ADOPTION PRISONS ADOLESCENCE

Mellon, Maggie
Is intensive fostering more effective than custody?
Community Care
2010 OCT 21st (1840): 32 - 33
Many consider intensive fostering to be a far more effective intervention than custody for troubled young people. Article reviews research that supports this view.

ALCOHOL EDUCATION DRUG EDUCATION ADOLESCENCE SCHOOL HEALTH PROMOTION

Marks, Emma
A drugs and alcohol awareness programme developed, with 12-13 year olds, by the South Western Ambulance Service
Education and Health
2010 28 (3): 42 - 45
The Pacesetters programme is a partnership between local communities who experience health inequalities, the NHS and DoH. The South West Strategic Health Authority has five development initiatives to help reduce inequalities. The Pacesetters programme provided an opportunity for the South Western Ambulance Service Trust to work with young people in schools and present a drugs and alcohol awareness programme.

ALCOHOL MISUSE ADOLESCENCE FAMILIES PARENTING

Okulicz-Kozaryn, K
Gender and family differences in adolescent's heavy alcohol use: the power-control theory perspective
Health Education Research
2010 OCT 25 (5): 780 - 791
According to the power-control theory, growing independence of adolescent girls, manifest in more prevalent problem behaviours. Increasing female adolescent’s alcohol use has been found in EU countries. Article looks at changes in family structure and parenting practices that may explain these problem behaviours.

Thomas, Susan
Preventing harmful drinking
Practice Nurse
2010 OCT 8th 40 (6): 38 - 42
Article looks at alcohol screening opportunities within everyday practice and how to deliver brief advice to high-risk drinkers.

ALTERNATIVE MEDICINE & THERAPIES HEALTH

Moss, Gloria A
Water and health: A forgotten connection?
Perspectives in Public Health
2010 SEP 130 (5): 227 - 232
There are many reminders of the risks that water shortages post to humans. This article provides an overview of the way in which water has been used to promote health, past and present. It begins by reviewing the evidence for the medicinal uses of water in ancient societies and then examines evidence for the medicinal potency of water.

ANGINA CARDIOVASCULAR DISEASES CLINICAL GUIDELINES

Arden, Chris
Controlling heart rate is key when managing stable angina
Guidelines in practice
2010 OCT 13 (10): 51 - 56
Article explains why new guidance on the management of symptomatic stable angina in primary care will ensure that more patients are treated correctly

ARTHITIS MUSCULOSKELETAL DISORDERS CLINICAL GUIDELINES

Wise, Elspeth
Guidance provides more choice on treatments for RA
Guidelines in practice
2010 OCT 13 (10): 15 - 17
Discusses the technology appraisals on the use of biological therapies in the management of rheumatoid arthritis

ASTHMA MEDICINES

Burns, Dave
Deteriorating asthma control: a difficult case?
Practice Nurse
2010 OCT 22nd 40 (7): 17 - 22
Article explores possible causes when a patient's previously good asthma control deteriorates.

AUTISM BEHAVIOUR RESEARCH

Roberts, Deborah; Pickering, Nia
Parent training programme for autism spectrum disorders: an evaluation
Community Practitioner
2010 OCT 83 (10): 27 - 30
Describes a pilot Incredible Years parenting programme that improved the behaviour of the child and was beneficial to the mental health of the parents

BLOOD AND IMMUNE DISORDERS MEDICINES CARDIOVASCULAR DISEASES STROKE AND TIA

Murray, Ellen
Anticoagulation service in primary care
Practice Nurse
2010 OCT 22nd 40 (7): 38 - 45
Article advises on how to set up and run an effective anticoagulation monitoring
BODY IMAGE EATING DISORDERS PHYSICAL ACTIVITY

Yager, Zali; O'Dea, Jennifer
A controlled intervention to promote a healthy body image, reduce eating disorder risk and prevent excessive exercise among trainee health education and physical education teachers.
Health Education Research
2010 OCT 25 (5): 841-852
This study examined the impact of two interventions on body image, eating disorder risk and excessive exercise among 170 trainee health education and physical education teachers who were considered an 'at-risk' population for poor body image and eating disorders.

CANCER EMPOWERMENT

Hindle, Stephen
Cancer survivorship and the role of support workers
British Journal of Healthcare Assistants
2010 OCT 04 (10): 482-485
The National Cancer Survivorship Initiative (NCSI) in England aims to ensure that people with a cancer diagnosis are able to lead as healthy and active a life as possible. Through investment in new models of aftercare for cancer survivors, there are opportunities to improve quality and efficiency of services. Assessment and care planning are key to providing appropriate support, as is supported self-management and physical activity interventions.

Feufel, Markus A
A field test of the effects of instruction design on colorectal cancer self-screening accuracy
Health Education Research
2010 OCT 25 (5): 709-723
A field experiment tested whether instruction design improves accurate adherence to instructions for medical do-it-yourself tests like the Fecal Occult Blood Test (FOBT).

CARDIOVASCULAR DISEASES RISK ASSESSMENT RISK MANAGEMENT HEALTH INEQUALITIES

Westerby, Ruth
Cardiovascular risk assessment and risk management
Practice Nurse
2010 OCT 8th 40 (6): 43-49
Considers ways in which to identify and help those who are at greatest disadvantage and risk of cardiovascular disease.

