitors describing their experiences working with refugees and asylum seekers.

RESPIRATORY DISORDERS; PRACTICE NURSING

Walmsley, Sandy
Oxygen and blood gas sampling in the community
Practice Nurse
2011 FEB 11th 41 (2): 41 - 45
Near-patient testing for blood gases is becoming more widely available in community settings, where it can help ensure that patients are monitored regularly, close to home and provided with high-quality cost effective and seamless care.

RISK ASSESSMENT; VIOLENCE; INTERPROFESSIONAL WORKING

Young, Andy; Woodcock, Ray
Forensic risk assessment in mental health practice: part 2
British Journal of Healthcare Assistants
2011 FEB 5 (02): 89 - 92
Part 1 of this series the fluid nature of violence risk was emphasized. It was pointed out that violence risk often changes over time and is heavily dependent on context. Part 2 expands on some of these ideas by considering some basic principles of forensic risk assessment and identifying some key issues which touch on the risk assessment and management processes.

SELF CARE; PATIENTS

Robinson, Francesca
Progress in promoting patient self-care
Practice Nurse
2011 FEB 25th 41 (3): 11 - 13
Encouraging patients to take responsibility for their own health is a message that practice nurses will be hearing a great deal about during 2011. Self-care is a key theme of last year's white paper Equity and Excellence: Liberating the NHS. This article describes some practical steps that practice nurses can take to encourage patient self-care.
SELF HARM; SCHOOL HEALTH SERVICES; EDUCATION

Norman, Amanda
Education-based support for self-harming adolescents 2
British Journal of School Nursing
2011 FEB 6 (1): 28 - 34
This article is based on the author's research dissertation for an MA in Interprofessional Healthcare Education. It is the second of two parts looking at educational support systems for young people experiencing self-harm. This part concentrates on the review's findings, providing insight into how these can be used in practice to best support young people, and highlights areas for future research.

SEXUAL ABUSE; YOUNG PEOPLE

Pemberton, Camilla
A wake-up call on sexual exploitation
Community Care
2011 JAN 27 (1850): 18 - 19
The author reports on the risk of ignoring sexual grooming and exploitation of children further up the social care agenda.

SEXUALITY; GAY MEN; LESBIANS; TRANSSEXUALS; HEALTH INEQUALITIES

Burrows, George
Lesbian, gay, bisexual and transgender health Part 1: sexual orientation
Practice Nurse
Heterosexuality is common, but no more normal than being lesbian, gay or bisexual. Becoming more familiar with sexual diversity is an essential part of creating a safe environment where people can be open, so that their health needs can be fulfilled.

SMOKING; SMOKING CESSATION; MENTAL HEALTH

Lawn, Hersh & others
'I just saw it as something that would pull you down, rather than lift you up': resilience in never-smokers with mental illness.

Health Education Research
2011 FEB 26 (1): 26 - 38
Why people smoke despite the health risks is an important public health question. This study used in-depth interviews to explore the narratives of 12 people diagnosed with mental illness, who had made conscious decisions not to smoke.

SMOKING CESSATION; HEALTH PROMOTION; ADDICTION

Cotton, Alice
Misconceptions in smoking cessation
Practice Nurse
2011 FEB 25th 41 (3): 14 - 18
Smokers’ own beliefs about the benefits of smoking, the nature of nicotine dependence and unpleasant withdrawal symptoms make quitting extremely difficult.
This article discusses the need to be aware of the misconceptions people may have regarding tobacco addiction and giving up smoking using nicotine replacement patches.

**SOCIAL WORK; REGULATIONS**

McGregor, Kirsty  
Towards better supervision  
Community Care  
2011 JAN 27 (1850): 30 - 32  
The article considers the impact of the Social Work Reform Board's proposals to overhaul the profession in England, with a detailed look at what the proposed supervision framework will mean for practitioners and managers.

**STATISTICAL DATA**

Ainsworth, Steve  
Lies, damned lies ..... and health statistics  
Practice Nurse  
Statistics are often misleading, particularly where healthcare is involved. What we make of official statistics is dependent on which figures have been publicised and on how they have been interpreted and potentially misused by the media.

**STRESS; INJURY; PARENTS**

Marsac, Kassam-Adams & others  
After the injury: initial evaluation of a web based intervention for parents of injured children.  
Health Education Research  
2011 FEB 26 (1): 1 - 12  
The purpose of this study was to survey parent knowledge of child injury reactions (including post traumatic stress symptoms) and to evaluate parent satisfaction and learning outcomes following a video - or web-based in intervention.

**STUDENTS; SCHOOLS; NURSING**

Sherwin, Sarah; Stevenson, Liz  
Assessing the learning needs of students  
British Journal of School Nursing  
2011 FEB 6 (1): 38 - 42  
In the third of the series this article the authors discuss the role of the practice teacher in assessing the learning needs of students on placement with the school health team.

**TEENAGE PARENTS; SOCIAL FACTORS; HOUSING**

Smith, Debbie; Roberts, Ron  
Young parents: the role of housing in understanding social inequality.  
Journal of Family Health Care  
2011 JAN 21 (1): 20 - 22  
This article presents research suggesting that current policies on supportive housing for young parents are adversely affecting relationships between the parents.
and between the father and the child.

**TEENAGE PREGNANCY; FINANCE**

Higgs, Lauren
Rise in teen pregnancy feared as roles are axed
Children & Young People Now
2011 FEB 22 ( ): 10 - 11
The article discusses the results of a Freedom of Information request that revealed the numbers of councils that were proposing to remove funding from some elements of the teenage pregnancy programme.

**THERAPY; CHILD BEHAVIOUR DISORDERS; WELLBEING**

Armstrong, Harriet
Play therapy in schools
School Health
2011 7 ( 1 ): 7 - 10
Article discusses how play therapy can be useful in schools to help troubled children.

**TUBERCULOSIS; RESPIRATORY DISORDERS; INFECTION CONTROL**

Holmstrom, Radhika
Taking action on 21st century tuberculosis
Primary Health Care
2011 FEB 21 ( 1 ): 6 - 7
This article reports on tuberculosis a disease that is surprisingly prevalent in the UK

Duarte, Santos, & others
Involving community partners in the management of tuberculosis among drug users.
Public Health
2011 JAN 125 ( 1 ): 60 - 62
In Portugal, the incidence of tuberculosis remains the highest in Western Europe, despite the decrease from 66.4 to 25.3 per 100,000 individuals from 1985 to 2008. This article looks at the challenges faced by the healthcare system