CARERS SOCIAL SERVICES FINANCE

Carson, Gordon
Budgets door ajar for carers
Community Care
2010 OCT 28 (1841): 22-23
Personal budgets for carers will be at the heart of the government's new vision for
adult care. Although uptake is patchy, they can transform lives.

**CATHETERS PREGNANCY MIDWIVES**

Velinor, Angela  
Urinary catheterization in labour: best practice for midwives  
British Journal of Midwifery  
2010 SEP 18 (9): 584 - 587  
Overview of the use of urinary catheters in the intrapartum period including possible complications. Covers genital anatomy and the use of anaesthetic, antiseptic and lubricants.

**CEREBRAL PALSY SCHOOL HEALTH SERVICES**

Holt, Ann  
Caring for children with cerebral palsy  
British Journal of School Nursing  
2010 OCT 5 (8): 380 - 382  
Cerebral palsy has been estimated to affect 1 in 400 children born. This article provides a brief overview of the condition and looks at ways in which school nurses can help support children and young people with cerebral palsy in schools.

Scheuber, Mathilda  
Ensuring the rights of the child with cerebral palsy are met  
British Journal of School Nursing  
2010 OCT 5 (8): 393 - 395  
It is important to ensure that the rights of all children are respected. Disabled children are a particularly vulnerable group. This article looks at how nurses, whether based in the community or on the ward, can help meet those rights.

**CHILD ABUSE SPORTS**

Hunt, Louise  
The game's up for child abuse in sport  
Community Care  
2010 OCT 21st (1840): 16 - 17  
Awareness is growing of how to spot potential signs of abuse in elite child athletes.

**CHILD CARE ADOPTION**

Carson, Gordon  
Will staying put stay put?  
Community Care  
2010 OCT 28 (1841): 16 - 17  
A national scheme to give children the opportunity to remain in care past the age of 18 is producing some promising results, but its future is far from assured.

Wellard, Sarah  
Grandparents: an underestimated resource for children's health and development.  
Journal of Family Health Care  
2010 20 (5): 150 - 152  
The contribution that grandparents make to children's upbringing is largely unrecognised and unsupported.
CHILD PROTECTION SOCIAL WORKERS
Munro, Eileen
Munro report finds rules hamper good social work practice
Community Care
2010  OCT 7th  ( 1838 ): 4 - 5
Article discusses initial observations from the first instalment of Professor Eileen Munro's review of children's social services in England in which it is found that social workers are failing to meet children's needs because they are too focused on complying with regulations and targets.

CHILDREN SOCIAL EXCLUSION POVERTY
Early Intervention
Special Children
2010  OCT  ( 197 ): 10 - 11
The coalition government has set up an independent commission into early intervention. Article explains why.

CHRONIC AIRWAYS DISEASE RESEARCH REHABILITATION
Christie, Janice
Does rehabilitation help after exacerbations of chronic obstructive pulmonary disease?
Nursing Times
2010  SEP 28  106 ( 38 ): 16 - 16
Cochrane review found improvements in the intervention group and no adverse events were reported

Holmes, Scullion J
Chronic obstructive pulmonary disease (COPD): updated guidelines
Primary Health Care
2010  OCT  20 ( 8 ): 33 - 39
This article details the updated changes to NICE guidelines for chronic obstructive pulmonary disease (COPD) relevant to current practice alongside previous relevant recommendations.

COELIAC DISEASE DIGESTIVE TRACT DISEASES NUTRITION
Phillips, Frankie
Coeliac disease
Practice Nurse
2010  OCT 22nd  40 ( 7 ): 26 - 29
Article gives an overview of coeliac disease its diagnosis and gluten-free dietary management

Barnard, Penny
Managing coeliac disease in school
School Health
2010  6 ( 5 ): 62 - 65
This article describes situations associated with CD that can arise in the school setting. It aims to heighten awareness of CD among school health professionals and encourage appropriate early referral to the medical services.
COGNITIVE FUNCTIONS DEHYDRATION CHILDREN
Edmonds, Caroline
Does a drink of water help children think? A summary of some recent findings
School Health
2010  6 ( 5 ): 58 - 60
Article discusses the role of hydration in improving cognition in school children and the negative effects of dehydration.

COMMISSIONING
Regan, Paul; Ball Elaine
Liberating the NHS; commissioning, outsourcing and a new politics debate.
British Journal of Community Nursing
2010  OCT  15 ( 10 ): 503 - 505
This article looks at the new Government White Paper entitled Equity and Excellence: Liberating the NHS and the effects it will have, if any, from the previous initiatives.

COMMUNICATION DISORDERS LANGUAGE DISORDERS
Berquez, Ali and others
Wait, Wait, I'm not finished yet....
Special Children
2010  OCT  ( 197 ): 36 - 38
Article reports on the launch of a DVD that addresses the issue of stammering and the use it has been put to in mainstream schools.

COMMUNITY NURSING MENTAL HEALTH SERVICES HOSPITALS
Cook, Rosemary
Liberating the NHS: what the white paper means to community nurses
Nursing Times
2010  SEP 28  106 ( 38 ): 10 - 11
Explains how the proposal to integrate community services with acute and mental health trusts can be beneficial

CONTINENCE SKIN DISORDERS RESEARCH
Beeckman, Dimitri and others
What is the most effective method of preventing and treating incontinence associated dermatitis?
Nursing Times
2010  SEP 28  106 ( 38 ): 22 - 25
A systematic review assessed the effectiveness of different skin care regimens

CRIME PRISONS ADOLESCENCE CHILDREN
Neustatter, Angela
There must be a better way
Young Minds
2010 OCT (108): 18 - 20
Article looks at the benefits of alternatives to custody for children and young people.

DEEP VEIN THROMBOSIS CIRCULATORY DISEASES

Meetoo, Danny
The management of upper-extremity deep vein thrombosis
Nurse Prescribing
2010 OCT 9 (10): 466 - 472
This article aims to provide an overview of the aetiology, pathogenesis, and clinical features of upper-extremity deep vein thrombosis. The potential complications are presented, and therapeutic interventions discussed.

DEMENTIA HEALTH CARE ASSISTANTS

Schneider, Justine
Research: support workers play vital role in dementia care
British Journal of Healthcare Assistants
2010 OCT 04 (10): 498 - 501
Discusses the results of a government funded research study into the working lives of health care assistants in dementia wards.

Thorpe, Andrea
Better care for people living with dementia
Community Care
2010 OCT 7th (1838): 32 - 33
The social Care Institute for Excellence's Dementia Gateway, created with the Alzheimer's Society, is an online resource for carers and professionals living and working with people with dementia. It offers tips, tools and activities to help them meet their challenges.

Crabtree, Julie; Mack, James
Designing a training programme to improve staff attitudes towards people with dementia.
Nursing Times
2010 OCT 5th 106 (39): 14 - 16
A training needs analysis identified a more positive approach to dementia patients was needed. this was addressed with interactive dementia awareness sessions.

Higgins, Patricia
Using dolls to enhance the wellbeing of people with dementia in residential care
Nursing Times
2010 OCT 5th 106 (39): 18 - 20
Doll therapy in dementia care remains a controversial intervention but it may well provide people with sensory stimulation and purposeful activity.

DIABETES BLOOD AND IMMUNE DISORDERS

Lawrence, Stephen
Target levels for HbA1c should be tailored to the individual patient
Guidelines in practice
2010 OCT 13 (10): 33 - 40
Discusses the NICE guideline recommendations on the use of newer agents for
diabetes in the control of blood glucose levels.

De Greef, K and others
A cognitive-behavioural pedometer-based group intervention on physical activity and sedentary behaviour in individuals with type 2 diabetes
Health Education Research
2010 OCT 25 (5): 724 - 736
The purpose of this study was to investigate the benefits of a pedometer and a cognitive-behavioural group intervention for promoting physical activity in type 2 diabetes patients

Luettel, Dagmar; Bischler, Anna
Safety when giving insulin in hospital
Nursing Times
2010 OCT 5th 106 (39): 12 - 13
A Rapid Response Report by the National Patient Safety Agency outlines how risks associated with insulin administration can be minimised to prevent harm.

MacLeod, Maeve and others
Bilateral cataracts as the presenting feature of type 1 diabetes
Practical Diabetes International
2010 OCT 27 (8): 334 - 334
Case study highlights the importance of considering a systemic cause for acute cataracts, and equally prompt examination of the eyes should be carried out when decreased visual acuity is reported when diabetes is diagnosed

Hegazi, Mohamed Osama and others
Recurrent diabetic ketoacidosis related to acute gastritis
Practical Diabetes International
2010 OCT 27 (8): 336 - 336
Case study found that acute H pylori-related gastritis was the aetiological factor underlying successive episodes of diabetic ketoacidosis (DKA) and recommends eradication therapy for control of the symptoms and prevention of DKA

Bhake, R; Dayan, CM
The management of gestational diabetes mellitus after pregnancy
Practical Diabetes International
2010 OCT 27 (8): 364 - 367
Explains the importance of lifelong monitoring for abnormalities of glucose metabolism following gestational diabetes mellitus in order introduce diabetes prevention interventions

Hill, Jill
Setting up a community oral glucose tolerance testing service
Primary Health Care
2010 OCT 20 (8): 28 - 31
Explains how providing education to patients while they are tested for diabetes has helped them to adapt their lifestyles.

DIAGNOSIS EVALUATION CARDIOVASCULAR DISEASES RESPIRATORY DISORDERS

O'Shea, Leigh
Differential diagnosis of chest pain
Practice Nurse
2010 OCT 8th  40 ( 6 ): 13 - 18
Explains how to recognise when chest pain requires an urgent ambulance and when further investigations and follow-up are more appropriate.

DIGESTIVE TRACT DISEASES INFANT NUTRITION

Falconer, Jackie
Gastro-oesophageal reflux and gastro-oesophageal reflux disease in infants and children
Journal of Family Health Care
2010  20 ( 5 ): 175 - 177
A lead paediatric dietitian explains the management of a condition that causes considerable anxiety to parents and can range from mild to severe and challenging.

DIGNITY QUALITY IMPROVEMENT PATIENTS

McSherry, Wilfred
Dignity in care: meanings, myths and the reality of making it work in practice
Nursing Times
2010 OCT 12  106 ( 40 ): 20 - 23
Looks at why dignity in care campaigns have increased, and whether they have improved patient care

DISABILITIES LAW SOCIAL FACTORS

Hughes, Rhidian
The social model of disability
British Journal of Healthcare Assistants
2010 OCT  04 ( 10 ): 508 - 511
This article provides an introduction to the social model of disability, which recognizes the barriers people often face are caused by negative attitudes, lack of access to services and failing to think about care and support from the perspective of service users. Also provides an overview of the social model and relevant disability legislation, before going on to illustrate how some key principles can be applied to practice.

END OF LIFE CARE MEDICINES NURSE PRESCRIBERS

Nunn, Claire S
Prescribing for non-malignant disease at the end of life
Nurse Prescribing
2010 OCT  9 ( 10 ): 474 - 481
This article offers an overview of pharmacotherapy at the end of life in non-malignant disease, with particular emphasis on morphine,

Sherwen, Eleanor
Advance care planning ensures patient choice on place of death
Nursing Times
2010 OCT 12  106 ( 40 ): 8 - 8
Calls on trusts to embed Preferred Priorities of Care to satisfy all patient's choice
Smith, Sally
Using e-learing to develop communication skills when assessing patients' end of life needs
Nursing Times
2010 OCT 19th 106 (41): 20 - 22
Marie Curie Cancer Care developed and delivered an online end of life care assessment course. The outcomes of the pilot indicate that e-learning using facilitated discussion forums may help nurses develop effective assessment skills.

EYE DISORDERS DISABILITIES SPECIAL EDUCATION

Mckeown, Sal
Shining a light on aniridia
Special Children
2010 OCT (197): 24 - 26
How do parents cope when they know their child will go blind, and what can schools do to help? Author of this article finds out about aniridia, a rare congenital condition, and talks to families about how it affects their lives and their child's education.

FLU IMMUNISATION

Greenfield, Jenny
Influenza: the 2010/11 (winter) immunisation campaign
Practice Nurse
2010 OCT 8th 40 (6): 26 - 27
Author presents a useful influenza vaccination flowchart for the 2010/11 (winter) programme.

GAMBLING PARENTING ADOLESCENCE

Griffiths, Mark D.
The role of parents in the development of gambling behaviour in adolescents
Education and Health
2010 28 (3): 51 - 54
Looks at how parental monitoring of their children's activities or lack of it can be a strong predictor of their child's anti social behaviour and in particular gambling.

GENERAL PRACTITIONERS CANCER FINANCE

Field, Steve
Early diagnosis could save lives
Health Service Journal
2010 SEP 30 (): 12 - 13
Discusses the potential for GPs to diagnose cancers earlier and improve outcomes

GENETICS FAMILIES GENERAL PRACTICE

Bishop, Michelle and others
Genetics in family health care: putting it into action
Journal of Family Health Care
2010 20 (5): 155 - 157
Family health practitioners have a key role in identifying and supporting people with or at risk of a genetic condition. Article explains what practitioners can do and how
they can develop the confidence and competence to carry out these activities.

**GP COMMISSIONING SKILLS FINANCE**

Haq, Lubna
GPs must cross the skills gap
Health Service Journal
2010 Sep 30 ( ): 20 - 21
Looks at the new skills GPs will need to acquire to take over commissioning

**HEALTH POLICY LONG TERM CONDITIONS OLDER PEOPLE**

Ham, Chris; Smith, Judith
Integrated care: Part one - Clearing the hurdles
Health Service Journal
Looks at the policy barriers to closer integration of care especially for people with long term needs

**HEALTH PROMOTION COMMUNITIES**

South, Jane; Sahota, Pinki
Harnessing people power in health promotion
Primary Health Care
2010 Oct 20 (8): 16 - 21
This article examine how and why members of the public should become involved in promoting health in the community.

**HEARING DISORDERS LANGUAGE DISORDERS SPECIAL EDUCATION THERAPY**

Stokes, Jacqueline
Teaching listening
Special Children
2010 Oct (197): 32 - 34
This article explains auditory verbal therapy, an approach with focuses on teaching hearing-impaired children to speak and listen.

**HIV & AIDS**

Mulryan, Chris
HIV - an update, part 1: understanding the virus
British Journal of Healthcare Assistants
2010 Oct 04 (10): 478 - 481
Article explains what HIV is, how the disease affects the immune system and how it is transmitted.

**INFANT NUTRITION**

More, Judy
Milks for infants and toddlers
Journal of Family Health Care
Breast milk is unquestionably the best milk for infants, but health professionals also need up-to-date information about formula milks, which are the only suitable alternative from birth and during the first year of life.

**INFECTION CONTROL HOSPITALS**

Dobson, Alan
Bed transfers put thousands of patients at risk of infection
Nursing Times
2010 OCT 5th 106 (39): 1 - 1
Discusses the potential risk of infection to thousands of patients due to the moving of beds from ward to ward.

**INTERNET BREAST FEEDING PUBLIC HEALTH**

Guy, Caroline and others
Twittering on social networking and babyfeeding matters
British Journal of Midwifery
2010 OCT 18 (10): 620 - 627
Pilot study found that social networking increased traffic to a website offering support and advice on infant feeding, and may have advantages over existing online forums.

**LANGUAGE DISORDERS COMMUNICATION DISORDERS**

Hannah, Beth
Making support more inclusive
Special Children
2010 OCT 197: 19 - 23
Article reports on an evaluation of a new service delivery model for pupils attending a language and communication resource in East Dunbartonshire.

**LEADERSHIP WORKPLACE**

Moore, Alison
Happy staff are best for patients
Health Service Journal
2010 OCT 21st: 22 - 23
Article examines the importance of engaging staff to deliver tangible results.

**LEARNING DISABILITIES FAMILIES CHILDREN**

Sykes, Marcella
Delivering a support group for siblings of children with learning disabilities
Nursing Times
2010 OCT 12 106 (40): 15 - 16
Describes the development of a group for siblings of children with learning disabilities, includes examples of the problems encountered

**LEG ULCERS QUALITY OF LIFE**
Nazarko, Linda
Arterial ulcers: the importance of holistic care
British Journal of Healthcare Assistants
2010 OCT 04 (10): 502 - 506
Article discusses the importance of treating a patient holistically rather than focusing on a single patient problem. A case study shows an 86 year old smoker with arterial disease and a leg ulcer who did not feel much better when his chest infection was treated. However, focusing on his real problems and promoting health more broadly improved his wellbeing.

LONG TERM CONDITIONS PATIENT

Phillips, Jim
What does the future hold for people with long-term health conditions.
British Journal of Community Nursing
2010 OCT 15 (10): 496 - 496
This article looks at the significant structural reforms the government has proposed and the effect it may have on patients with long-term health conditions.

MEDICINES EMPOWERMENT PATIENT EDUCATION

Grassby, Paul F
Adverse drug reactions
Practice Nurse
2010 OCT 8th 40 (6): 20 - 24
Careful explanation to patients about the risks of adverse drug reactions can help them decide whether the risks outweigh the benefits of treatment.

Richards, Ann
Topical drugs: part 2 - Drugs applied to the ears, nose and eyes
Practice Nurse
2010 OCT 22nd 40 (7): 23 - 25
Drugs designed to be applied to the ears, nose or eyes can be used to treat conditions such as otitis externa, allergies, infections and glaucoma

MENTAL HEALTH MEDICINES

Pandya, Sangita
Mood stabilizers: use, actions and prescribing rationale
Nurse Prescribing
2010 OCT 9 (10): 492 - 496
Mood stabilizers are commonly prescribed for patients suffering from a number of mental health disorders. This article provides an overview of the mode of action of these drugs, adverse effects, drug interactions, and patient contraindications for their clinical use.

Tickle, Louise
Looked-after legacy
Young Minds
2010 OCT (108): 27 - 27
A new report identifies one in ten care leavers as having a mental health problem, but little is being done to help their transition to independence.
MENTAL HEALTH SERVICES CHILDREN ADOLESCENCE

Lamb, Suzanne
Child and adolescent mental health services referrals
British Journal of School Nursing
2010 OCT 5 (8): 405 - 407
Looks at child and adolescent mental health services provision and the referral process.

MIDWIVES MOTHERS PREGNANCY

Altaweli, Roa; Roberts, Julia
Maternal-infant bonding: a concept analysis
British Journal of Midwifery
2010 SEP 18 (9): 552 - 559
Gives the defining characteristics of bonding, and explores antecedents and consequences of maternal-infant bonding, and discusses the implications for midwifery and nursing practice

Hinchliffe, Julie
Leadership theories relevant to the role of the supervisor
British Journal of Midwifery
2010 SEP 18 (9): 588 - 593
Explores the leadership component of the supervisor of midwives role, and analyses it in relation to strategies, whilst acknowledging its impact on quality and risk minimisation

Baker, Karen
The importance of effective support during childbirth
British Journal of Midwifery
2010 OCT 18 (10): 665 - 668
Literature review found that effective support enhances normal childbirth physiology and reduces the need for intervention

NEUROLOGICAL DISEASES AND DISORDERS NICE CLINICAL GUIDELINES

Young, John
The recognition and diagnosis of delirium needs improving
Guidelines in practice
2010 OCT 13 (10): 19 - 31
Article explains how implementation of the NICE guideline on delirium could help prevent one-third of episodes, resulting in significant cost savings for the NHS

NURSE PRACTITIONERS TRAINING GENERAL PRACTICE

Rashid, Claire
GPs must take greater care when delegating tasks to practice nurses
Nursing Times
2010 SEP 28 106 (38): 8 - 8
Nurses will require ongoing training if they are expected to take on additional roles

NURSE PRESCRIBERS AUDIT MEDICINES
Crew, Suzanne
Non-medical prescribing in secondary care: an audit
Nurse Prescribing
2010 OCT 9 (10): 498 - 502
The author, an orthopaedic night sister working in a centre for elective orthopaedic surgery, undertook an audit of her work as an independent non-medical prescriber. The audit focused on the medications prescribed including rationale for prescribing and frequency of prescribing, as well as problems encountered - and on the effectiveness of the role within this secondary care setting - analysing, in particular, the interactions between medical and nursing staff.

NURSING INTERPERSONAL SKILLS PATIENTS

Chowdhry, Sue
Exploring the concept of empathy in nursing: can it lead to abuse of patient trust?
Nursing Times
2010 OCT 26th 106 (42): 22 - 25
Empathy is often promoted as being desirable but any new initiative to improve care should be carefully considered to ensure it does not put patients a risk.

OLDER PEOPLE ABUSE OLDER PEOPLE COMMUNITY NURSING

Phelan, Amanda
Elder abuse and the community nurse: supporting the patient
British Journal of Community Nursing
2010 OCT 5 (10): 472 - 478
This article explains what elder abuse is. It seals difficulties in definitions, terminology and the challenges which community nurses face when addressing elderly abuse.

PAIN MEDICINES

Swann, Julie
Helping patients manage pain and its symptoms
British Journal of Healthcare Assistants
2010 OCT 04 (10): 494 - 497
This article outlines the options available to patients who suffer from pain.

PATIENT PARTICIPATION PATIENT SATISFACTION

Craig, Andrew
How to create an influential patient participation group
Primary Health Care
2010 OCT 20 (8): 24 - 25
Outlines the essential ingredients for patients to become active partners in a primary care setting

PATIENT SAFETY MEDICINES HEART DISEASES

Wood, Frances
How to reduce dose errors for Heparin
Nursing Times
2010 OCT 26th 106 (42): 12 - 13
A Rapid Response Report by the National Patient Safety Agency outlines how errors associated with doses of low molecular weight heparin can be reduced.

**PATIENTS GENERAL PRACTICE OCCUPATIONAL HEALTH AND SAFETY**

Williams, Nerys  
Fit notes, practice nurses and patient care  
Practice Nurse  
2010 OCT 22nd  40 (7): 30 - 32  
Explains the differences between the recently introduced 'fit note' and the old sick note certification system.

**PHYSICAL ACTIVITY PUPILS WELLBEING**

Edwardes, Dan  
Encouraging physical activity through parkour  
British Journal of School Nursing  
2010 OCT 5 (8): 375 - 376  
Explains the concept behind parkour and how this form of non-competitive sport can help engage all pupils in physical activity and have a positive impact on their health and wellbeing.

**POLICY PARTNERSHIP WORKING**

Smith, Judith; Ham, Chris  
Picking the path to joined-up care  
Health Service Journal  
2010 OCT 21st (): 20 - 21  
The authors of this article set out seven proposals for policy makers about what needs to be done to facilitate better integrated service provision in the context of the new white paper proposals.

**PREGNANCY BACK PAIN MIDWIVES**

Richens, Yana and others  
Lower back pain during pregnancy: advice and exercises for women  
British Journal of Midwifery  
2010 SEP 18 (9): 562 - 566  
Explains why back pain occurs during pregnancy and how midwives can help by providing advice and onward referral if necessary

Mehmet, S and others  
NICE challenge on postnatal reclassification of glucose tolerance in women previously diagnosed with gestational diabetes mellitus  
Practical Diabetes International  
2010 OCT 27 (8): 346 - 348  
Retrospective data reveals that the oral glucose tolerance test at the 6 week postnatal check is a better option than the fasting plasma glucose measurement for women with gestational diabetes mellitus

**PREGNANCY COMPLICATIONS RESEARCH COMMUNITY CARE**
Scott, Linda  
Medical management in the community as an option for first trimester miscarriage  
Nursing Times  
2010 OCT 12  106 ( 40 ): 17 - 19  
Study to assess the effectiveness of outpatient medical management for first trimester miscarriage found it more successful than inpatient treatment

PROFESSIONAL EDUCATION AND DEVELOPMENT QUALIFICATIONS

Mullen, Chris  
APs and foundation degrees: the story so far  
British Journal of Healthcare Assistants  
2010 OCT 04 ( 10 ): 489 - 492  
Article provides information about foundation degrees (FDs) in relation to health and in particular the role of the assistant practitioner.

PUBLIC HEALTH TRAINING COMMUNITY NURSING

Wornast, Tracey; Smith, Alison  
Supporting the competence of practitioners: back to the future?  
Community Practitioner  
2010 OCT 83 ( 10 ): 34 - 37  
Examines whether community practitioners are supported in their development of public health competencies, and recommends further research to increase understanding of local health service priorities and their impact on public health practitioners

QUALITY OF LIFE STOMA LIFESTYLE DISCHARGE PLANNING

Slater, Rebecca  
Managing quality of life in the older person with a stoma.  
British Journal of Community Nursing  
2010 OCT 15 ( 10 ): 480 - 484  
This article looks at ways of supporting and looking after patients with stoma.

RESIDENTIAL CARE AUDIT OLDER PEOPLE

Veal, Hayley; Greensmith, Georgina  
Evaluating the standards of nursing in residential care homes across one region  
Nursing Times  
2010 SEP 28 106 ( 38 ): 18 - 20  
How a team in NHS Derbyshire County used a clinical audit to evaluate services and make recommendations to improve the quality of care

ROAD SAFETY ADOLESCENCE PUBLIC HEALTH

Germeni, Evi and others  
Evaluating the impact of a school-based helmet promotion program on eligible adolescent drivers: different audiences, different needs?  
Health Education Research  
2010 OCT 25 ( 5 ): 865 - 876  
The school environment has been often identified as a prosperous venue for public health improvement. This study is a cluster randomized controlled trial evaluating
the impact of a school-based helmet promotion program on knowledge, attitudes and practices of eligible adolescent drivers.

**SCHOOL MEALS NUTRITION EDUCATION CHILDREN**

Bruntse-Dahl, Rikke  
Supporting a healthy school meal service  
British Journal of School Nursing  
2010 OCT 5 (8): 377 - 378  
Healthy school meals can play a crucial role in the future health of children and young people and in helping reduce inequalities. Article explains the work of the Food for Life Partnerships and how you can get involved.

**SELF CARE CHRONIC AIRWAYS DISEASE PATIENTS’ RECORDS**

Robinson, Terry  
Empowering people to self manage COPD with management plans and hand held records  
Nursing Times  
2010 SEP 28 106 (38): 12 - 14  
Describes how a self management plan in the form of a hand held record was developed with the aim to improve communication between professionals and services, and enhance continuity of care.

**SEXUAL ABUSE CHILD PROTECTION EMPLOYMENT**

de Castella, Tom  
The enemy within  
Children & Young People Now  
2010 SEP 28 (): 16 - 17  
Questions whether existing safeguards go far enough and if anything can be done to stop predatory workers

**SEXUAL HEALTH SEXUAL HEALTH PROMOTION ADOLESCENCE**

Enson, Stephanie  
Looking at the rise of sexual risk taking in young people  
British Journal of School Nursing  
2010 OCT 5 (8): 397 - 399  
Sexual ill-health appears to be on the rise in Britain; one of the likely causes is an increase in sexual risk taking. Article looks at the concept of risk taking, current health promotion strategies, and suggests possible ways to help reduce sexual risk taking.

Beveridge, Sara; Thomson, Celeste  
Health buddies in schools: a peer led sexual health and relationships education project in two Dundee secondary schools.  
Education and Health  
2010 28 (3): 46 - 50  
Health Buddies in Schools is a pilot peer-led sexual health and relationships education project which took place in two Dundee secondary schools between August 2009 and March 2010.
Good communication and supportive counselling are essential when men present with common sexual health issues such as erectile dysfunction and worries about sexual infections and travelling abroad.

Sweeney, Corinne
Running a sexual health day
School Health
2010 6 (5): 70 - 70
Article written by a school nurse discusses the setting up, running of, and feedback on a sexual health day.

Pertl, M
Differential effects of self-efficacy and perceived control on intention to perform skin cancer-related health behaviours
Health Education Research
2010 OCT 25 (5): 769 - 779
The incidence of skin cancer and the mortality rate from melanoma of the skin is rising in many western countries. Previous research using the Theory of Planned Behaviour (TPB) for predicting skin cancer-related health behaviours has not adequately incorporated empirical advances in the conceptualization of the perceived behavioural control (PBC) component of the theory. This study examined the role of self-efficacy and controllability for predicting sunscreen and sund beds use intentions.

Wheeler, Tracey
Prescribing for psoriasis: choosing the best option
Nurse Prescribing
2010 OCT 9 (10): 482 - 490
Psoriasis is a chronic inflammatory skin condition with significant physical and psychological impact, which is also associated with the risk of some significant co-morbidities. It is important for the prescriber to be aware of all the options available for treatment, including details of topical treatment application and monitoring needs.

Rees, Jackie; Pagnamenta, Fania
Reducing incontinence dermatitis
Primary Health Care
2010 OCT 20 (8): 22 - 22
Discusses how the successful implementation of skin guidelines reduced the use of incontinence pads.

Matthes-Edwards, Sarah
Currently, a total of 6% of 11-15 year olds regularly smoke, showing a substantial decrease on 1997 when prevalence stood at 13%. There is still much to do to bring the level further down. This article will briefly reflect on the importance of prevention, examine the evidence base for prevention in young people, and recommend different interventions, which may have an impact.

**SMOKING CESSATION SCHOOL HEALTH PROMOTION**

Evans, Andrew; Pinel, Stephen
Working with young smokers: The development and implementation of a tailored behavioural support intervention model within Upper Schools in North Bedfordshire.
Education and Health
2010 28 (3): 57 - 60
In the Bedfordshire area, only 2% of people who accessed the NHS Stop Smoking Services were under 18 year olds in 2008/2009. Research concluded that the current model of cessation services, such as that used by the NHS Stop Smoking Services, did not fit with the preferences and values of young smokers. Looks at the development and implementation of a service targeting young people within schools.

Patterson, Freda and others
Intention to quit smoking: role of personal and family member cancer diagnosis
Health Education Research
2010 OCT 25 (5): 792 - 802
Individuals who have ever experienced a cancer diagnosis and their family members may be priority audiences for health improving interventions. Article explores whether having a lifetime history of cancer or having a family member with a lifetime history of cancer was associated with intention to quit smoking.

**SOCIAL CAPITAL CHILD HEALTH SERVICES INTERAGENCY WORKING INTERPROFESSIONAL WORKING**

Forbes, Joan; McCartney, Elspeth
Social capital theory: A cross-cutting analytic for teacher/therapist work in integrating children's services
Child Language Teaching and Therapy
2010 26 (3): 321 - 334
Reviewing relevant policy, this article argues that the current 'integration interlude' is concerned with reformation of work relations to create new forms of 'social capital'. Focusing on the co-work of teachers and speech and language therapists, this analysis introduces social capital as a means of understanding the impact of integrating children's services on professional practitioner groups and agencies.

**SPECIAL EDUCATION FUNDING SCHOOLS**

The pupil premium
Special Children
2010 OCT (197): 12 - 13
The pupil premium will come into effect from September 2011. Article looks at how it might be calculated and what it means for the long-term funding of SEN.
An innovative online teaching resource for SEN launched by the Museum of London. Will more museums follow suit?

**STROKE AND TIA PSYCHOTHERAPY OCCUPATIONAL THERAPY**

Nilsen, Dawn M and others
Use of mental practice to improve upper-limb recovery after stroke: A systematic review
American Journal of Occupational Therapy
2010 SEP 64 (5): 695 - 708
A systematic review was undertaken to determine whether mental practice is an effective intervention to improve upper-limb recovery after stroke. Article discusses the methods, results and conclusions of this systematic review.

**STUDENTS PROFESSIONAL EDUCATION AND DEVELOPMENT**

David, Timothy J
Fitness to practise for student nurses: principles, standards and procedures
Nursing Times
2010 OCT 5th 106 (39): 23 - 26
All schools of nursing must have a fitness to practise committee. The different procedures that apply to trainees compared with registered nurses are discusses.

**SUBSTANCE MISUSE PARENTS CHILD PROTECTION**

Garboden, Molly; Pemberton, Camilla
A joint approach to parental drug misuse
Community Care
2010 OCT 14th (1839): 16 - 18
Multi-agency working in Scotland and the efforts of the UK's only Family Drug and Alcohol Court are challenging the notion that children must be removed from substance misusing parents.

Valios, Natalie
One-stop service reaches all
Community Care
2010 OCT 14th (1839): 26 - 27
The amalgamation of three Somerset substance misuse services has paid dividends. Article reports.

**SURE START TEENAGE PARENTS TEENAGE PREGNANCY**

McKenzie, Karen and others
The young parents' group: supporting vulnerable parents
British Journal of Midwifery
2010 SEP 18 (9): 594 - 597
Reports on an initiative developed by the first Sure Start midwife in Scotland to provide antenatal and postnatal support to vulnerable young parents.

**TEENAGE PREGNANCY TEENAGE PARENTS CARE**
Thompson, Sue
Complexities of supporting teenagers in pregnancy
British Journal of School Nursing
2010 OCT 5 ( 8 ): 388 - 392
This article describes the multifactorial issues that are involved when providing appropriate care to teenagers who become pregnant. Discusses the work and success of a teenage pregnancy clinic set up over 10 years ago in Liverpool. It highlights the importance of the careful, accurate assessment of each individual in order to provide an optimum, flexible plan of care for both mother and baby.

TOBACCO ADOLESCENCE SCHOOLS SMOKING
Overland, Simon and others
Associations between schools' tobacco restrictions and adolescents' use of tobacco
Health Education Research
2010 OCT 25 ( 5 ): 748 - 756
Schools are an important arena for smoking prevention. In many countries, smoking rates have been reduced among adolescents, but the use of smokeless tobacco is on the rise in some of these countries. Article aims to study the associations between schools' restrictions on smoking and snus and on the use of these tobacco products among students in upper secondary school.

TUBERCULOSIS DISTRICT NURSES
James, Stephanie; Watson, Michael
Mycobacterium tuberculosis: implications for district nurses.
British Journal of Community Nursing
2010 OCT 15 ( 10 ): 492 - 495
This article has identified that district nurses should have a greater knowledge of tuberculosis and patient treatment could be improved by the nurse having a better understanding about tuberculosis care.

VIOLENCE ADOLESCENCE
Griffiths, Julie
Fighting talk to keep the peace
Community Care
2010 OCT 21st ( 1840 ): 20 - 21
A mentoring project in Hull is educating young people about the consequences of violent behaviour.

VITAMINS & SUPPLEMENTS NUTRITIONAL DEFICIENCY OLDER PEOPLE
Kirshbaum, Marilyn N
Does protein and energy supplementation benefit older people at risk of malnutrition?
Nursing Times
2010 OCT 5th 106 ( 39 ): 22 - 22
A Cochrane review looked at international evidence on oral nutritional supplements for older people in institutional settings and at home.

WEIGHT MANAGEMENT PREGNANCY NICE
Anderson, Annie
How to support women to manage their weight before, during and after pregnancy
Nursing Times
2010 OCT 19th 106 (41): 19 - 19
A member of the NICE guideline development group discusses the latest evidence based public health guidance on weight management in pregnancy

WOMEN’S HEALTH SKIN DISORDERS

Lawton, Sandra; Littlewood, Sheelagh
Vulval skin disease
Practice Nurse
2010 OCT 8th 40 (6): 28 - 32
Vulval skin disease can restrict everyday activities as well as affecting social, psychosexual and psychological wellbeing. Article provides advice on management